



Community Care

O F N O R T H C A R O L I N A

*Community Care of Wake/Johnston Counties*

Wake County

Patient Resource Guide

## HOTLINE NUMBERS

- Alcoholics Anonymous (AA) (24 hour hotline).....919-783-6144
- Al-Anon .....919-713-1516
- Al-Ateen.....919-787-1653
- Alliance Behavioral Health.....919-651-8401
- Birthchoice-Pregnancy Help.....919-781-5433
- Careline-resources for parents.....1-800-662-7030
- Child Support Enforcement.....919-856-6630
- Child Abuse and Neglect Reporting (WCHS)..... 919-212-7990 or 919-212-7000
- Carolinas Poison Center - In case of an emergency poisoning, call.....1-800-222-1222
- CDC National STD and AIDS Hotline (24/7).....1-800-232-4636
- CDC STD/AIDS Spanish Service (8am-2am).....1-800-344-7432
- Crisis Intervention Hotline.....919-545-0224  
24/7 Serves victims of domestic violence, domestic abuse and sexual assault.
- Deaf Access, Interpreting Services.....919-219-8778
- Drug Helpline.....1-800-662-4357
- Gay and Lesbian Helpline .....1-800-844-7410
- Holly Hill Respond (Crisis Intervention).....919-250-7000
- HOPEline-national suicide crisis hotline.....919-231-4525
- HOPEline-spanish speaking crisis hotline.....1-800-784-2432
- HOPEline-Teen.....1-877-968-8454
- Interact Rape Crisis Hotline .....919-828-3005  
24 hour crisis line. Provides information and support for survivors of sexual assault (including incest) and their friends/family.
- Interact Domestic Violence Hotline.....919-828-7740  
24 hour hotline for battered women, victims of domestic violence.
- Interact SAFE Center.....919-828-3067  
24 hours hospital counseling and support
- Military Sexual Assault-Safe Helpline.....1-877-995-5247  
[www.safehelpline.org](http://www.safehelpline.org)
- National AIDS Hotline.....1-800-342-2437
- National Child Abuse Hotline.....1-800-422-4453
- National Domestic Violence Hotline.....1-800-799-7233
- National Human Trafficking Resource Center.....1-888-373-7888
- National Runaway Switchboard.....1-800-786-2929
- National Sexual Assault Hotline.....1-800-656-4673
- N.C. Coalition Against Domestic Violence.....919-956-9124
- N.C. Coalition Against Sexual Assault.....919-871-1015
- Teen TalkLine.....919-231-3626
- The National Center for Victims of Crime.....1-800-273-8255
- United Way Resource Information, 211 Services.....888-892-1162
- Human Services Crisis and Assessment .....800-510-9132
- Wren House Youth Crisis Hotline.....919-832-7866  
Serves youth ages 10-17 who are homeless, runaway, or just need a place to stay (24 hrs. to 14 days)/crisis intervention

# BILINGUAL & IMMIGRATION

<b>Carolina Community Mental Health</b> .....	<b>919-875-3211</b>
Outpatient mental health services providing multi-cultural and bilingual services. <a href="http://Carolinacmhc.com">Carolinacmhc.com</a>	
<b>Centro Para Familias Hispanas</b> .....	<b>919-873-0094</b>
2013 North Raleigh Blvd, Raleigh 27604; Hosted by Catholic Charities, provides literacy, immigration assistance, community resource links, and basic needs. <a href="http://www.cpfhraleigh.org">http://www.cpfhraleigh.org</a>	
<b>Immigrants Legal Assistance</b> .....	<b>888-251-2276</b>
The Justice Center’s Immigrants Legal Assistance Project helps low-income immigrants with certain kinds of legal problems related to immigration law.	
<b>Immigrants Legal Assistance Project</b> .....	<b>919-856-2570</b>
224 S. Dawson St. Raleigh NC 27601; Provides direct legal representation to immigrants and migrant workers. <a href="http://Ncjustice.org">Ncjustice.org</a>	
<b>El Pueblo, Inc.</b> .....	<b>919-835-1525</b>
Nonprofit statewide advocacy agency dedicated to strengthening the Latino Community. <a href="http://Elpueblo.org">Elpueblo.org</a>	
<b>Hispanic Ministry Coordination</b> .....	<b>919-835-1525</b>
Coordinates Hispanic ministries for 13 parishes in Wake and Franklin Counties	
<b>Mexican Consulate</b> .....	<b>919-754-3637</b>
Obtaining documents, legal documents, protection and legal matters. <a href="http://consulmex.sre.gob.mx">consulmex.sre.gob.mx</a>	
<b>Network of Immigrant Advocates</b> .....	<b>919-856-2178</b>
Provides training, technical assistance and community education on immigration law issues, immigrants’ and refugees’ rights, workers’ rights, and immigrants’ access to public benefits and government services.	
<b>N. C. Lawyer Referral Service</b> .....	<b>1-800-662-7952</b>
The NC Lawyer Referral Service is a nonprofit public service sponsored by the North Carolina Bar Association Foundation. While using the Service you can be confident that you’ll be referred to an attorney who is in good standing, able to answer your legal questions and if necessary will provide representation. WE DO NOT MAKE REFERRALS TO PRO BONO, OR FREE, ATTORNEYS. <a href="http://www.lawhelpnc.org">www.lawhelpnc.org</a>	
<b>North Carolina Refugee Assistance Program</b> .....	<b>919-527-6300</b>
Provided by DHHS. Providing multi-focused refugee assistance. <a href="http://www.ncdhhs.gov/dss/refugee/">http://www.ncdhhs.gov/dss/refugee/</a>	
<b>Vietnamese American Association of Raleigh</b> .....	<b>919-578-3322</b>
Community resources for Vietnamese. <a href="http://vietrtp.org/">http://vietrtp.org/</a>	
<b>Vietnamese Catholic Community</b> .....	<b>919-803-7374</b>

## CLOTHING & HOUSEHOLD GOODS

- Brooks Avenue Church of Christ** .....919-821-2400  
700 Brooks Avenue Raleigh, NC 27607; 2nd and 4th Saturday of each month 9:00 p.m.-12:00 p.m. *No referral required.* [www.brooks.org](http://www.brooks.org)
- Catholic Parish Outreach**.....919-873-0245  
2013 N. Raleigh Boulevard Raleigh, NC 27604; Monday through Saturday 10:00 a.m.-1:00 p.m. *Referral required. I.D Card required for all family members receiving assistance.* Clothing for children (up to children’s size 4); maternity clothing, baby items. [www.cporaleigh.org](http://www.cporaleigh.org)
- Craigslist**  
Search for free furniture in the FREE offering section. <http://www.craigslist.com>
- Crossroads Fellowship Thrift Store**..... 919-235-0873  
2721 E. Millbrook Road Raleigh, NC 27604; Wednesday and Saturday 9 a.m.-8 p.m. Call to verify hours as they are seasonal. <http://www.crossroads.org/thriftstore>
- Dorcas Thrift Shop**.....919-469-9861  
187 High House Rd. Cary, NC 27511; Monday through Friday, 10:00 a.m. -6:00 p.m. *Dorcas has a medical supply closet. Medical supplies for “loan”.* [www.dorcas-cary.org](http://www.dorcas-cary.org)
- First Baptist Church**.....919-832-4485  
99 North Salisbury Street Raleigh, NC 27601; Wednesday 10:00 a.m. - 11:30 a.m. and Thursday 1:00 p.m. - 2:30 p.m. Clothing for men, women and children. *ID required.* [www.fbcraleigh.org](http://www.fbcraleigh.org)
- Garner Area Ministries**.....919-772-9100  
560 Village Court Garner, NC 27529 (Corner of HWY 70 & Aversboro Rd.) Monday, Wednesday, and Friday 9:00 a.m. – 12:00 p.m.)  
*Must be a resident of the Garner area.* [www.gam-nc.org/](http://www.gam-nc.org/)
- Goodwill Industries**.....919-834-0504  
321 West Hargett Street Raleigh, NC 27601; Monday through Saturday, 9:00 a.m.-5:00 p.m.) [www.goodwillenc.org/retail.html](http://www.goodwillenc.org/retail.html)
- Helping Hand Mission**.....919-854-2555  
5731 Hillsborough St Raleigh, NC 27606; Monday through Friday 11:00 a.m. – 2:00 p.m). Two changes of clothing provided. Furniture discounted with referral. Price set by establishment. *Referral required.* [www.helpinghandmission.org/](http://www.helpinghandmission.org/)
- 623 Rock Quarry Rd. Raleigh, NC 27610; Monday through Saturday 9:00am-9:00pm, Sunday 1:00-7:00pm. ....919 829-8048
- Junior League of Raleigh Bargain Box**.....919-833-7587  
Cameron Village Shopping Center, 401 Woodburn Rd. Raleigh, NC 27605; Monday through Saturday 10:00 a.m. - 6:00 p.m.) *Referral required. Bargain Box referrals only, accepted from participating agencies.* [www.jlraleigh.org/?nd=bargain\\_box](http://www.jlraleigh.org/?nd=bargain_box)
- Martin Street Baptist Church**.....919-833-9756  
1001 E. Martin St. Raleigh, NC; Tuesdays 12:00 p.m.-3 p.m.
- Mustard Seed Thrift Store**.....919-828-1166  
1504 New Bern Ave Raleigh 27601; Thursday-Sat 10 a.m.-4 p.m.) Clothing, furniture, household goods. <http://www.allsaintspdx.org>
- N. Raleigh Ministries**.....919-844-6676  
9650 Strickland Road, suite #161, Raleigh, NC 27615 <http://www.northraleighministries.com/>
- Raleigh Rescue Mission**.....919-828-9014  
314 East Hargett Street Raleigh, NC 27601 <http://www.raleighrescue.org/>
- Recovered Treasures** .....919-269-7779  
4011 Capital Blvd. #109 Raleigh NC 27604; Recovered Treasures provides men, women, and children’s clothing, shoes, toys, books, and household items and furniture at an affordable price and jobs for graduates of the HealingTransition (The Healing Place) program. Mon-Fri 10am-6pm, Sat 10-5pm, Sun 1-5pm
- Restore: Habitat for Humanity**.....919-833-6768  
2420 North Raleigh Boulevard Raleigh, NC 27604 <http://www.habitat.org/restores/directory/nc>
- Salvation Army**.....919-834-6733  
1863 Capital Blvd. , Raleigh, NC 27610  
Appointments for clothing are made each Monday morning for Friday of the same week. Must bring a Social Security card for each member of the family needing clothes, and a NC ID, Homeless ID or Prison ID of the person shopping at the clothing closet. Each family member may receive up to 10 items of clothing per visit. Participants may come every 3 months. [www.wakearmy.org](http://www.wakearmy.org)

<b>Salvation Army Family Store</b> .....	<b>919-779-8867</b>
205 Tryon Road Raleigh, North Carolina 27603; Monday–Friday 10 a.m.–6 p.m., Saturday 9 a.m. – 6 p.m.) <a href="http://www.salvationarmycarolinas.org/wakecounty">http://www.salvationarmycarolinas.org/wakecounty</a>	
<b>Soroptimist International of Raleigh</b> .....	<b>919-386-9910</b>
Professional clothing. <i>Referral from partner agency required (see website for list of partners).</i> <a href="http://www.soroptimistraleigh.org">www.soroptimistraleigh.org</a>	
<b>St. John the Merciful Outreach Ministry</b> .....	<b>919-815-9044</b>
5309 Round Hill Lane Raleigh, NC 27616; Provides food, clothing, and household goods with referral from community agency on agency letterhead <a href="http://www.stjohnmerciful.org">www.stjohnmerciful.org</a>	
<b>Swift Creek Baptist Church</b> .....	<b>919-851-0112</b>
9300 Penny Road Raleigh, NC 27606; Senior Pastor: Dr. David Vess <a href="http://www.swiftcreekchurch.com/">http://www.swiftcreekchurch.com/</a>	
<b>The Green Chair Project</b> .....	<b>919-322-0474</b>
1853 Capital Blvd Raleigh, NC 27604 Providing recycled furniture to those in need. <i>Referral from partner agency required. See website for list of partners.</i> <a href="http://www.thegreenchair.org">www.thegreenchair.org</a>	
<b>The Women's Center</b> .....	<b>919-829-3711</b>
112 Cox Avenue, Raleigh, NC 27605; Resource for women. Clothing closet for employment clothing provided to clients with appointment. <a href="http://www.wcwc.org">www.wcwc.org</a>	
<b>Tri-Area Ministries</b> .....	<b>919-556-7144</b>
149 E Holding Avenue, Wake Forest, NC 27587 (Monday and Wednesday from 9 a.m.-12:30 p.m.) Serves Wake Forest, Rolesville, and Youngsville residents only. <a href="http://www.hopelutheranwf.org/community/tri-area-ministry/">http://www.hopelutheranwf.org/community/tri-area-ministry/</a>	
<b>Victory Temple Ministries</b> .....	<b>919-567-2399</b>
1000 Wagstaff Rd. Fuquay Varina, NC 27526; Clothing closet. <a href="http://www.victorytemplemin.org">www.victorytemplemin.org</a>	
<b>Wake Freecycle</b>	
Join this group to receive messages from other residents. The goal of Wake Freecycle is to reduce waste by connecting folks who are throwing items away with people who are looking for things. <a href="http://groups.yahoo.com/group/WakeFreecycle/">http://groups.yahoo.com/group/WakeFreecycle/</a>	
<b>With Love from Jesus</b> .....	<b>919-233-8010</b>
421 Chapanoke Road, Raleigh, NC 2760; 10 a.m. – 12p.m. on Tuesday, Wednesday, Friday and Saturday. Clothing provided as well as other home furnishings, diapers, etc., when available. <i>\$3.00 donation to shop for items.</i> No charge for individual items. <a href="http://www.withlovefromjesus.org">www.withlovefromjesus.org</a>	

## Durable Medical Equipment

<b>Active Healthcare</b> .....	<b>800-251-2511</b>
Respiratory DME needs. Home delivery and education. <a href="http://www.activehealthcare.com">www.activehealthcare.com</a>	
<b>ActivStyle</b> .....	<b>1-800-651-6223</b>
Assistance with incontinence supplies. <a href="http://activstyle.com/">http://activstyle.com/</a>	
<b>American Home Patient</b> .....	<b>919-782-0395</b>
6300 Limousine Dr. #122 Raleigh NC, 27617; Full line of medical equipment including respiratory, nutrition, and mobility. <a href="http://www.ahom.com">www.ahom.com</a>	
<b>Apria Healthcare</b> .....	<b>919-380-1180</b>
2600 Perimeter Park Drive Morrisville, NC 27560; Home respiratory services and medical equipment	
<b>A2Z Home Medical</b> .....	<b>866-544-8982</b>
1926 Oleander Dr. Wilmington, NC 28403. Provides home delivery for adult and children's briefs/diapers. <a href="http://www.usmedexpress.net">www.usmedexpress.net</a>	
<b>Carolina Diabetic Supply Group</b> .....	<b>252-633-2244</b>
301 N Glenburnie Rd New Bern, NC 28560. <a href="http://www.cdsgmedical.com">www.cdsgmedical.com</a>	
<b>Diabetic Supply Association</b> .....	<b>704-377-1948</b>
2040 Randolph Rd Ste A, Charlotte, NC 28207.	
<b>Family Medical Supply</b> .....	<b>919-233-0202</b>
311-A Asheville Ave Cary, NC 27518. <a href="http://www.familymedsupply.com/">http://www.familymedsupply.com/</a>	
<b>Hanger Prosthetics and Orthotics</b> .....	<b>1-877-442-6437</b>
Call to schedule a fitting. Script is needed prior to fitting. They obtain all prior authorizations needed. <a href="http://www.hanger.com">www.hanger.com</a>	
<b>Home Care Medical Group</b> .....	<b>866-415-4210</b>
Diabetic, medical footwear, respiratory, ostomy, mobility, etc. <a href="http://www.homecaremg.com">www.homecaremg.com</a>	
<b>Liberty Medical Specialties</b> .....	<b>919-490-0145</b>
4221 Garrett Rd. Ste 10, Durham, NC 27707. Full line of medical equipment including respiratory, enteral, mobility, etc. <a href="http://www.liberty-ms.com">www.liberty-ms.com</a>	
<b>Randy's Mom, LLC</b> .....	<b>919-336-5223</b>
204 Ashville Ave Ste 20 Cary NC 27518; Full line of supplies including diapers, pumps, catheters etc.	
<b>Tarheel Diabetic and Medical Supply</b> .....	<b>800-337-1310</b>
Full line of medical and diabetic equipment including respiratory, orthotics, diabetic shoes and mobility.	

# EARLY CHILDHOOD & CHILDCARE

<b>Child Care Services Association</b> .....	<b>919-967-3272</b>
Assistance to families with locating, choosing and paying for childcare. <a href="http://www.childcareservices.org/about.html">http://www.childcareservices.org/about.html</a>	
<b>Community Partnerships Inc.</b> .....	<b>919-781-3616</b>
Consultations for daycare, camp or preschool for children with emotional problems or disabilities. <a href="http://www.communitypartnerships.org/">http://www.communitypartnerships.org/</a>	
<b>Exceptional Children’s Assistance Center</b> .....	<b>704-892-1321</b>
Advocacy, education and resource referrals for early childhood and school-aged children. <a href="http://www.ecac-parentcenter.org">www.ecac-parentcenter.org</a>	
<b>Family Resource Center</b> .....	<b>919-834-9300</b>
108 S. Harrington St Raleigh 27603; The Family Resource Center has launched a new program to assist parents to in acquiring the skills necessary to be primary educator of their preschool aged children. The HIPPY ( <a href="http://www.hippyusa.org">www.hippyusa.org</a> ) initiative involves 30 weeks of home visits to supply school readiness curriculum activities and books to parents who have 3, 4, and 5 year olds in the home (Smartstart funded). <a href="http://www.frcoraleigh.org">www.frcoraleigh.org</a>	
<b>Family Support Network</b> .....	<b>919-966-2841</b>
Non- profit organization dedicated to supporting children with disabilities and chronic illnesses. <a href="http://www.fsnnc.org">www.fsnnc.org</a>	
<b>First in Families</b> .....	<b>919-251-8368</b>
Advocacy, education and resource referrals for children with disabilities. <a href="http://www.fifnc.org/">http://www.fifnc.org/</a>	
<b>Jordan Management Group</b> .....	<b>252-334-1560</b>
CAP-C and CAP Case Management Agency. <a href="http://www.jordanmgtgrp.com/">http://www.jordanmgtgrp.com/</a>	
<b>NC Infant-Toddler Program (CDSA)</b> .....	<b>919-707-5520</b>
Program for children 0-3 with developmental delays and certain levels of disabilities. <a href="http://www.beeearly.nc.gov/">http://www.beeearly.nc.gov/</a>	
<b>NC Division of Child Development and Early Education</b> .....	<b>919-527-6335</b>
Comprehensive program for early childhood resources and links to financial assistance for childcare. <a href="http://www.ncchildcare.nc.gov">www.ncchildcare.nc.gov</a>	
<b>Project Enlightenment</b> .....	<b>919-856-7774</b>
Early childhood intervention and education program of WCPSS. Serves ages 0-5. <a href="http://projectenlightenment.wcpss.net/">http://projectenlightenment.wcpss.net/</a>	
<b>Ready to Learn Centers</b> .....	<b>919-508-0819</b>
Free creative play, K-readiness classes, children birth-5. <a href="https://projectenlightenment.wcpss.net/ready-to-learn_centers/">https://projectenlightenment.wcpss.net/ready-to-learn_centers/</a>	
<b>RHA Howell Center</b> .....	<b>919-803-2960</b>
CAP-C and CAP Case Management Agency. <a href="http://Rhahowell.org">Rhahowell.org</a>	
<b>Smart Start</b> .....	<b>1-919-821-7999</b>
Programs for birth-5 years. Website with abundance of pre-k programs and childcare information. <a href="http://www.smartstart.org/">http://www.smartstart.org/</a>	
<b>Tammy Lynn Center</b> .....	<b>919-832-3909</b>
Provides educational, residential, therapeutic and family support services to children and adults with special needs. Helps reduce family stress by providing temporary, intermittent and emergency relief for families needing child care. In-home and group respite care is available. <a href="http://www.tammylynncenter.org">http://www.tammylynncenter.org</a>	
<b>Wake County Preschool Services</b> .....	<b>919-431-7700</b>
Preschool program/assistance for children 3-5 with disabilities. <a href="http://www.wcpss.net/domain/106">www.wcpss.net/domain/106</a>	
<b>Wake County Child Care Subsidy Program</b> .....	<b>919-773-7600</b>
<a href="http://www.wakegov.com">www.wakegov.com</a> Only available for families in Wake County. Provides financial assistance to parents for their child care needs. The child care subsidy is based on an assessment of need, income and family size. If the person is eligible, the case manager will assist in finding a program that meets the needs of the child/children. Parental choice is honored whenever possible. Parental fees are assessed for families who are income eligible. Waiting list.	
<b>Woody’s Mom, Inc.</b> .....	<b>919-228-2844</b>
CAP-C Case Management Agency. <a href="http://Woodysmom.org">Woodysmom.org</a>	

# EYES & EARS

<b>Division of Services for the Blind</b> .....	<b>919-733-9822</b>
Must meet income eligibility based on household size. Must be a citizen or have Permanent Residency Card. Can include children up to age 22 if listed as dependents on income tax returns. Co-pays to providers are required. <a href="http://www.ncdhhs.gov/divisions/dsb">http://www.ncdhhs.gov/divisions/dsb</a>	
<b>EyeCare America</b> .....	<b>1-800-222-3937</b>
A public service foundation of the American Academy of Ophthalmology. Provides comprehensive eye exams and care for up to one year to eligible callers. Glaucoma eye exam available for some. <a href="http://www.eyecareamerica.org">www.eyecareamerica.org</a>	
<b>Foundation for Sight and Sound</b> .....	<b>631-366-3461</b>
The Foundation for Sight and Sound through its Help America Hear Program (HAH) provides hearing aids for men, women, and children with limited financial resources. With this program, each person receives: two hearing aids, custom ear molds and one year limited service. After an application fee (see Tier 1, 2, 3 below) the only expenses are the cost of the hearing evaluation and batteries. These costs are not paid to HAH. <a href="http://www.foundationforsightandsound.org">www.foundationforsightandsound.org</a>	
<b>Lions Clubs International</b> .....	<b>1-630-571-5466</b>
Provides financial assistance for eye care and hearing aids through local clubs. Eligibility based on income and household size. Raleigh Lion's Club: 919-834-6428. <a href="http://www.LionsClubs.org">www.LionsClubs.org</a>	
<b>Miracle Ear Children's Foundation</b> .....	<b>1-800-464-8002</b>
Must be age 16 or younger. Application required, medical documentation (medical clearance from DR. Audiogram dated within last 6 months), income between \$20,000-\$45,000. Must not be eligible for public assistance programs. Must show that you have been denied assistance for public assistance program in writing. Forms downloadable from website. <a href="http://www.miracle-ear.com">www.miracle-ear.com</a>	
<b>NC Assistive Technology Program</b> .....	<b>919-859-8360</b>
Provides any type of equipment that helps people with disabilities or older individuals be more independent at home, school, work, leisure, or community life. <a href="http://www.ncatp.org/">http://www.ncatp.org/</a>	
<b>NC Association of Educators</b> .....	<b>1-800-662-7924</b>
Extension 205; No income requirements. Eyeglasses and other items provided as deemed necessary. Must be a student enrolled in public school. Citizenship not required. School staff or school nurse must request assistance on behalf of the child. Parents cannot request. Eye exam not covered. <a href="http://www.ncae.org">www.ncae.org</a>	
<b>NC Services of the Deaf and Hard of Hearing</b> .....	<b>919-890-0859</b>
<a href="http://www.ncdhhs.gov/divisions/dsdhh">http://www.ncdhhs.gov/divisions/dsdhh</a>	
<b>NC Services of the Deaf and Hard of Hearing Voice/TTY</b> .....	<b>1-800-851-6099</b>
<b>New Eyes for the Needy</b> .....	<b>973-376-4903</b>
Must fill out application and send in by mail. <a href="http://www.new-eyes.org">www.new-eyes.org</a>	
<b>Prevent Blindness NC</b> .....	<b>919-755-5044</b>
4011 West Chase Boulevard, Suite #225, Raleigh, NC 27607; Delivers direct service programs through screening, publications, safety, education, information, and referral. Healthy Eyes Eyeglasses Program is for adults and children. Must be income eligible (200% poverty level), no other eyeglass benefits, valid prescription less than 2 years old provided by partner agency. <a href="http://www.nc.preventblindness.org">www.nc.preventblindness.org</a>	
<b>Sight for Students</b> .....	<b>1-888-290-4964</b>
Vision Service Plan program that provides eye exams and glasses to children 18 years and younger whose families cannot afford vision care. <a href="http://www.sightforstudents.org">www.sightforstudents.org</a>	
<b>Starkey Hearing Foundation</b> .....	<b>1-800-328-8602</b>
Provides funding for hearing aids and services for low income/underinsured. Application on website. <a href="http://www.starkeyhearingfoundation.org">www.starkeyhearingfoundation.org</a>	
<b>UNC Department of Ophthalmology</b> .....	<b>919-966-2061</b>
UNC Kittner Eye Center. 2226 Nelson Hwy, Ste. 200 Chapel Hill 27517. Free or low cost eye exams for people of all ages. Income verification is required. <a href="https://www.med.unc.edu/opth">https://www.med.unc.edu/opth</a>	
<b>Vision USA</b> .....	<b>1-800-766-4466</b>
Provides free eye care to uninsured, low income workings and families. Eligibility based on income and household size. <a href="http://www.aoa.org">www.aoa.org</a>	
<b>WCHS</b> .....	<b>919-212-7000</b>
220 Swinburne Street Raleigh, NC 27610; Monday through Friday, 8:30 a.m.-5:00 p.m. Vouchers for eye exams and eyeglasses are available for income eligible individuals, once every two years, at a fee of \$5.00 per voucher.	



**WCHS.....919-856-5974**

401 East Whitaker Mill Road Raleigh, NC 27608 Contact for appointment Monday-Friday 8 a.m.-5 p.m. Must meet household and income requirements. Cannot have received assistance in the last 2 years. Must supply last 6 months of income information, ID, social security cards.

**ZenniOptical.....1-800-211-2105**

[www.zenniOptical.com](http://www.zenniOptical.com) online ordering of low cost eyeglasses. Must have valid prescription. Must have credit card, debit card, or gift card.

## FINANCIAL ASSISTANCE

<b>Alliance of AIDS Services/ "Under One Roof"</b> .....	<b>919-856-5520</b>
27 Sunnybrook Road, Raleigh, NC 27610; financial assistance and initial intake by appointment only for HIV patients. <a href="http://www.aas-c.org/">http://www.aas-c.org/</a>	
<b>American Red Cross</b> .....	<b>919-231-1602</b>
100 North Peartree Lane, Raleigh, NC 27610; Provides assistance for disaster or disaster related crises such as flood, fire, and severe weather, etc. <a href="http://triangleredcross.org">triangleredcross.org</a>	
<b>Assurance Wireless</b> .....	<b>1-888-898-4888</b>
Low income individuals receiving SSI, Food Stamps, Medicaid, WorkFirst or housing assistance can apply for discounts for basic mobile phone service. <a href="http://www.assurancewireless.com/">http://www.assurancewireless.com/</a>	
<b>Catholic Charities of the Diocese of Raleigh</b> .....	<b>919-821-9750</b>
7200 Stonehenge Drive Raleigh, NC 27613; Private non-profit social services agency. Provides emergency assistance, family support services, counseling, and community advocacy in Spanish and English. <a href="http://www.dioceseofraleigh.org">http://www.dioceseofraleigh.org</a>	
<b>Church Net</b> .....	<b>919-569-0020</b>
121 East South Avenue, Wake Forest, NC 27587. Assistance provided to residents of Wake Forest, Youngsville, and New Hill for past due utilities. <i>ID and social security cards required.</i>	
<b>Community Partnerships, Inc. (First in Families)</b> .....	<b>919-781-3616</b>
3522 Haworth Drive Raleigh, NC 27609; One time financial assistance for adults with a diagnosed developmental disability or for parents that have a child with a diagnosed developmental disability in the home. <a href="http://www.communitypartnerships.org">http://www.communitypartnerships.org</a>	
<b>NC Division of Social Services Emergency Assistance</b> .....	<b>919-527-6300</b>
325 N. Salisbury Street Raleigh, NC 27601; Families who are in financial emergency may be eligible for help. <a href="http://www.ncdhhs.gov/dss">http://www.ncdhhs.gov/dss</a>	
<b>Dorcas Ministries</b> .....	<b>919-469-1351</b>
187 High House Road Cary, NC 27511; Monday through Friday 10 a.m. – 1:00 p.m. Emergency financial assistance for rent, utilities, and prescriptions for residents of Cary, Apex, Holly Springs, Willow Springs, Friendship, New Hill and Morrisville areas. Food pantry, education and childcare assistance also available. Proof of residence and picture ID required. <a href="http://www.dorcas-cary.org">http://www.dorcas-cary.org</a>	
<b>Triangle East Fellowship of Churches</b> .....	<b>919-365-6557</b>
421 Mattox Street Wendell, NC 27591. Call to apply. Cases assessed on individual basis. Rent, electric, and fuel one time per year to Wendell residents only. <a href="http://www.resourcesforseiors.com/iris/rfs">http://www.resourcesforseiors.com/iris/rfs</a>	
<b>Edenton Street United Methodist Church Doorstep Ministry</b> .....	<b>919-832-7535</b>
228 W Edenton Street Raleigh, NC 27603 <a href="http://esumc.org/connect/missions/doorstep-ministry/">http://esumc.org/connect/missions/doorstep-ministry/</a>	
<b>First Presbyterian Church Outreach Ministry</b> .....	<b>919-821-5750</b>
112 S. Salisbury St. Raleigh NC, 27601. <i>Must call for an appointment.</i> (Monday starting at noon & Tuesdays starting at 8:00 a.m. until appointments are filled). Must be working at least 30 hours, disabled or retired to receiving assistance, some type of benefits. <a href="http://www.fpcraleigh.org/worship-ministries/outreach/">http://www.fpcraleigh.org/worship-ministries/outreach/</a>	
<b>Garner Area Ministries</b> .....	<b>919-772-9100</b>
560 Village Court, Garner, NC 27529; Monday-Friday, 9:00 a.m.-1:00 p.m. Serves residents of Garner and closely surrounding areas (zip codes 27603, 27610). Past due utilities and rent with eviction notice. <a href="http://www.gam-nc.org/">http://www.gam-nc.org/</a>	
<b>Lifeline &amp; Link-up (NC Utilities Commission)</b> .....	<b>919-733-9277</b>
Low income individuals receiving SSI, Food Stamps, Medicaid, WorkFirst or housing assistance can apply for discounts for basic telephone service. <a href="http://www.usac.org">http://www.usac.org</a>	
<b>NC Lighthouse Foundation</b> .....	<b>919-306-1031</b>
NCLF provides support to chronically ill medically underserved individuals who are struggling financially to make their health care a priority. Contact Person: Regina Heroux. <a href="http://www.nclighthousefoundation.org/about">http://www.nclighthousefoundation.org/about</a>	
<b>North Central Family Resource Center of Wake County</b> .....	<b>919-281-9257</b>
Secure financial resources, find/maintain affordable housing and help find/maintain employment. <a href="http://familysupportcentralnc.org">http://familysupportcentralnc.org</a>	
<b>North Raleigh Ministries</b> .....	<b>919-844-6676</b>
9650 Strickland Rd, Suite 161, Raleigh, NC 27615 (Monday-Thursday. Call for appt. between 10 a.m. - 3 p.m.) Help with rent, prescriptions, utilities, food to eligible people. Serves Raleigh residents in zip codes 27604, 27609, 27612, 27613, 27614 and 27615. Must have NC ID, social security cards	

for each household member, current bills, signed lease, and income verification. <http://www.northraleighministries.com/>

- Sacred Heart Cathedral**.....919-832-6030  
16 N. Dawson St Raleigh. Please call to find out our current scheduling times and scope of financial help. Assisting with delinquent rent or eviction summons ONLY. Must have identification and eviction summons or late notice on landlord letter head ONLY. Closed for the summer (early June to after Labor Day).  
<http://www.sacredheartcathedral.org/>
- SafeLink Wireless**.....1-800-723-3546  
Low income individuals receiving SSI, Food Stamps, Medicaid, WorkFirst or housing assistance can apply for discounts for basic mobile phone service.  
[www.safelinkwireless.com](http://www.safelinkwireless.com)
- Salvation Army**.....919-834-6733  
1863 Capital Boulevard Raleigh, NC 27604; Call on Friday from 8-9 a.m. for appointment. Will pay up to \$100.00 towards a utility bill, rent, or prescription for medication if the following requirements are met (*no assistance with rent deposits or first month's rent*): Must bring 1) NC ID card or valid photo ID, 2) Social Security card or immigrant ID card; 3) Proof of currently working 30 hours per week, or currently receiving Social Security benefits, unemployment pay or have been laid off within the past 6 months; 4) Proof of a rent/mortgage payment at the address on the bill (*ex, recent rent receipt, current lease, letter on letter head from landlord, canceled check or money order receipt*); 5) Final notice for a utility bill, proof of utility deposit or court eviction papers for rental assistance. (*If disabled, must have proof of disability benefits.*) <http://www.keepthebellringing.org>
- Southern Wake Faith Community in Action**.....919-567-8100  
605 Bridge Street Fuquay Varina, NC 27526 (Tuesday and Thursday, 9 a.m.-11:45 a.m.) *Fuquay Varina and Willow Springs residents only.*  
<http://www.helpsouthwake.org>
- Triangle Family Services/Emergency & Housing Services Assistance Program** .....919-821-0790  
3937 Western Boulevard Raleigh, NC 27603 (main office) Financial services for eligible families with rent, utilities, and transportation. *Case management and financial skill building. Emergency housing assistance for families with minor children.*
- Tri-Area Ministries**.....919-556-7144  
149 E. Holding Avenue Wake Forest, NC 27588; Open Monday, Wednesday, Friday 9 a.m.-12 p.m. Serves mainly Wake Forest, Rolesville, and Youngsville residents.
- Urban Ministries Crisis Intervention Center**.....919-836-1642  
1390 Capital Blvd, Raleigh, NC 27603. <http://www.urbanmin.org/>
- Utilities Commission (payment assistance/plans)**.....919-733-4249  
For housing and utilities. <http://www.ncdhhs.gov/dss/energy/index.htm>
- Wake County Human Services – Energy Program**.....919-212-7000  
220 Swinburne Street, Raleigh, NC 27610; Monday through Friday 7:30 a.m. - 5:00 p.m. *Must register by 4:00 p.m.* Assistance with electricity with final or disconnect notice. Walk in on date of notice. Must be income eligible and meet other criteria. Limited transportation (*bus tickets*) and food referrals available. Call for additional information. <http://www.ncdhhs.gov/dss/crisis/index.htm>
- Wake County Human Services-Work First and 200 % Program**.....919-212-7048  
Work First Criteria: A program designed to provide financial assistance to individuals and families in crisis. Goal of program is to assist families in becoming self-sufficient by working with job counselors and case managers who will help them to find jobs, while providing financial assistance to eligible clients. Must be at least 18 years of age, Wake County resident, must have a child in their custody, and must be unemployed and willing to seek employment with the assistance of a job counselor with WCHS.  
200% Criteria: A program designed to provide both employed and unemployed individuals and families with temporary financial assistance. Clients may receive a one-time emergency financial assistance for rent, security deposit, utilities, car repair, work uniforms, etc. Must be 18 years of age, Wake County resident, must have a child in their custody, and may either be employed or unemployed.  
<http://www.wakegov.com/humanservices/social/workfirst/Pages/default.aspx>
- Western Wake Crisis Ministries**.....919-362-0657  
103 E Chatham Street Apex, NC 27502; Monday-Thursday 10:00 a.m. - 1:00 p.m. last sign in at 12 noon. Serves Apex, Fuquay-Varina, Holly Springs, & New Hill and Friendship areas. Financial assistance available with documented crisis once every 12 months. <http://www.wbcm.org/>
- Women's Center of Wake County**.....919-829-3711  
112 Cox Avenue Raleigh, NC 27605; Eviction and utility help when funds are available, help with basic needs. <http://www.wcwc.org/>
- Zebulon Baptist Church**.....919-269-7329  
400 N. Arendell Avenue, Zebulon 27597; Senior Pastor: Jack Glasgow and Associate Pastor: Jennifer Asbill. <http://www.zebulonbaptist.com/>

## FOOD RESOURCES

<b>A Place Called Hope</b> .....	<b>919-662-8059</b>
1809 Garner Station Blvd Raleigh, NC 27603; 11:00 a.m.-1:00 p.m. Monday –Thursday <a href="http://www.apchchurch.com/">http://www.apchchurch.com/</a>	
<b>Brooks Avenue Church of Christ</b> .....	<b>919-821-2400</b>
700 Brooks Avenue, Raleigh, NC 27607; Food Pantry every 2nd and 4th Saturday of each month, 9:00 a.m. - 12:00 noon. ID required. <i>No referral required.</i> <a href="http://www.brooks.org/">http://www.brooks.org/</a>	
<b>Capital City Christian Church</b> .....	<b>919-851-5958</b>
2013 N. Raleigh Blvd., Raleigh 27606 1st and 3rd Mondays of the month; 11:30am-12:30pm. Serving zip codes 27603, 27606, 27607.	
<b>Catholic Parish Outreach</b> .....	<b>919-873-0245</b>
2013 North Raleigh Boulevard Raleigh, NC 27604; Monday through Saturday, 10:00 a.m.-1:00 p.m. Referral required, as well as social security cards for family members receiving assistance. Provides up to a week of groceries once every 30 days. <a href="http://cporaleigh.org/">http://cporaleigh.org/</a>	
<b>Christ Episcopal Church</b> .....	<b>919-832-5043</b>
120 East Edenton St. Raleigh, NC 27601. <a href="http://www.christchurchraleigh.org/">http://www.christchurchraleigh.org/</a>	
<b>Dorcas Ministries</b> .....	<b>919-469-9861</b>
187 High House Road Cary, NC 27511; Monday -Friday, 10:00 a.m. - 1:00 p.m. Sign in by 12:30 p.m.) Serves only residents of Cary, Morrisville, Apex, Holly Springs, Willow Springs, New Hill, and Friendship. ID and proof of residence required. <a href="http://www.dorcas-cary.org">http://www.dorcas-cary.org</a>	
<b>Faith Alive Church James E. Hall Food Pantry</b> .....	<b>919-872-9990</b>
4817 Hargrove Road Raleigh, NC 27028; Appointment required. (If answering machine picks up, leave message and include phone number); Open Tuesdays, Wednesdays, and Thursdays on 9:30 a.m.-2:00 p.m.	
<b>First Baptist Church</b> .....	<b>919-832-1649</b>
101 S. Wilmington St., Raleigh, NC 27601. (Sunday, breakfast served at 8:30 a.m. for the homeless who attend the 7:30 a.m. service.)	
<b>First Biblical Church of Deliverance, Inc. (CTBOCD, Inc.)</b> .....	<b>919-779-4858</b>
109 West Main Street Garner, NC 27529; Every 3 <sup>rd</sup> Saturday of the month 2:00 p.m.-5:00 p.m. Population served: Garner and eastern part of Raleigh area.	
<b>Food Assistance-Wake County Human Services</b> .....	<b>919-212-7000</b>
220 Swinburne Road, Raleigh, NC 27610; Monday through Friday, walk-in to apply 7:30 a.m. daily. The application session lasts approximately 2 hours. In order to determine eligibility for assistance, the following information will be needed for household members: birth certificates, Social Security numbers, ID of head of household, verification of rent and utilities, all pay stubs for the prior 2months and verification of any other income such as child support, self-employment income and contributions, bank statements ( <i>if applicable</i> ). <a href="http://www.wakegov.com/humanservices/social/food">http://www.wakegov.com/humanservices/social/food</a>	
<b>Fuquay Emergency Food Pantry</b> .....	<b>919-552-7720</b>
216 West Academy Street Fuquay Varina, NC 27526; Tuesday 9:00 a.m. –11:45; and Thursday 2:00 – 5:45 p.m. Willow Springs and Holly Springs residents only. <a href="http://www.fvfoodpantry.com/">http://www.fvfoodpantry.com/</a>	
<b>Garner Area Ministries</b> .....	<b>919-772-9100</b>
564 Village Court Garner, NC 27529; Monday- Friday, 9:00 a.m.-12:00 p.m. Must be a resident of the Garner area or zip code 27603 and 27610. Every 3 months. Some gas assist available. <a href="http://www.gam-nc.org/">http://www.gam-nc.org/</a>	
<b>Hallelujah Soup Kitchen</b> .....	<b>919-538-2106</b>
1904 S. Wilmington St. Raleigh 27603. Breakfast served Mon-Fri 7:15am-9am. <a href="http://www.gods-helpers.org">www.gods-helpers.org</a>	
<b>Helping Hand Mission</b> .....	<b>919-829-8048</b>
623 Rock Quarry Road Raleigh, NC 27610; Call to schedule appointment. <a href="http://helpinghandmission.org/">http://helpinghandmission.org/</a>	
<b>Islamic Association of Raleigh</b> .....	<b>919-834-9572</b>
3032 Ligon St. Raleigh, NC 27607. Open the first of each month. 10:00am-12:00pm. <a href="http://www.raleighmasjid.org/">http://www.raleighmasjid.org/</a>	
<b>Lifepointe Church</b> .....	<b>919-847-2273</b>
9500 Durant Rd. Raleigh, NC 27614; Open the first, second, and third Monday of each month from 11:30 a.m.-12:30 p.m. <a href="http://www.lifepointechurch.com/">http://www.lifepointechurch.com/</a>	
<b>Longview United Methodist Church</b> .....	<b>919-834-7554</b>
2312 Milburnie Road Raleigh, NC 27610; Food pantry on 2nd and 4th Wednesdays 12:30 p.m. – 3:30 p.m. Must be a resident of Raleigh, ID required. Must call for an appointment.	

<b>Meals on Wheels</b> .....	<b>919-833-1749 or 919-832-2592</b>
616 Tucker Street Raleigh, NC 27603; Home delivered meals for the disabled and home bound seniors. Congregate dining program also available at sites throughout Wake County. <a href="http://www.wakemow.org">http://www.wakemow.org</a>	
<b>NC A Philip Randolph Institute</b> .....	<b>919-833-6671</b>
1408 Hillsborough Street Raleigh, NC 27605; Hours of operation: Monday – Friday from 1 p.m. to 4 p.m. <i>Referral needed.</i> <a href="http://ncapri.org/">http://ncapri.org/</a>	
<b>North Raleigh Ministries</b> .....	<b>919-844-6676</b>
9650 Strickland Road Raleigh, NC 27615; food pantry by walk-in or appointment. Monday-Thursday 10:00 a.m.-1:00 p.m. Must present picture ID, Social Security card, and proof of address. <i>(Must be a resident in zip code 27609, 27612, 27613, 27614, or 27615).</i> <a href="http://www.northraleighministries.com/food-assistance">http://www.northraleighministries.com/food-assistance</a>	
<b>Oak City Outreach Center</b> .....	<b>919-812-5546</b>
215 South Person St. Raleigh 27601. Serving meals on Sat and Sun from 9a-6p.	
<b>One Harvest Food Ministries</b> .....	<b>919-845-0470</b>
Triangle Christian Center, 11100 Fellowship Drive Raleigh, NC 27617; Providing discount food orders purchased in bulk. Pre-ordering required and you can order food once a month. Prices are up to 50% off of grocery store prices. Cash transactions preferred, however, some locations accept money orders debit and credit card orders. No income restrictions. See website for list of other participating locations and monthly menu offering. <a href="http://www.oneharvest.com/">http://www.oneharvest.com/</a>	
<b>Saint John's Baptist Church</b> .....	<b>919-832-5134</b>
1615-A Oberlin Road Raleigh, NC 27608; Call to set up an appointment with coordinator. <i>Referral required.</i> <a href="http://www.stjohnsbaptist.com/">http://www.stjohnsbaptist.com/</a>	
<b>Salvation Army</b> .....	<b>919-834-6733</b>
215 S. Person Street Raleigh, NC 27601; Call for appt. on Fridays between hours of 8 a.m.-9 a.m. May receive food assistance once every 3 months. Must bring Social Security cards for household members, an NC ID card, and a recent rent receipt or proof of residence. Individuals or families must have a permanent residence to receive the food bags. <a href="http://www.keepthebellringing.org/">http://www.keepthebellringing.org/</a>	
<b>Second Harvest Food Bank of Central &amp; Eastern NC</b> .....	<b>919-875-0707</b>
3808 Tarheel Drive Raleigh, NC 27608 <i>(Call for hours.)</i> <a href="http://www.foodbankcenc.org">http://www.foodbankcenc.org</a>	
<b>Shepherd's Table Soup Kitchen</b> .....	<b>919-831-2010</b>
121Hillsborough St. Raleigh, NC 27603; Monday through Friday, hot lunch served 11:00 a.m. - 12:00 p.m. <a href="http://www.shepherds-table.org/">http://www.shepherds-table.org/</a>	
<b>The Women's Center</b> .....	<b>919-829-3711</b>
112 Cox Avenue Raleigh, NC 27605 Resource for women. <i>Food referrals available by appointment and subject to availability.</i> Emergency food given when no other resources available. <a href="http://www.wcwc.org/">http://www.wcwc.org/</a>	
<b>Tri-Area Ministries</b> .....	<b>919-556-7144</b>
149 E. Holding Avenue Wake Forest, NC 27588 (Monday, Wednesday, Friday 9:00 a.m-12:00 p.m.) Serves mainly Wake Forest, Rolesville and Youngsville residents. <a href="http://www.triareaministry.com/">http://www.triareaministry.com/</a>	
<b>Under One Roof</b> .....	<b>919-212-7801</b>
1637 Old Louisburg Road Raleigh, NC 27604; Monday, Tuesday, Wednesday, Friday 9:00 a.m. – 4:30 p.m. and Thursday 9:00 a.m. – 5:00 p.m. Free counseling, financial assistance and initial intake by appointment only. Walk-in food pantry and bus ticket assistance available. <a href="http://www.aas-c.org/">http://www.aas-c.org/</a>	
<b>Urban Ministries Crisis Intervention Center</b> .....	<b>919-834-1642</b>
1390 Capital Boulevard Raleigh, NC 27603. Monday through Friday 9:00 a.m. – 1:00 p.m. Limit 25 people per day, subject to availability. Every 3 months. Referrals made to other agencies for food also.	
<b>Wake Relief</b> .....	<b>919-833-6400</b>
616 Tucker Street, St Saviors Church (bottom floor), Raleigh, NC 27603; Mondays 1:00 p.m. - 3:00 p.m.; Tuesday 1 p.m.-3 p.m.; Wednesday and Friday 10:00 a.m.-12:00 noon) <i>Wake County Human Services/Financial Case Manager referral required.</i> Will provide a week's supply of groceries given to clients screened & referred to us by WCHS every 60 days. If client is referred from an agency other than Wake Co. Human Services, then client is limited to assistance once per year. <a href="http://wakerelief.org/">http://wakerelief.org/</a>	
<b>Western Wake Crisis Ministries</b> .....	<b>919-362-0657</b>
103 E Chatham Street Apex, NC 27502; Monday, Tuesday, Wednesday and Thursday 10:00 a.m. - 1:00 p.m. Serves Apex, Fuquay-Varina, Holly Springs, & New Hill and Friendship areas. <a href="http://www.wbcm.org/">http://www.wbcm.org/</a>	
<b>WIC (Women, Infants, and Children) PROGRAM</b> .....	<b>919-250-4720</b>

Public Health Center located at 10 Sunnybrook Road Raleigh, NC 27610; Monday through Friday 8:30 a.m. - 5:15 p.m. WIC is a food supplement program for pregnant women, breastfeeding who have had a baby in the last 12 months, women who have had a baby in the last six months and children under five. Call to schedule an appointment to apply. Bring proof of identification, residence and household income. Eligibility based on income and nutritional need. Vouchers are given out for food that includes milk, formula, cereal, fruit, juice, and beans. Wellness Clinic for infants is also available here. <http://www.fns.usda.gov/wic>

**With Love from Jesus.....919-233-8010**  
421 Chapanoke Road Raleigh, NC 27603 Distribution behind shopping center. (Tuesday, Wednesday, Friday and Saturday) No ID, proof of residence, or referral needed. [www.withlovefromjesus.org](http://www.withlovefromjesus.org)

## HOME REPAIR AND REHABILITATION

<b>Cary Housing Rehabilitation Program</b> .....	<b>919-380-2782</b>
316 N. Academy Street Cary, NC 27511 Loan program for home repairs. Loan converts of grant that is forgiven if homeowner remains in home 5 years. For the elderly, disabled, and low income. <a href="http://www.townofcary.org/Departments">http://www.townofcary.org/Departments</a>	
<b>City of Raleigh Community Development</b> .....	<b>919-996-4330</b>
310 W. Martin Street Raleigh, NC 27601 Deferred payment home rehabilitation loans for low income elderly homeowners living in City of Raleigh. Some home repairs loans offered to other low income households. Loan programs for moderate income families for home rehabilitation also available. Call for more information. <a href="http://www.raleigh-nc.org">www.raleigh-nc.org</a>	
<b>Easter Seals and Lenox Baker Fund</b> .....	<b>919-783-8898</b>
5117 Glenwood Avenue, Suite 400 Raleigh, NC 27612 Assists with funding for ramps and other home repairs for special needs. Call Karen Fraller to inquire about availability of funds. <a href="http://www.easterseals.com/NCVA/">http://www.easterseals.com/NCVA/</a>	
<b>First in Families</b> .....	<b>919-781-3616</b>
Call to inquire about funding and/or resources for ramps and other home repairs for children with special needs. Contact Pat Kincheloe at ext. 247. <a href="http://www.fifnc.org">www.fifnc.org</a>	
<b>Homebuyer Rehab Program</b> .....	<b>919-996-4330</b>
310 W. Martin St. Ste. 101 Raleigh 27601; Deferred payment home rehab loans for low income elderly homeowners living in Raleigh. Some home repairs loans offered to other low income households. <a href="http://www.raleighnc.gov">www.raleighnc.gov</a>	
<b>NCDVR/Independent Living</b> .....	<b>919-715-0543</b>
1300 St. Mary's Street, Suite 400, Raleigh, NC 27617; For people with significant disabilities, the Independent Living Rehabilitation Program (IL) can assist with home and vehicle modifications. <a href="http://www.ncdhhs.gov/dvrs/pwd/ils.htm">http://www.ncdhhs.gov/dvrs/pwd/ils.htm</a>	
<b>Rebuilding Together of the Triangle</b> .....	<b>919-341-5980</b>
324 S. Wilmington Str. #118, Raleigh 27601; Rehabilitation of homes for low income families. Volunteer based and materials are donated. Homeownership and residency in the home required. <i>Must meet income guidelines.</i> Serving Wake, Durham, Chatham, and Orange counties. <a href="http://www.rebuildtogethertriangle.org">www.rebuildtogethertriangle.org</a>	
<b>Supportive Housing Program</b> .....	<b>919-212-9379</b>
220 Swinburne Str. Raleigh NC 27610; Provides case management services to help participants maintain housing. Offers housing education through the Ready To Rent class. Call for dates and location. Daily Housing Session provided from 4-5pm (must register at information desk by 3:30pm)	
<b>Wake County Emergency Grant Program</b> .....	<b>919-773-4446</b>
Raleigh and Garner residents may apply. This program is offered to low income residents that are in need of emergency repairs to their home. Eligible repairs include but are not limited to HVAC, Well/Septic systems, and roof repairs. One time only \$5000 program limited to emergency repairs. Homeowner must reside in property, property taxes are current, proof of income, most recent bank statements, and meet income requirements.	
<b>Weatherization Assistance Program</b> .....	<b>919-713-1543</b>
1104 Navaho Drive, Suite #400, Raleigh, NC 27606; Household with elderly, disabled, and children under 18. Must meet income eligibility. Can be a rental property. Tune up & repairs on heating and cooling system, sealing and insulating ducts, installing insulation in walls, floors, and attics, etc. <a href="http://www.resourceforseniors.com">www.resourceforseniors.com</a>	

## MEDICAL-PRESCRIPTIONS

<b>Alliance of AIDS Services Carolina</b> .....	<b>919-834-2437</b>
Testing, counseling, and education for HIV/AIDS. Medical and non-medical case management, financial assistance, and additional counseling available for individuals with HIV/AIDS. <a href="http://www.aas-c.org/">http://www.aas-c.org/</a>	
<b>Alliance Medical Ministries</b> .....	<b>919-250-3320</b>
Must be a Wake County Resident and cannot have any other insurance (including Medicaid or Medicare). Must be employed or live with a family member who is employed. Sliding fee scale. Monday-Friday 8:30 a.m.-5:00 p.m., Saturday 9:00 a.m.-12 p.m. <a href="http://www.alliancemedicalministry.org/">http://www.alliancemedicalministry.org/</a>	
<b>Dorcas Ministries</b> .....	<b>919-469-9861</b>
187 High House Road Cary, NC 27511; Assistance for Cary, Morrisville, New Hill, Friendship, and Willow Springs. Residents of Fuquay, Apex, and Holly springs must have a written referral from Western Wake Crisis Ministry. Durable medical supplies also available as resources allow. <a href="http://www.dorcas-cary.org">www.dorcas-cary.org</a>	
<b>Drug Assistance Program (HIV/AIDS)</b> .....	<b>1-877-466-2232</b>
<b>Free Med Program</b> .....	
There are over 200 patient assistance programs in place to help people receive free medications. <a href="http://www.freemedprograms.com">www.freemedprograms.com</a>	
<b>Holly Park Pharmacy</b> .....	<b>919-865-9993</b>
<b>Horizon Health Center</b> .....	<b>919-743-3315</b>
1001 Rock Quarry Road Raleigh, NC 27610; General Primary Medical Care, serves the homeless and all ages. It is a medical facility of Wake Health Services Inc. and is staffed by five Medical Doctors, one Physician's Assistant, and one Registered Nurse. Hours of operation: Monday-Friday 8:30 a.m.-5:15 p.m. Patient hours vary each month and schedules are sent to shelters and clinics. Lab services are provided. Medication assistance is provided through the Drug Assistance Program and Wake Health Services Inc. <a href="http://www.whsi.org/">http://www.whsi.org/</a>	
<b>Mariam Clinic</b> .....	<b>919-824-4672</b>
Wake and Durham County residents, free to those who qualify. Call for appointment Wednesday 10 a.m.-2 p.m., Thursday 2 p.m.-5 p.m.	
<b>Medicare Prescription Drug Plan</b> .....	<b>1-800-633-4222</b>
Tool will allow you to find plans in your state that match your medication list. <a href="http://www.formularyfinder.medicare.gov">www.formularyfinder.medicare.gov</a>	
<b>Metropolitan Community Church</b> .....	<b>919-834-2611</b>
805 Glenwood Avenue Raleigh, NC 27605; HIV testing on Saturdays from 9 a.m.-11 a.m. <a href="http://mccchurch.org/">http://mccchurch.org/</a>	
<b>N. C. Division of Medical Assistance</b> .....	<b>1-800-662-7030</b>
1918 Umstead Dr., Kirby Building, Raleigh, N. C. 27690; State resource for questions regarding Medicaid or NC Health Choice. <a href="http://www.dhhs.state.nc.us/dma">www.dhhs.state.nc.us/dma</a>	
<b>Northern Regional Center, Wake Forest</b> .....	<b>919-562-6300</b>
<b>North Carolina Drug Card</b> .....	<b><a href="http://www.northcarolinadrugcard.com">www.northcarolinadrugcard.com</a></b>
The NC Drug Card program is a FREE statewide RX assistance program available to all residents. Print card from website. Share info with family and friends.	
<b>North Raleigh Ministries</b> .....	<b>919-844-6676</b>
2431 Spring Forest Rd, Suite 152 Raleigh, NC 27615 (Monday-Thursday. Call for appointment between 10 a.m.-1 p.m.) Will help with prescriptions. Serves Raleigh residents in zip codes 27604, 27609, 27612, 27613, 27614 and 27615. <a href="http://www.northraleighministries.com/food-assistance">http://www.northraleighministries.com/food-assistance</a>	
<b>Open Door Clinic</b> .....	<b>919-836-1642</b>
1390 Capital Blvd. Raleigh, NC; Tuesday and Thursday and doors open at 5:00 p.m. Free medical and dental care for low income, non-insured individuals. Patients are seen by local doctors and specialists on a first come, first served basis. 25 person limit per evening for medical services; 5-8 person limit for dental services. Chronic disease management <i>by appointment only</i> , Mondays and Wednesdays at 5:00 p.m. <a href="http://www.urbanmin.org/open-door-clinic/">http://www.urbanmin.org/open-door-clinic/</a>	
<b>Patient Assistance Program Center</b> .....	<b><a href="http://www.rxassist.org">www.rxassist.org</a></b>
Patient assistance programs are run by pharmaceutical companies to provide free medications to people who cannot afford to buy their medicine.	



RxAssist offers a comprehensive database of these patient assistance programs, as well as practical tools, news, and articles so that health care professionals and patients can find the information they need all in one place.

- Planned Parenthood**.....919-833-7526  
100 S. Boylan Avenue Raleigh, NC 27603; General health care (*Men & Women*), HIV testing, pregnancy testing and services, STD testing (*treatment and vaccines*). <http://www.plannedparenthood.org/health-center>
- Social Security Administration**.....  
Help with Medicare prescription drug premiums. Form SSA-1020. <http://www.socialsecurity.gov/prescriptionhelp>
- Southlight**.....919-787-6131  
Awareness Center 231-A East Street Raleigh, NC 27601; Outreach and case management services focusing on HIV/AIDS and substance abuse awareness, prevention, and education. Services offered at various locations. Call for more information. <http://www.southlight.org/>
- Southern Regional Center, Fuquay Varina**.....919-557-2501
- The Women's Center**.....919-829-3711  
128 E. Hargett Street Raleigh, NC 27602; HIV/AIDS testing and counseling on site every Tuesday 5:30 p.m.-8:00 p.m. Also HIV/AIDS education group once a week. Lunch times on Tuesdays. <http://www.wcwc.org/>
- Triangle Family Services**..... 919-821-0790  
401 Hillsborough Street Raleigh, NC 27603; Free, confidential HIV (AIDS) testing offered on Wednesdays from 3 p.m.-6 p.m. on a walk-in basis. Last person taken at 5:30 p.m. Ask for Judy. <http://www.tfsnc.org>
- Urban Ministries**.....919-836-1642  
1390 Capital Boulevard Raleigh, NC 27603; Monday-Friday 10 a.m.-1 p.m. Prescription assistance for low-income and homeless individuals. First come first served. Once in 4 month period. N. C. ID required. Will pay co-pays. [www.urbanmin.org](http://www.urbanmin.org)
- Wake Brook Recovery Center (Mental Health Services)**.....919-250-1500  
107 Sunnybrook Road Raleigh, NC 27610 Prescription assistance for mental health clients.
- Wake County Human Services, Medicaid**.....919-212-7000  
220 Swinburne Road Raleigh, NC 27610; Residents of Wake County may visit the Human Services building in their area to apply for Medicaid. Medicaid provides assistance to income eligible persons for prescriptions, doctor and hospital visits, vision, and dental care. <http://www.wakegov.com/humanservices>
- WCHS Eastern Regional Center, Zebulon**.....919-404-3900

# SENIOR RESOURCES

<b>City of Raleigh Retired Senior Volunteer Services</b> .....	<b>919-996-6295</b>
310 W. Martin St. #201, Raleigh 27602; Match seniors age 55 and older with volunteer activities that serve vulnerable seniors in the Raleigh area. <a href="http://www.raleigh-nc.org/communityservices/rsvp">www.raleigh-nc.org/communityservices/rsvp</a>	
<b>Center for Volunteer Caregiving</b> .....	<b>919-460-0567</b>
975 Walnut Street, #311, Cary, NC 27511 Provides transportation, respite care, visiting, phone calls, and light Housekeeping and yard work. <a href="http://www.volunteercaregiving.org">www.volunteercaregiving.org</a>	
<b>Council for Senior Citizens</b> .....	<b>919-688-8247</b>
406 Rigsbee Avenue, Suite 202, Durham, NC 27701. <a href="http://www.councilseniorcitizens.org">www.councilseniorcitizens.org</a>	
<b>Division of Aging and Adult Services</b> .....	<b>919-733-3983</b>
Taylor Hall, 693 Palmer Drive Raleigh, NC 27699 ( <i>Mailing Address: 2101 Mail Service Center, Raleigh, NC 27699</i> ). <a href="http://www.dhhs.state.nc.us/aging">www.dhhs.state.nc.us/aging</a>	
<b>Eastern NC Chapter of the Alzheimer's Association</b> .....	<b>919-832-3732</b>
1305 Navaho Dr. #101 Raleigh, NC 27605; Alzheimer's research and care giver information and education. <a href="http://www.alznc.org">www.alznc.org</a>	
<b>Transitions Life Care</b> .....	<b>919-828-0890</b>
250 Hospice Circle Raleigh, NC 27605; Providing end of life care and resource information. <a href="http://www.transitionslifecare.org">www.transitionslifecare.org</a>	
<b>North Carolina Assisted Living Association</b> .....	<b>919-467-2486</b>
3392 Six Forks Road Raleigh, NC 27608. Information regarding assisted living facilities in NC. <a href="http://www.ncala.org">www.ncala.org</a>	
<b>NC Dept. of Insurance</b> .....	<b>1-800-546-5664</b>
Answers questions and counsels Medicare beneficiaries about Medicare supplements, Medicare Advantage, Medicare prescription plans, long term care insurance and other health concerns. <a href="http://www.ncdoi.com">www.ncdoi.com</a>	
<b>North Carolina SHIP</b> .....	<b>1-855 408-1212</b>
325 N. Salisbury Street, Raleigh NC 27603; Senior's Health Insurance Information Program (SHIP) is a consumer information division of North Carolina Department of Insurance that assists people with Medicare, Medicare Part D, Medicare supplements, etc. <a href="http://www.ncship.com">www.ncship.com</a>	
<b>Resources for Seniors</b> .....	<b>919-872-7933</b>
1110 Navaho Drive, Suite 400, Raleigh, NC 27609 Provides information on support services, affordable senior housing, medical care, facilities, etc. <a href="http://www.resourcesforseniors.com">www.resourcesforseniors.com</a>	
<b>Wake County Human Services (Senior/Adult Services)</b> .....	<b>919-212-7164</b>
220 Swinburne Rd, Raleigh 27610; Provides short term generic case management to bridge consumers with community services. <a href="http://www.wakegov.com">www.wakegov.com</a>	

# TRANSPORTATION

<b>GoRaleigh Access</b> .....	<b>919-890-3459</b>
The City of Raleigh provides transportation services for persons with disabilities. There are two levels of services: Tier 1 service is available for permanent Raleigh residents who do not have a valid driver's license, and are identified as a person with a physical or mental disability. Tier II service is available to persons who qualify under the Americans with Disabilities Act (ADA). Call for instructions on how to apply. <a href="http://www.raleigh-nc.org">www.raleigh-nc.org</a>	
<b>GoRaleigh</b> .....	<b>919-828-7228</b>
1430 & 214 S. Blount Street Raleigh, NC 27603 Call for information and schedule. <a href="http://www.raleigh-nc.org/transit">www.raleigh-nc.org/transit</a>	
<b>Charity Cars, used cars for domestic victims</b> .....	<b>1-800-242-7489</b>
Limited medical transportation, nutrition site transportation and grocery shopping transportation available. Call for more information.	
<b>GoCary</b> .....	<b>919-481-2020</b>
Hours of Operation Monday through Saturday, 6:00 a.m. to 7:00 p.m. The Town of Cary provides two types of service: fixed route and door to door service. The new fixed route system replaces the previous general public door-to-door service. Cary citizens who are disabled or at least 55 years old will continue to have the option of door-to-door service. Cost is \$2.00 each way in Cary; \$4.00 for out of town ( <i>Chatham, Durham, Orange or Wake Counties for work</i> ). Registered seniors and disabled passengers pay \$1.00 each way from 10:00 a.m. to 3:00 p.m. for trips in Cary. Children aged 6 and younger ride free. Make a reservation to ensure a seat 2 hours to 2 weeks in advance. <a href="http://www.townofcary.org">www.townofcary.org</a>	
<b>Resources for Seniors, Inc.</b> .....	<b>919-872-7933</b>
1110 Navaho Drive, Suite #404, Raleigh, NC 27609. <a href="http://www.resourcesforseniors.com">www.resourcesforseniors.com</a>	
<b>TRACS (Wake County Human Services)</b> .....	<b>919-212-7005</b>
220 Swinburne Road Raleigh, NC 27610 Transportation to residents of non-urbanized areas of the county. 24 hour or more advance notice for pick up. First come first served. Fees charged per trip. Mon-Fri 7:00 a.m.-12:00 p.m. and 1:00 p.m.-6:00 p.m. <a href="http://www.wakegov.com">www.wakegov.com</a>	
<b>Traveler's Aid (Cornerstone)</b> .....	<b>919-508-0777</b>
220 Snow Avenue Raleigh, NC 27603 One time assistance to displaced/stranded travelers when funds are available. Call before coming to Cornerstone to apply in order to see if funds are available. Must be able to contact someone on destination end to ensure willingness to accept traveler.	
<b>Triangle Transit Authority (TTA)</b> .....	<b>919-485-7433</b>
4104 Poole Rd. Raleigh 27610; Office Hours Monday through Friday 6:00 a.m. – 6:30 p.m. Bus hours Monday-Friday 6:00 a.m. – 10:30 p.m. and Saturday 8:00 a.m.-5:30 p.m. Free vanpool matching available to the general public (919-485-7461) and regional bus service to Raleigh, Durham, Chapel Hill, RTP, and RDU. Bus schedules available at Moore Square information booth. Offers direct airport shuttles from Regional Transfer Center. <a href="http://www.triangletransit.org">www.triangletransit.org</a>	
<b>Wake County MCD Transportation Center</b> .....	<b>919-212-7005</b>
220 Swinburne Road Raleigh, NC 27610; Monday – Friday 8:00 a.m. – 5:00 p.m. Walk-ins: Monday – Friday 9:00 a.m. – 11:00 a.m. and 2:00 p.m. – 4:00 p.m. Medical transportation through Medicaid and other transportation services for Wake County citizens. Reservations must be made 5 business days in advance. For Spanish speaking, call 212-7005, option 2. <a href="http://www.wakegov.com">www.wakegov.com</a>	
<b>Wheels for Hope</b> .....	<b>919-832-1941</b>
929 S. Saunders Street Raleigh, NC 27603. Faith based nonprofit that repairs donated cars and recycles them back in the community. Referral by partner agency required. General public sales also provided on Tuesday and Thursday from 9:00 a.m.-4:00 p.m. <a href="http://www.wheels4hope.org">www.wheels4hope.org</a>	
<b>Wolfline</b> .....	<b>919-515-3424</b>
2721 Sullivan Drive Raleigh, NC 27606; Open to students and the general public. No fare or Student ID required to ride bus. Operates everyday classes are in session. Routes vary between Fall, Spring, and Summer service. <a href="http://www.ncsu.edu">www.ncsu.edu</a>	