



CHEMICAL IRRITANTS

Chemical irritants found in some scented and unscented products in your house, such as cleaners, paints, adhesives, pesticides, cosmetics, or air fresheners, may make your child's asthma worse.

What you can do?

- Use these products less often, and make sure your child is not around when you use the products. Also, consider trying different products.
- Take great care to follow the instructions on the label. Open windows or doors and use an exhaust fan.
- Limit use of products and materials that give off strong odors and irritants, such as:
 - ***air fresheners sprays, air wicks, scented candles, plug ins***
 - ***chalk dust***
 - ***cleaning sprays and products***
 - ***hair sprays***
 - ***insect sprays***
 - ***sawdust smoke***
 - ***strong perfumes***
 - ***body powder***

