



Healthy Choices™

a Physicians Pharmacy Alliance® Healthcare Initiative

As part of our ongoing commitment to improving your health, Physicians Pharmacy Alliance introduces the Healthy Choices Wellness Program, a program designed to keep you better informed about improving your health. Enrollment in this program is free, and includes informative newsletters and a free monthly health product. The list below includes the free product selection you can make each month. Please tell us which product you would like to try when we arrange your monthly delivery.

Pain Relief

- **Acetaminophen**, 325mg, 100 tablets,
compare to Regular Strength Tylenol®
- **Acetaminophen**, 500mg, 100 caplets
compare to Extra Strength Tylenol®
- **Enteric coated Aspirin** 325mg/5g, 100 tablets,
compare to Ecotrin®
- **Low-Dose Enteric coated Aspirin**, 81mg, 120 tabs
compare to St. John's®
- **Ibuprofen**, 200mg, 100 tablets
compare to Advil® or Motrin®
- **Arthritis Hot Cream**, 3oz
compare to BenGay®
- **Hemorrhoidal Ointment**, 1oz
compare to Preparation H®

Vitamins, Supplements, & Eyecare

- **One-Tab™ Daily Multivitamin**, 100 tablets
compare to Centrum®
- **Fish Oil**, 1000mg, 100 capsules
compare to Nature Made®
- **Vitamin C**, 500mg, 100 tablets
compare to Sundown®
- **Iron Tablets (Ferrous Sulfate)**, 5gr, 100 tablets
compare to Sundown®
- **Calcium + Vitamin D**, 60 tablets
compare to Nature Made®
- **Geneyes™ Drops**, 0.5oz
compare to Visine® Extra

Antacid, Antigas, & Constipation Relief

- **Mylagen™ Antacid Liquid**, 12oz
compare to Mylanta®
- **Antacid Tablets**, 100 chewable tablets, asst. flavors
compare to Tums®
- **Ranitidine antacid relief**, 75mg, 20 tablets
compare to Zantac®
- **Senna-Gen™ Laxative**, 8.MG, 100 tablets
compare to Senokot®
- **Genasoft™ Stool Softener**, 100mg, 100 gelcaps
compare to Colace®

Cold, Cough, & Allergy Relief

- **Guiatuss™ Expectorant Syrup**, one pint,
compare to Robitussin® CF
- **Guaidenesin™ DM Syrup**, 4oz,
compare to Robitussin® DM
- **Ludens® Throat Lozenges**, bag of 30, wild cherry
- **Cough Drops**, bag of 30, menthol flavor,
compare to Halls® Mentholypus
- **Diphenhist™ Allergy**, 25mg, 100 capsules,
compare to Benedryl® Allergy

Dental Care

- **Denture Cleanser**, 40 tablets
compare to Efferdent®
- **Poligrip® Super Cream Denture Adhesive**, 1.4oz.
- **Mouthwash**, 8.5oz., Blue Mint Flavor
compare to Scope®
- **Dental Floss**, 100yds., Waxed
compare to Oral-B®
- **Flouride Toothpaste**, 3-5 oz tube, Asst. Flavors

Personal Care

- **Sure® Deodorant**, 1.7 oz, solid, regular scent
- **Hi Dri Deodorant**, 1.5 oz, roll-on, unscented
compare to Ban®
- **VO5 Shampoo**, 15oz, for normal hair
- **VO5 Conditioner**, 15oz, extra body formula
- **Dandruff Shampoo**, 13.5oz, normal/oily hair
compare to Head & Shoulders®
- **Condoms**, qty. 12, lubricated
compare to Lifestyles®
- **Petroleum Jelly**, 3.75oz
compare to Vaseline™
- **Body Lotion**, 525g, Aloe & Lanolin
compare to Jergens®
- **Alcohol Pads**, qty. 100
compare to Curad®
- **Deoderant Soap**, one bar
compare to Ivory® or Safeguard®
- **Baby Powder**, large size
compare to Johnson's®
- **Adhesive Bandages**, box of 30
compare to Band-Aid®

Candy & Gum

- **Butterscotch Disks**, Sugar-Free, Bag
- **Fruit Drops**, Sugar-Free, Bag
- **Peppermint Disks**, Sugar-Free, Bag
- **Dentyne® Ice**, Sugar-Free Gum, peppermint