



# WAKE COUNTY HUMAN SERVICES

## RESOURCE GUIDE

### 2016(REVISION)

**Disclaimer: Every attempt has been made to provide accurate and timely information in this guide. However, agency numbers may change, addresses may change and services offered by agencies may change while this guide is in use. The guide is intended to be representative NOT exhaustive of all community programs or their offerings.**

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**(phone number area codes 919 unless otherwise specified)**

## BUDGET COUNSELING

**Latino Community Credit Union (La Cooperativa Latina)**

1420 Hardimont Road, Raleigh, N. C. 27609.....855-9696

4418 Fayetteville Rd., Garner N.C. 27529.....773-9180

[www.latinoccu.org](http://www.latinoccu.org)

Banking services for members. No minimum balance checking available. Membership includes access to help with financial problems, financial education and credit counseling. Help provided with application for ITIN, free notary services, money orders, and micro business loans. Valid picture ID required to open an account.

**Triangle Family Services .....821-0790**

3937 Western Blvd., Raleigh, N. C. 27603. Info available at

<http://www.tfsnc.org>

Offers Consumer Credit Counseling Services (CCCS). Provides debt management services to families and individuals, as well as financial literacy education seminars, focusing on such topics as home budgeting and financial management, first-time home buying, avoiding identity theft, reducing consumer debt, and avoiding predatory lending schemes.

**Wake County Human Services**

Supported Housing Program.....212-9379

220 Swinburne Rd Raleigh 27602

Supported Housing Program provides daily housing counseling and budget assistance Monday through Friday at 4pm-5pm in Swinburne Bldg. Sign in at the Information desk in the atrium.

**Hope Community Church.....532-0620**

821 Buck Jones Rd., Raleigh 27606

[www.gethope.net](http://www.gethope.net)

Provides personal budget counseling and Financial Peace University to get out of debt, stay out of debt, and build wealth.

**Good Work.....682-8473**

P.O. Box 6013, Raleigh 27628

[www.goodwork.org](http://www.goodwork.org)

Participants increase understanding of household economics, finances, asset development, entrepreneurship, business and organizational development, and stewardship and sustainability

**North Carolina Real Enterprises.....781-6833**

3739 National Dr. #110, Raleigh 27612

[www.ncreal.org](http://www.ncreal.org)

Building skills and knowledge for entrepreneurship through financial literacy. Programs for K-8, 9-12, and adults. Scholarships available. Professional development opportunities also available.

Consumer Education Services Inc. (CESI).....(1)866-635-7120

3700 Barrett Drive Raleigh 27609

[www.cesisolutions.org](http://www.cesisolutions.org)

Nonprofit debt management company. Financial education, housing counseling, and credit counseling. Online courses are free and self paced.

National Council on Economic Education

[www.councilforeconed.org](http://www.councilforeconed.org)

Computer based learning for youth grades K-12.

[www.making-change.org](http://www.making-change.org)

Online money management education to help people improve their financial lives

[www.spendingonmainstreet.org](http://www.spendingonmainstreet.org)

Practical personal financial advice

[www.FDIC.gov](http://www.FDIC.gov)

Money Smart Program is a comprehensive financial education curriculum designed to help low/moderate income individuals outside the financial mainstream to enhance their financial skills. Free curriculum.

**CRISIS HOTLINES**

Alcoholics Anonymous (AA) (24 hour hotline)..... 919-783-6144

Al-Anon .....919-713-1516

Al-Ateen..... 919-787-1653

Carolinas Poison Center - In case of an emergency poisoning, call  
1-800-222-1222

CDC National STD and AIDS Hotline .....800-232-4636

English Service provided 24 hours a day, seven days a week.

Spanish Service 8:00 a.m. – 2:00 a.m., seven days a week.. 800-232-4636

Hotlines provide callers with anonymous and confidential answers to questions about sexually transmitted diseases (STDs) and HIV/AIDS. Referrals also provided.

**Child Abuse and Neglect Reporting (Wake County Human Services)**  
.....212-7990  
..... Or 212-7000  
**Crisis Intervention Hotline.....919-545-0224**  
7 days, 24 hours. Provides serves to victims of domestic violence,  
domestic abuse and sexual assault.

**Drug Helpline ..... 1-800-662-4357**

**Gay and Lesbian Helpline .....800-844-7410**  
Provides general information on issues affecting the gay and lesbian  
population; also provides information and referrals for services.

**Holly Hill Respond (Crisis Intervention) .....919-250-7000**  
3019 Falstaff Rd., Raleigh, N. C. 27604  
The RESPOND department provides crisis phone, assessment, and  
admission services 24 hours a day, seven days a week and serves as the  
emergency department of Holly Hill Hospital.

**Hope Line.....919-231-4525**  
7 days, 24 hours. Crisis and suicide prevention. Provides confidential,  
nonjudgmental, caring listening for community members facing life  
difficulties or crisis.

**National Human Trafficking Resource Center (NHTRC) at 1-888-373-7888 or  
Text: BeFree (233733)**

**Interact Rape Crisis Hotline .....919-828-3005**  
www.interactofwake.org  
24 hour crisis line. Provides information and support for survivors of  
sexual assault (including incest) and information and support for their  
friends and family members.

**Interact Domestic Violence Hotline .....919-828-7740**  
24 hour hotline for battered women, victims of domestic violence.

**Interact SAFE Center .....919-828-3067**  
24 hours hospital counseling and support

**Mental Health and Substance Abuse Emergencies (Wake County)Alliance  
Access and Information Line.....(800)510-9132**

**National Runaway Switchboard.....800-786-2929**  
7 days, 24 hours. Provides crisis intervention for youth at-risk between the ages of 12 and 20. Will make conference calls to parents, deliver messages from runaways to their parents or guardians, assists with free transportation for qualified runaways.

**Teen Talk Line.....231-3626**  
24 hours a day: Offers teens an opportunity to talk to trained volunteers about important issues in their lives.

**United Way Resource**  
**Information.....211**  
Information referral service serving Chatham, Durham, Orange, and Wake counties

**Wrenn House Youth Crisis Hotline.....833-3312**  
600 W. Cabarrus Street. Raleigh 27603  
[www.havenhousenc.org](http://www.havenhousenc.org)  
Serves youth ages 10-17 that are homeless, runaway, or just need a place to stay (24 hrs to 14 days) and provide crisis intervention.

**CLOTHING & HOUSEHOLD GOODS**

**Brooks Avenue Church of Christ.....821-2400**  
700 Brooks Avenue, Raleigh, NC 27607  
[www.brooks.org](http://www.brooks.org)  
2<sup>nd</sup> and 4<sup>th</sup> Saturday of each month, 9:00am-12:00noon. No referral required.

Comment [DP1]:

**Catholic Parish Outreach.....873-0245**  
2013 N. Raleigh Blvd, Raleigh, 27604  
[www.cporaleigh.org](http://www.cporaleigh.org)  
Monday through Saturday, 10:00am-1:00pm. *Referral required.* I.D Card required for all family members receiving assistance. Provides clothing for small children and a limited supply of baby items.

**First Baptist Church ..... 832-4485**  
99 North Salisbury Street, Raleigh, NC 27601  
[www.fbcraleigh.org](http://www.fbcraleigh.org)  
Wednesday 10:00am- 11:30am; Thursday 1:00pm- 2:30pm. Some type of ID required such as social security card or driver license. Clothing for men, women and children.

**Garner Area Ministries.....772-9100**  
558 Village Court, Garner, NC 27529 (Corner of HWY 70 & Aversboro Rd.)  
[www.gam.nc.org](http://www.gam.nc.org)

**Food Pantry--Monday, Wednesday, and Friday, 9:00am – 12:00pm. *Must be a resident of the Garner area.***

**Thrift Store --Monday –Thursday, 9am-1pm; Friday, 9am-5pm,  
562 Village Court, Garner, NC 27529**

**Helping Hand Mission ..... 829-8048**

**623 Rock Quarry Road, Raleigh, NC 27610**

**[www.helpinghandmission.org](http://www.helpinghandmission.org)**

**Monday- Friday, 11:00 a.m. – 2:00 p.m. *Referral required.* Two changes of clothing provided.**

**Furniture discounted with referral. Price set by establishment.**

**Junior League of Raleigh Bargain Box ..... 833-7587**

**401 Woodburn Avenue, Raleigh, NC 27605**

**Monday through Saturday 10:00 a.m. - 6:00 p.m.; *Referral required.* Bargain Box referrals only, accepted from participating agencies.**

**Salvation Army..... 834-6733**

**1863 Capital Blvd. , Raleigh, NC 27610**

**[www.wakearmy.org](http://www.wakearmy.org)**

**Appointments for clothing are made 8a.m each Monday morning for Friday of the same week. Must bring a I.D for each member of the family needing clothes ( N. C.ID, other state ID, Homeless ID, Prison ID, Tax ID card). Each family member may receive up to 10 items of clothing per visit. Participants may come every 3 months. October- February coats are distributed.**

**The Salvation Army Family Store and Donation Centers**

**205 Tryon Rd. Raleigh 27603.....779-8867**

**902 Old Wake Forest Rd, Raleigh 27604.....832-6918**

**Mon-Fri., 10am-6pm; Sat 9am-6pm.**

**Dress for Success Triangle .....286-2128**

**1058 West Club Blvd, Ste. 634, Durham, NC 277707**

**[www.trianglenc.dressfor success.org](http://www.trianglenc.dressfor success.org)**

**Professional clothing provided. Also provides network support and career development tools to help women thrive in work and life. Referral from partner agency required (see website for list of partners). Serving Wake County on Tues. & Wedn. from 10a-4p. 2<sup>nd</sup> & 4<sup>th</sup> Saturdays every month from 10-1p.**

**With Love from Jesus .....233-8010**

**421 Chapanoke Road, Raleigh, N. C. 27601**

**[www.withlovefromjesus.org](http://www.withlovefromjesus.org)**



**Public distribution hours: 9:30 a.m. – 12 p.m. Tuesday, Wednesday, Friday and Saturday. Guests arriving between 9:30 and 10:00 receive food only. Clothing provided as well as other home furnishings, diapers, etc., when available. To receive all resources, guests must arrive after 10:00 a.m. No charge for each individual item. No I.D or proof of income required. Please come to the back of the shopping center and a volunteer will show you where to enter the building**

**Dorcas Thrift Shop.....469-9861**

**187 High House Rd, Cary 27511**

**[www.dorcas-cary.org](http://www.dorcas-cary.org)**

**Monday- Friday 10am-6pm and Saturday 9am-5pm. Offers a wide variety of merchandise including clothing for the whole family, shoes, coats, small appliances, vintage items, books, in-store floral arrangements, jewelry, audio books, toys/games, lamps, dishes, and more, all at affordable prices.**

**Goodwill Industries .....834-0504**

**321 West Hargett Street, Raleigh, NC 27601**

**[www.goodwillenc.org/retail.html](http://www.goodwillenc.org/retail.html)**

**Monday- Saturday, 9:00am-5:00pm. From clothing to collectibles, GCF Donation Centers & Stores® stock a wide assortment of items with fresh merchandise arriving daily. Please contact Goodwill Industries through telephone or internet for other retail locations in Wake County.**

**Thrift 2 Gift.....651-0482**

**900 E. Chatham Street, Cary NC 27511**

**1402 E. Williams Str., Apex NC**

**[www.seedofmustard.org](http://www.seedofmustard.org)**

**Mon-Fri 10a-7p; Sat 10a-5p. Clothing, furniture, household goods.**

**Victory Temple Ministries.....567-2399**

**[www.victorytemplemin.org](http://www.victorytemplemin.org)**

**300 Rogers Street, Holly Springs 27540**

**Clothing closet**

**Craigslist.....[www.craigslist.com](http://www.craigslist.com)**

**Search for free furniture in the FREE offering section.**

**The Green Chair Project.....322-0474**

**1853 Capital Blvd, Raleigh**

**[www.thegreenchair.org](http://www.thegreenchair.org)**

Providing recycled furniture to those in need. Referral from partner agency required. See website for list of partners. Open Tuesday thru Friday and first and third Saturdays of most months from 10AM-1PM.

Morrison Outreach Ministries of Transformation Christian Center  
2300 Westinghouse Blvd. Ste. 102, Morrisville.....521-6346  
[www.facebook.com/MorrisonOutreachMinistry](http://www.facebook.com/MorrisonOutreachMinistry)

Food and clothing distributed on Tuesday & Thursday from 1p-4p and by appointment all other times.

Pass It On Thrift.....557-8020  
[www.interactofwake.org](http://www.interactofwake.org)

309 S. Main Street, Fuquay Varina, NC 27526

Upscale new and used clothing sold. Operating Tues.-Fri. 10a-5p, Sat.10a-3p.

Pass It On Too.....865-1601  
[www.interactofwake.org](http://www.interactofwake.org)

1012 Oberlin Rd., Raleigh, NC 27605

Operating Mon.-Fri 10a-5p and Sat.-10a-3p.

Habitat for Humanity.....833-6768  
2420 Raleigh Blvd, Raleigh 27604

181 High House Rd. Cary 27511.....380-7512  
[www.habitatwake.org](http://www.habitatwake.org)

The Re-Store is a thrift store open to the public and sells building material, furniture, appliances, flooring, lumber, and a wide variety of home improvement items at discounted prices. Mon-Fri 10a-6p; Sat 9a-5p.

St. John the Merciful Outreach Ministry.....815-9044  
[www.stjohnmerciful.org](http://www.stjohnmerciful.org)

5309 Round Hill Lane Raleigh NC 27616

Provides food, clothing, and household goods with referral from community agency on agency letterhead.

Recovered Treasures.....290-2888  
3490 Kildaire Farm Rd., Cary 27518

<http://healing-transitions.org/thrift-store/>

Recovered Treasures provides men, women, and children's clothing, shoes, toys, books, and household items and furniture at an affordable price and jobs for graduates of the HealingTransition (The Healing Place) program. Hours: M-F 10a-6p; Sat.-10a-5p.

Soar Outreach.....600-7075

P. O. Box 90484 Raleigh 27675

[www.soaroutreach.com](http://www.soaroutreach.com)

Soar Outreach is a community resource organization that provides professional and business casual clothing for men. Focusing on long term unemployed and formerly incarcerated individuals.

**EDUCATIONAL RESOURCES**

Goodwill Industries of Eastern North Carolina.....941-9600

321 West Hargett Street, Raleigh, North Carolina 27601

Beginning computer skills are taught: Introduction to Computers, Introduction to Internet and Email, and Introduction to Office Applications. Call about registration days and times. Also, tutorials available online at

[www.LearnFree.org](http://www.LearnFree.org)

GED/Adult Basic Education/English as a Second Language Classes:

[www.bestgedclasses.com/raleigh-nc](http://www.bestgedclasses.com/raleigh-nc) (for additional GED resources)

Forest Hills Baptist Church: ..... 828-6161  
201 Dixie Trail, Raleigh 27607

Wake Cross Roads Baptist Church.....266-2957  
3329 Forestville Rd, Raleigh 27616

Raleigh Rescue Mission: ..... 828-9014  
Learning Center/Computer Lab: Educational Coordinator  
314 E. Hargett St., Raleigh 27601

Wake Tech Adult Education Center: ..... 334-1502  
College and Career Readiness  
3200 Bush Street, Raleigh 27610

Wake County Human Services.....212-7781  
220 Swinburne Street, Raleigh 27610

First Presbyterian Church.....833-4070  
120 W. Hargett Str., Raleigh 27601

Goodwill Industries.....828-7490  
321 W. Hargett Street Raleigh 27601

Hispanic Family Center.....461-8407  
2013 N. Raleigh Blvd. Raleigh 27604

North Carolina Community College System .....807-7100

200 West Jones Street, Raleigh, N. C. 27603

[www.nccommunitycolleges.edu](http://www.nccommunitycolleges.edu)

Colleges provide education, training and retraining for the workforce, including basic skills, ESL and literacy education, occupational and pre-baccalaureate programs. (Technical Programs; Vocational Programs; Continuing Education; Basic Adult Education Programs; College Transfer Programs; General Education Programs; and Industry Programs). Contact any of your local community colleges for information on enrollment in classes.

Step Up Ministry .....781-0156

1701 Oberlin Road, Raleigh, NC 27608

[www.stepupministry.org](http://www.stepupministry.org)

Assist single adults, couples and families who have educational, employment and housing needs. Program participation includes a phased, incentive-driven curriculum that encourages spirituality, self-awareness and connection as building blocks to success.

Wake County Public School System .....850-1600

3600 Wake Forest Road, Raleigh, N. C. 27609; Mailing Address: P. O. Box 28041, Raleigh, N. C. 27611-8041

[www.wcpss.net](http://www.wcpss.net)

Monday through Friday 8:00 a.m. – 5:00 p.m.

Haven House Services.....833-3312

600 W. Cabarrus Str., Raleigh 27603

[www.havenhouseenc.org](http://www.havenhouseenc.org)

Provides structured programs for middle school and high school students that are on long term suspension from Wake County Public School. GED online program for completion of high school diploma, independent living programs for ages 16-23, gang prevention programs, therapy, and life skills classes and outreach to homeless or displaced youth are also offered.

Literacy Council of Wake County.....787-5559

916 West Morgan Str., Raleigh 27603

[www.wakeliteracy.org](http://www.wakeliteracy.org)

Volunteer initiative that teaches adults better reading and writing skills. ESL programs, tutoring training available. Access to library and computer lab for participants. Free of charge.

Sylvan Learning Centers (Wake County locations)

1040 Darrington Dr. #101, Cary 27513.....388-3283

2347 Timber Dr., Garner 27529.....779-2229

1008 E. Big Oak Crt., Knightdale 27545.....217-0600  
 3200 Spring Forest Rd., Raleigh 27616.....713-0038  
 7209 Creedmoor Rd., Raleigh 27604.....844-9441  
 1241 S. Main Str.,#20, Wake Forest 27587.....263-9184  
 1008 Big Oak Crt. #E Knightdale 27545.....217-0600

<http://tutoring.sylvanlearning.com>

Sylvan Learning is the leading provider of tutoring and supplemental education services to students of all ages and skill levels. Tutors tailor individualized learning plans that build the skills, habits and attitudes students need to succeed in school and in life. Affordable tutoring instruction is available in math, reading, writing, study skills, homework help, test prep and more.

### COLLEGES/UNIVERSITY

North Carolina State University.....515-2011  
 Hillsborough Str., Raleigh 27695

[www.ncsu.edu](http://www.ncsu.edu)

North Carolina State University is a comprehensive university known for its leadership in education and research, and globally recognized for its science, technology, engineering and mathematics leadership.

Meredith College.....760-8600

3800 Hillsborough Str., Raleigh 27607

[www.meredith.edu](http://www.meredith.edu)

Chartered in 1891, Meredith College has grown to become one of the largest independent private women’s colleges in the U.S. We offer a comprehensive liberal arts undergraduate education, as well as coeducational graduate programs in business, nutrition and education.

William Peace College.....508-2000

15 East Peace Str., Raleigh 27604

[www.peace.edu](http://www.peace.edu)

Peace is a liberal arts and sciences college offering four-year baccalaureate degrees in a variety of programs designed to give you the education and skills you need to build successful lives and careers

Shaw University.....836-9433

118 East South Str., Raleigh 27601

[www.shawuniversity.edu](http://www.shawuniversity.edu)

Shaw University, founded in 1865, is the first historically black college of the South. Shaw is a private, co-educational, liberal arts university affiliated with the Baptist Church. The University awards degrees at both

the undergraduate and graduate levels.

**Saint Augustine University.....516-4000**

1315 Oakwood Ave., Raleigh 27610

[www.st-aug.edu](http://www.st-aug.edu)

Augmenting the College's liberal arts core curriculum are rigorous, in-depth programs in business; computer science; teacher education; the natural sciences; mathematics; interdisciplinary studies; theater and film; adult education; community development; communications; and military science, a required course for all members of the College's notable Army ROTC battalion

**Miller Motte Technical College.....723-2820**

3901 Capital Blvd., Raleigh 27604

2205 Walnut Str., Cary, NC 27518.....532-7171

[www.miller-motte.com](http://www.miller-motte.com)

The following is a list of the program offerings at the Raleigh, NC location:

Accounting | Accounting Assistant | Cosmetology | Dental Assisting | Medical Assisting | Paralegal | Medical Office Assistant | Network Administration and Security

**ECPI College of Technology.....844-611-0718**

4101 Doie Cope Rd., Raleigh 27613.....283-5748

[www.ecpi.edu/locations/raleigh-north-carolina](http://www.ecpi.edu/locations/raleigh-north-carolina)

Earn Your Bachelor's Degree in 2.5 Years through our Year-Round Schedule: Technology, Health Science, Nursing, Business & Criminal Justice

**Strayer University**

8701 Wadford Dr. Raleigh 27616.....301-6500

3421 Olympia Dr. Raleigh 27603.....980-7502

4 Copley Pkwy., Morrisville 27560.....466-4400

[www.strayer.edu](http://www.strayer.edu)

Undergraduate and graduate programs in high-demand fields such as accounting, business, criminal justice, education, health services administration, information systems, and public administration are available at this campus.

**Campbell Law School.....865-4650**

225 Hillsborough Street Raleigh 27603

<http://law.campbell.edu>

## EARLY CHILDHOOD EDUCATION

Telamon Corporation.....866-437-9067

NC Head Start Office

5560 Munford Rd., Ste. 201, Raleigh 27612

[www.telamon.org](http://www.telamon.org)

Early Head Start Programs: Raleigh...857-9427; Cary...657-0577;

Knightdale...266-1953

Ages 0-3 and 3-5 programs available

Wake County Smart Start.....851-9550

4901 Waters Edge Dr. #101, Raleigh 27606

[www.wakesmartstart.org](http://www.wakesmartstart.org)

Wake County SmartStart administers the Pre-K program in Wake County (formerly More at Four), and works in collaboration with the Wake County Public School System, early childhood professionals and Wake County Human Services. The Wake County Pre-K program operates in numerous child care facilities across Wake County with smaller class sizes to prepare children for kindergarten.

Pre-K Title 1.....431-7700

110 Corning Rd., Ste.2100, Cary 27518 (Office of Early Learning)

[www.wcpss.net](http://www.wcpss.net)

The Title I Pre-Kindergarten Program is designed to provide a child-centered, developmentally appropriate experience for four-year-old children in need of academic support. The goal of the program is to prepare children to enter kindergarten ready to learn and succeed. Screenings for student participation are offered each spring and students qualify based on academic need.

Division of Child Development and Early Education.....527-6335

820 S. Boylan Avenue, Raleigh, NC 27603

Mailing Address: 2201 Mail Service Center Raleigh, N. C. 27699-2201

Regulates the health, safety, and well-being of children in out-of-home care; provides support and quality control services to child care providers.

<http://www.ncchildcare.net>

STEM for Kids.....297-8366

9200 Strickland Rd., Raleigh 27615

[www.stemforkids.net](http://www.stemforkids.net)

A Raleigh based organization that provides, day camps, after school and in school programs focused on Science, Technology, engineering , and Math. Hands on experience for children grades K-7. Programs in robotics,

computer game making, aerospace, mechanical engineering. Supported by Wake County Commission.

Childcare Subsidy.....212-7376

220 Swinburne Rd, Raleigh, NC 27610

<http://www.wakegov.com/humanservices/social/pages/ccs>

Apply for Childcare assistance for daycare, before and after-school care.

Family Resource Center.....834-9300

108 S. Harrington Street Raleigh 27603

[www.frcoraleigh.org](http://www.frcoraleigh.org)

The Family Resource Center has launched a new program to assist parents to in acquiring the skills necessary to be primary educator of their preschool aged children. The HIPPY ([www.hippyusa.org](http://www.hippyusa.org)) initiative involves 30 weeks of home visits to supply school readiness curriculum activities and books to parents who have 3, 4, and 5 year olds in the home (Smartstart funded)

#### EMPLOYMENT RESOURCES

Work First 200% Program(WCHS).....212-7048

220 Swinburne Street Raleigh

200% provides services to assist families in crisis with maintaining employment. Appointments set on Tues., Wedn., and Thurs. Walk in seen on first come first service basis on Monday and Friday 8a-3p.

Culinary Job Training Program (Interfaith Food Shuttle) Main#....250-0043

1001 Blair Drive, Raleigh, N. C. 27610

[www.foodshuttle.org](http://www.foodshuttle.org)

11-week culinary (chef) training program. Resume and interviewing skills, job placement. All materials provided, and students receive weekly stipend. Call 256-3882 for application and admission information

JobAccess.org or AbilityJobs.com

Websites that enable people with disabilities to enhance their professional lives by providing a dedicated system for finding employment.

Goodwill Industries..... 828-7490

321 W. Hargett Street, Raleigh, NC 27601

Employment opportunities in retail setting for individuals with disabilities or social disadvantages.

<http://www.goodwillenc.org> or [www.gcfglobal.org](http://www.gcfglobal.org)

NCWorks Career Center@ Swinburne.....250-3770/212-7000



Wake County Human Services Center, 220 Swinburne Street, 3<sup>rd</sup> Floor,  
Raleigh, N. C. 27610

[www.ncworks.gov](http://www.ncworks.gov)

Monday – Friday, 9:00 a.m. – 4:15 p.m.; Tuesdays open until 8:00 p.m.

The NCWorks Career Center is located in the Wake County Human Services Center on Swinburne Street. Provides a professional setting where job seekers can search for employment and training opportunities and where businesses can access a large pool of potential job applicants. Bi-lingual staff are available (call for availability). Computers, printer, fax machine available for job search ONLY. Employment advisors available to provide assistance, guidance, and referrals. Note: There are several career centers in Wake County. For other locations and hours of operation, visit website.

Step Up Ministries..... 781-0156

1701 Oberlin Road, Raleigh, N. C. 27608

[www.stepupministry.org](http://www.stepupministry.org)

This community of diverse faith partners works with individuals to provide skilled compassionate job preparation and placement services to unemployed job seekers through a process of mentoring and active assistance. Workshops and networking support groups focus on job retention, goal setting and practical steps toward wage growth, education and training.

Passage Homes BOOST Workforce Development Program...834-0666

513 Branch Str., Raleigh, 27601

[www.passagehome.org](http://www.passagehome.org)

Three week course that provides participants with soft-skills training, such as resume building, interview skills and other employment tactics.

North Carolina Division of Services for the Blind ..... 733-9822

2601 Mail Service Center, Raleigh, NC 27699

[www.dhhs.state.nc.us/dsb](http://www.dhhs.state.nc.us/dsb) or [www.visionaware.org](http://www.visionaware.org)

Rehabilitation Program-Services offered to assist individuals who are blind or visually impaired in obtaining or maintaining employment and in living more independently.

- Independent Living Program-Services are provided to help the senior visually impaired adult population maintain self-sufficiency in their place of residence.
- School to Work Program- Transition services are provided to help high school students obtain various employment opportunities.

Telamon..... 851-6141

5560 Munford Rd. #201, Raleigh 27606, Raleigh, NC 27606

[www.telamon.org](http://www.telamon.org)

Employment training for migrant/seasonal farm workers.  
Assistance provided to adult and youth with special needs. Job listings, occupational training, career counseling, and assistance obtaining occupational credentials or educational certificates provided

Vocational Rehabilitation Services.....733-7807

1300 St. Mary's Street, Raleigh, NC 27617.....(1) 888-479-6095

[www.ncdhhs.gov](http://www.ncdhhs.gov)

VR employment services provide opportunities to persons who have mental, physical, or learning disabilities that prevent them from getting and keeping a job. Wake County residents may call or apply in person for services.

NC Labor Department Wage and Hour Bureau.....807-2796

[www.nclabor.com](http://www.nclabor.com)

Responsible for enforcement of Wage and Hour Act, wage disputes, info on youth employment laws, controlled substance examination, and personnel services companies. Also at 1 800 NC LABOR

NC State Industrial Commission.....807-2500

[www.ic.nc.gov](http://www.ic.nc.gov)

430 N. Salisbury Str., Raleigh, NC 27601

Workmen's compensation dispute claims handled. Also at 1 800 688-8349

Apprenticeship USA.....1-866-487-2365

[www.dol.gov/apprenticeship](http://www.dol.gov/apprenticeship)

Earn and learn. Apprenticeship USA offers opportunities to earn a salary while learning the skills necessary to succeed in high-demand careers. Apprenticeship USA exemplifies high standards, instructional rigor and quality training.

NC Triangle Apprenticeship Program.....946-7096

[www.nctap.org](http://www.nctap.org)

Partnership between NC Triangle Region industry, community colleges, high schools (public, charter, private, and home) and the North Carolina Apprenticeship and Training Bureau. An apprenticeship combines on-the-job training with formal lectures and hands-on learning. NCTAP has a wide variety of opportunities for high-demand careers that include: Welding Fabricator, CNC Machinist, Mold/Plastics Technology, Sheet Metal Fabrication, Machine assembly and repair, Electronics Technician, Automation.

## **Jobs for Life**

Jobs for Life (JfL) is a national non-profit organization that offers a unique solution to poverty and joblessness in communities and for individuals across the country. Jobs for Life equips churches and community organizations with the materials they need to lead JfL classes, teaching men and women timeless biblical principles concerning work and the ways those principles are applied in the marketplace. With JfL, communities and businesses are transformed through the dignity of work.

Dorcas Ministries, 469-9861, 187 High House Rd, Cary NC 27511 [www.dorcas-cary.org](http://www.dorcas-cary.org)

Community of Hope, 201-1211, 601 St. Mary's St, Garner NC 27529  
[www.communityofhopeministries.org](http://www.communityofhopeministries.org)

Trinity Baptist Church, 787-3740, 4815 Six Forks Rd, Raleigh NC 27609  
[www.tbcraleigh.com](http://www.tbcraleigh.com)

North Raleigh Ministries, 850-9735, 9650 Strickland Rd #161, Raleigh NC 27615  
[www.northraleighministries.com](http://www.northraleighministries.com)

Neighbor to Neighbor, 833-7218, 1200 S. Blount St, Raleigh NC 27601  
[www.n2noutreach.org](http://www.n2noutreach.org)

The Encouraging Place, 834-7626, 1012 N. Blount St, Raleigh NC 27604  
[www.theencouragingplace.org](http://www.theencouragingplace.org)

Edenton Street UMC, 832-7535, 228 W. Edenton St, Raleigh NC 27603 [www.esumc.org](http://www.esumc.org)

Northpark Church, 790-9898, 600 Mt. Vernon Church Rd, Raleigh NC 27614  
[www.discovernorthpark.com](http://www.discovernorthpark.com)

Catholic Charities, 790-8533, 3000 Highwoods Blvd Ste.128 Raleigh NC 27604  
[www.catholiccharitiesraleigh.org](http://www.catholiccharitiesraleigh.org)

Grace AME, 834-9286, 1401 Boyer St Raleigh NC 27610 [www.graceamezionchurch.org](http://www.graceamezionchurch.org)

Salvation Army of Wake County, 828-0911 or 688-7308 x. 26, 1863 Capital Blvd, Raleigh NC 27611 [www.wakearmy.com](http://www.wakearmy.com)

Friendship Chapel Baptist Church, 556-1759, 237 Friendship Chapel Rd, Wake Forest NC 27587 [www.friendship-chapel.org](http://www.friendship-chapel.org)

Dew4Him Ministries, 868-5931, 614 Arendell Ave, Zebulon NC 27597 [www.dew4him.org](http://www.dew4him.org)

Step Up Ministries, 781-0156, 1701 Oberlin Rd. Raleigh NC 27608  
[www.stepupministry.org](http://www.stepupministry.org)

## ENTREPRENEURIAL RESOURCES

Good Work, 682-8473, [www.goodwork.org](http://www.goodwork.org)

N.C. Small Business Technology Development Center, 715-7272.  
[www.sbtcd.org](http://www.sbtcd.org)

N.C. Cooperative Extension, 515-2813, [www.ces.ncsu.edu](http://www.ces.ncsu.edu)

N.C. Institute for Minority Economic development and Women's business Center, 956-8889, [www.theinstitutenc.org](http://www.theinstitutenc.org)

U.S. Small Business Administration, 404-331-4999, [www.sba.gov](http://www.sba.gov)

The Small Business Resource Guide (City of Raleigh office of Economic Development), 996-2707, [www.raleigh4u.com](http://www.raleigh4u.com)

Wake Tech Small Business Center, 335-1001, [www.waketech.edu](http://www.waketech.edu)

Business Link North Carolina, (1)800-228-8443 or 807-4280, [www.BLNC.gov](http://www.BLNC.gov)

[www.ncreal.org](http://www.ncreal.org) Training on how to start a business

[www.doi.com](http://www.doi.com) Business insurance information

[www.self-help.org](http://www.self-help.org) loans for all kinds of businesses including micro loans

[www.score.org](http://www.score.org) Mentoring and technical assistance one-on-one for your business

[www.hcacarolina.org](http://www.hcacarolina.org) Technical training and business opportunities for construction, landscaping, and cleaning businesses

**FORMER OFFENDER RESOURCES**

**DOC Office of Transition Services.....825-2739**  
[www.doc.state.nc.us/rap/OTS](http://www.doc.state.nc.us/rap/OTS)

**Community Success Initiative.....715-0111 x.216**  
1830-B Tiller Place Raleigh 27604  
[www.communitysuccess.org](http://www.communitysuccess.org)

**NO FINANCIAL ASSISTANCE!** Through a network of community partners, we work with men and women in prison, former prisoners, people in transition, and their families through our "Resource Center Without Walls". We provide small group trainings and individual mentoring in general life skills, leadership, entrepreneurship, financial literacy, and areas related to transitioning back into family and community life.

**Step Up Ministries.....781-0156**  
1701 Oberlin Rd., Raleigh 27605  
[www.stepupministries.org](http://www.stepupministries.org)

Providing second chances for those committed to living independent, responsible and constructive lives. A year long program focusing on education and job preparation. Some job placement provided.

**NCWorks Career Center.....212-7000**  
220 Swinburne Street, 3<sup>rd</sup> floor Wake County Human Services  
Wake County Human Services operates two programs through the Workforce Investment Act: 1) Adult Program; 2) Dislocated Worker Program. Both offer assistance with job search and/or training to assist customers in re-entering the workforce. The WIA Adult Program determines eligibility on an individual basis based on the individual's employment or economic situation. The WIA Dislocated Worker Program assists persons who have lost their job due to layoffs, plant closings, economic downturns or natural disasters. 4 to 6 month waiting list.

**Passage Homes.....834-0666**  
712. W. Johnson Str., Raleigh 27603  
[www.passagehome.org](http://www.passagehome.org)  
Providing re-entry and support services for female ex-offenders and their children.

**Petite a Petite Support Group Inc.....201-960-3061**  
4207 Village Crossway, Cary, NC 27518  
[www.petite-a-petite.org](http://www.petite-a-petite.org)

Our purpose is to help recently adjudicated felons, with the resources to become productive citizens in the Wake county community. This is achieved by resume building, training in computer programs, access to food pantries, homeless shelters, aid in addictive behavior, as well as help to obtain voting rights as well as state identification.

Second Chance Alliance.....856-3194  
224 S. Dawson Str., Raleigh 27601 or 861-2061  
[www.ncjustice.org](http://www.ncjustice.org)

Advocacy agencies working together to achieve the safe and successful reintegration of adults and juveniles returning home from incarceration by promoting policy that removes barriers to productive citizenship. *Details regarding expunction of criminal records and certificates of relief.*

Diversity Community Foundation.....888-521-7986  
410 N. Boylan Ave, Raleigh 27603  
[www.dcfcare.org](http://www.dcfcare.org)

A nonprofit organization 501 c(3) that provides academic, social and educational services for youth ages 8 through 21 who have a disadvantage due to lack of financial and social acceptability, education, job skill or experience. This program provides access to educational, literacy advancement, life skills, athletics, cultural enrichment and career readiness for those who have the desire and drive to excel, but historically have not been granted the opportunity or access to programs that enhance that desire.

NC Division of Workforce Solutions (formerly :Employment Security Commission.....715-0111  
1830-B Tillery Pl., Raleigh 27604  
[www.ncworks.gov](http://www.ncworks.gov)

To file an unemployment claim: <https://desncc.com> or 877-841-9617  
Questions about a claim, email: [des.ui.customerservice@nccommerce.com](mailto:des.ui.customerservice@nccommerce.com)  
File weekly certification: [www.ncesc.com](http://www.ncesc.com) or 888-372-3453

Assists job seekers with criminal background, older workers, summer youth, persons' with disabilities, veterans, and displaced homemakers. Computers, printer, fax machine available for job search ONLY. Employment advisors are available to provide assistance, guidance, and referrals. Note: There are several career centers in Wake County. For other locations and hours of operation, visit website at [www.ncworks.gov](http://www.ncworks.gov)

Fathers Forever.....779-9905  
2421 Timber Drive, Raleigh 27604

[www.afatherforever.com](http://www.afatherforever.com)

Fathers Forever is a non-profit organization that serves as a map to help fathers chart a new course of fatherhood. Our aim is to make a lasting impression and difference in the lives of fathers through classes and support groups. Fathers Forever's first priority is fathers who are delinquent in their child support payments. The Judicial System can refer participants to us as a jail diversion and Child Support agencies can refer clients to us as a preventative measure. We will also take referrals from other community support agencies.

North Carolina Prisoner Legal Services Inc.....856-2200  
1110 Wake Forest Rd., Raleigh 27604

[www.ncpls.org](http://www.ncpls.org)

Non-profit agency protecting client's constitutional rights by challenging illegal convictions and sentences. Also monitors of conditions in county jails throughout the state.

Triangle Restoration House Inc.....491-4138  
501 E. Lane Str., Raleigh 27601

[www.trianglerestorationhouse.com](http://www.trianglerestorationhouse.com)

Primary work is with women who have been previously incarcerated. We work to rebuild lives, encourage self-efficiency, teach essential life skills, facilitate family unification, and promote financial independence. Triangle Restoration House will be able to connect with women after reentry

#### FINANCIAL ASSISTANCE

American Red Cross.....231-1602

[www.triangleredcross.org](http://www.triangleredcross.org)

100 North Peartree Lane, Raleigh 27610

Providing assistance for disaster or disaster related crises such as flood, fire, and severe weather, etc.

Church Net.....569-0020

121 East South Ave., Wake Forest 27587

[www.wakeforestnc.gov/hope](http://www.wakeforestnc.gov/hope)

A partnership between the Town of Wake Forest and Church Net to provide residents with assistance for Town of Wake Forest, Rolesville, and Youngsville past due utilities. Church Net determines who receives assistance and in what amounts .ID and social security cards required. Hours are Tuesday 9-11:30a; Thursday 12:30-3p with no appointment.

Dorcas Ministries..... 469-9861

187 High House Rd, Cary 27511

[www.dorcas-cary.org](http://www.dorcas-cary.org)

Monday- Friday 9a- 3p. Sign in by 2:30p. Emergency financial assistance for rent, utilities, and prescriptions for only residents of Cary and Morrisville areas. Food pantry, gas, educational, and childcare assistance also available. Proof of residence and picture ID required.

First Presbyterian Church Outreach Ministry ..... 833-4070

112 S. Salisbury Str.,Raleigh, NC 27601(physical)

120 W. Hargett Str., Raleigh, NC 27601(mailing)

[www.fpcraleigh.org](http://www.fpcraleigh.org)

Must call for an appointment: Tuesdays starting 9:30 until appointments are filled. Must be working at least 30 hours or disabled or retired receiving assistance, some type of benefits. Please provide Identification and income information

Garner Area Ministries.....772-9100

562 Village Court, Garner, NC 27529

[www.gam-nc.org](http://www.gam-nc.org)

Monday- Friday, 9-12 p.m. Serves residents of Garner and closely surrounding areas (zip codes 27603, 27610). Past due utilities and rent (no eviction required).Provide identification and income information. Food and clothing pantry available.

Lifeline & Link-up (NC Utilities Commission) .....733-9277

[www.usac.org](http://www.usac.org)

Low income individuals receiving SSI, Food Stamps, Medicaid, WorkFirst or housing assistance can apply for discounts for basic telephone service.

Assurance Wireless.....888-898-4888

Safe Link Wireless.....800-977-3768

Love in the Name of Christ.....780-4211

6339 Glenwood Ave., Raleigh 27612

Love in the Name of Christ is a ministry that seeks to assist those who are in need of financial assistance through a referral process. Amount of assistance determined with assessment of emergency situation and verification of legitimacy. Referrals provided to other organizations also. Please call Monday thru Friday 9a-5p.

North Raleigh Ministries.....844-6676

9650 Strickland Rd, Ste.161, Raleigh 27615

[www.northraleighministries.com](http://www.northraleighministries.com)



Mon. or Thursday. Call for appt. between 10a-3p & Tuesday or Wednesday from 10a-12:30p. Help with rent, prescriptions, utilities, food. Valid NC driver's license/photo ID Social security card for all household members (originals, no copies) All current household bills (anything that is paid monthly) from last two months, Copy of current signed lease or mortgage agreement, Proof of any household income from last two months, Documentation of cause of crisis, like car repair, layoff, or medical bill.

Serves Raleigh residents in zip codes 27604, 27609, 27612, 27613, 27614 and 27615 & 27616

Sacred Heart Cathedral.....832-6030

Door Ministry for appts.—16 N. Dawson Street Raleigh

[www.sacredheartcathedral.org](http://www.sacredheartcathedral.org)

Please call to find out our current scheduling times and scope of financial help. Assisting with delinquent rent or eviction summons ONLY. Must have identification and eviction summons or late notice on landlord letter head ONLY. Closed for the summer (early June to after Labor Day).

Southern Wake Faith Community in Action.....567-8100

[www.helpsouthwake.org](http://www.helpsouthwake.org)

605 Bridge Street, Fuquay Varina 27526

Tuesday and Thursday, 9am-11:45 am. Fuquay Varina and Willow Springs residents only. Will consider help for electric, gas for heating, prescriptions, eviction. Must provide identification, proof of income, proof of expenses.

Triangle Family Services/Emergency & Housing Services Assistance Program.....861-1195 (intake)/821-0790

3937 Western Blvd., Raleigh, NC 27603 (main office)

[www.tfsnc.org](http://www.tfsnc.org)

Financial services for eligible families with rent, utilities, and transportation. Group case management and financial skill building offered for those families in TFS programs. Emergency housing assistance for eligible families with minor children.

Under One Roof.....834-2437

1637 Old Louisburg Rd Raleigh 27604 (Tillery Place)

[www.aas-c.org](http://www.aas-c.org)

Financial assistance with rent, utilities, and transportation for persons with HIV/AIDS by appointment only.

**Wake County Human Services – Energy Program**  
 220 Swinburne Street, Raleigh, NC 27610.....212-7000  
 130 N. Judd parkway NE (Southern Regional).....557-2501  
 350 E. Holding Ave., Wake Forest (Northern Regional).....562-6300  
 1002 Dogwood Drive, Zebulon (Eastern Regional).....404-3900  
 Monday- Friday 7:30 a.m. - 5:00 p.m. @ Swinburne (Times at regional center may differ) Assistance with utility with final or disconnect notice. Persons may apply on the date of final notice. (October begins the heating season and applicant requiring gas for heating purposes may apply at that time for help) Must be income eligible and meet other criteria. Please provide picture ID for applicant, SSN for all HH members, current income information for ALL sources of income in the home for all persons required, lease required for deposits. It is applicant’s responsibility to provide the documentation required to complete requests. WATER BILLS & RENT assessed with final notice and/or eviction summons from TANF-EA funding (July 1 - Nov 30, and then April 1 - June 30 or until funds are exhausted.. Food referrals and other community resource information also available. LIEAP applications will begin in December for 60 year and older persons and households with disabled person receiving DAAS services ONLY! All other households may apply for LIEAP beginning the first working day in Jan.

**Triangle East Fellowship of Churches.....365-6557**  
 421 Mattox Str., Wendell 27591  
 Call to apply. Cases assessed on individual basis. Rent, electric, and fuel one time per year to WENDELL RESIDENTS ONLY.

**Western Wake Crisis Ministries..... 362-0657**  
 103 E Chatham St., Apex, NC 27502  
[www.wwcm.org](http://www.wwcm.org)  
 Monday-Thursday 10:00 a.m. – 12:30p.  
 Serves Apex, Holly Springs, & New Hill areas. Must provide ID, proof of address, and proof of crisis. Requests for residents seeking help with Energy, housing, repairs, and prescription assistance will be considered.

**NC Lighthouse Foundation.....306-1031**  
 4700 Falls of Neuse Rd, Ste. 110, Raleigh , NC 27609  
[www.NCLighthouseFoundation.org](http://www.NCLighthouseFoundation.org)  
 NCLF provides support to chronically ill medically underserved individuals who are struggling financially to make their health care a priority. Application/referral is available on website. Self- referrals are welcome.

**Moratorium of Utilities (Requirements for North Carolina)..212-7000**

**Moratorium is a prohibition against disconnecting service to residential customers (during a designated time period) who meet eligibility requirements established by the North Carolina Utilities Commission**

**North Carolina Moratorium Period - November 1 through March 31 - 5 month**

**To qualify annually under the moratorium provision, a customer must establish ALL of the following: (1) Someone in the customer's household must be either handicapped, elderly (65 or older), or both. (2)Customer cannot pay his/ her account in full, nor installments to bring the account into balance within 6 months. (3)The county Department of Social Services which administers the ENERGY CRISIS ASSISTANCE PROGRAM has certified that the household is eligible to receive such assistance(130% of poverty level income requirements), regardless of availability of funds. (DSS will present the customer with a "Certification Utilities Moratorium" to be mailed /faxed to Duke Energy Progress, 9700 David Taylor Drive, Charlotte, NC 28262-2363, if eligibility is met.)**

**To apply, please contact your local Dept. of Social Services office Energy Program 212-7000**

**FOOD RESOURCES**  
**FOOD PANTRIES**

**Food Bank of Eastern/ Central NC.....875-0707**

**3808 Tarheel Dr., Raleigh 27608**

**Open 8:30a-5p Monday-Friday**

**North Carolina Food Bank**

**[www.foodbankcenc.org](http://www.foodbankcenc.org)**

**Can provide zip code specific information regarding emergency food pantry participating locations.**

**One Harvest Food Ministries.....845-0470**

**Triangle Christian Center, 11100 Fellowship Dr., Raleigh 27617**

**[www.oneharvest.com](http://www.oneharvest.com)**

**Providing discount food orders purchased in bulk. Pre-ordering required. Cash transactions preferred, however some locations accept money orders debit, credit card orders, and EBT. No income restrictions. See website for list of other participating locations and monthly menu offering.**

**Brooks Avenue Church of Christ.....821-2400**

**700 Brooks Avenue, Raleigh, NC 27607**

**[www.brooks.org](http://www.brooks.org)**

Food Pantry every 2<sup>nd</sup> and 4<sup>th</sup> Saturday of each month, 9:00 a.m. - 12:00 noon. ID required. No referral required.

Capital City Christian Church.....851-5958  
4131 Western Blvd., Raleigh 27606  
1<sup>st</sup> and 3<sup>rd</sup> Mondays of the month; 11:30am-12:30pm. Serving zip codes 27603, 27606, 27607.

Catholic Parish Outreach ..... 873-0245  
2013 North Raleigh Blvd., Raleigh 27604  
[www.cporaleigh.org](http://www.cporaleigh.org)  
Monday through Saturday, 10:00am-1:00pm. *Referral required*. I.Ds required for all family members receiving assistance. Provides up to a week of groceries once every 30 days.

Cornerstone Ministries Group Inc.....937-2764  
303 E. Durham Rd Ste. G1, Cary 27511  
[ww.cornerstoneministresradio.com](http://www.cornerstoneministresradio.com)  
Food Bank services provided Thursday from 6:30p-1:30p. Free ESL classes, computer literacy, job search assistance, and drug prevention counseling, immigration services and attorneys for low income clients provided also.

Dorcas Ministries.....469-1351  
187 High House Rd., Cary 27511  
[www.dorcas-cary.org](http://www.dorcas-cary.org)  
Monday -Friday, 10:00 a.m. - 1:00 p.m; Sign in by 12:30 p.m. Serves only residents of Cary and Morrisville. ID and proof of residence required.

Fuquay Emergency Food Pantry .....552-7720  
216 West Academy Street, Fuquay Varina, NC 27526  
[www.fvfoodpantry.com](http://www.fvfoodpantry.com)  
Open Tuesday 9:00 a.m. –11:45; and Thursday 3:00 – 5:45 p.m. Fuquay Varina, Willow Springs and Holly Springs residents only.

Garner Area Ministries.....772-9100  
564 Village Court, Garner 27529  
[www.gam-nc.org](http://www.gam-nc.org)  
Monday- Friday, 9:00am-12:00noon. Must be a resident of the Garner area or zip code 27603 and 27610. Every 3 months. Some gas assist available.

Longview United Methodist Church ..... 834-7554  
2312 Milburnie Rd., Raleigh, NC 27610

Food pantry on 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays 12:30pm – 3:30pm. Must be a resident of Raleigh, ID required.  
**MUST CALL FOR AN APPOINTMENT.**

North Raleigh Ministries..... 844-6676  
9650 Strickland Rd., Ste. 161, Raleigh, NC 27615  
[www.northraleighminities.com](http://www.northraleighminities.com)  
Food pantry by walk-in or appointment, Monday through Thursday 10:00am – 1:00pm. Must present picture ID, Social Security card, and proof of address (Must be a resident in zip code 27609, 27612, 27613, 27614, or 27615).

Salvation Army..... 834-6733  
1863 Capital Blvd., Raleigh, NC 27601  
[www.wakearmy.org](http://www.wakearmy.org)  
Call for appt. on Tues-Thurs at 1p.m. Appointments can be made up to two weeks in advance. May receive food assistance once every 3 months. Must bring a photo ID for applicant and some form of ID for all other member (picture ID, shot records, school records, Medicaid or insurance card) and proof of residence. Individuals or families must have a permanent residence to receive the food bags.

Tri-Area Ministries .....556-7144  
149 E. Holding Ave., Wake Forest, NC 27588  
[www.triareaministry.com](http://www.triareaministry.com)  
Open Monday, Wednesday, Friday 9:00 a.m. – 12:00 p.m.  
Serves mainly Wake Forest, Rolesville and Youngsville residents.

Under One Roof.....212-7801  
3000 Falstaff Rd, Raleigh 27610  
[www.wakegov.com](http://www.wakegov.com)  
Free counseling, financial assistance and initial intake by appointment only. Mon. 9a-4:30p, Tues. 9a-5p, Wedn. 9a- 5p, Thurs. 9a-5pFriday 9:00 a.m. – 4:30 p.m. The food pantry remains at 1812 Tillery Place hours: 12:30-4p Tues, Wedn. and Thurs.

Urban Ministries Crisis Intervention Center .....836-1642  
1390 Capital Blvd., Raleigh 27603  
[www.urbanmin.org](http://www.urbanmin.org)  
Food and prescription assistance available on walk-in first come basis Monday- Friday 9:00 a.m. – 1:00 p.m.  
Limit 25 people per day, subject to availability. Every 3 months.

Referrals made to other agencies for food also. Please provide photo ID with full name and date of birth, proof of Address, an acceptable form of ID for all family members to receive benefits, documentation of income/expenses for household.

Wake Relief ..... 833-6400  
616 Tucker St., St Saviors Church (bottom floor), Raleigh, NC 27603  
[www.wakerelief.org](http://www.wakerelief.org) or [www.saintsaviourcenter.org](http://www.saintsaviourcenter.org)  
Mondays and Tuesday 1pm-3pm; Wednesday and Friday 10:00 a.m. - 12:00 noon & 4<sup>th</sup> Saturday of the month. Wake County Human Services/Financial Case Manager referral required. Will provide a week's supply of groceries given to clients screened & referred to us by WCHS every 60 days. If client is referred from an agency other than Wake Co. Human Services, then client is limited to assistance once per year.

**\*\*DIAPER TRAIN-** Families with a referral from an approved referring agency may come to Saint Saviour's Center on Tuesday or Thursday between 10:00 a.m. and 12:00 noon to receive diapers. Families must reside in Wake County, NC. Triangle Family Services 821-0790 x. 142 is also a referring diaper train agency distributing Friday Mornings. Please call to schedule an appointment.  
[WWW.DIAPERTRAIN.ORG](http://WWW.DIAPERTRAIN.ORG)

Western Wake Crisis Ministries..... 362-0657  
103 E Chatham St., Apex, NC 2750  
[www.wbcm.org](http://www.wbcm.org)  
Monday, Tuesday, Wednesday and Thursday 10:00 a.m. - 1:00 p.m.  
Serves Apex residents. Must provide ID and current utility bill.

With Love from Jesus.....233-8010  
421 Chapanoke Rd., Raleigh 27603  
[www.withlovefromjesus.org](http://www.withlovefromjesus.org)  
Distribution behind shopping center. Tuesday, Wednesday, Friday & Saturday from 9:30am-Noon. Please arrive 30 minutes prior to closing time in order to shop. Guests arriving between 9:30 and 10:00 receive food only. No ID, proof of residence, or referral needed.

The Women's Center ..... 829-3711  
112 Cox Avenue, Raleigh 27605  
[www.wcwc.org](http://www.wcwc.org)  
Resource for single women and women with children. Services include food for improved nutrition, access to transportation (bus tickets), personal hygiene products, emergency food and food referrals, clothing, direct

financial assistance, mail and message services, access to a phone, and aid in obtaining an identification card (vital to their ability to access other community services) and a criminal record check.

**A Place Called Hope.....662-8059**  
3807 Junction Blvd. Garner, NC 27529  
[www.apchchurch.com](http://www.apchchurch.com)  
Food distributed on Wednesday 11 a-2p.

**Morrison Outreach Ministries of Transformation Christian Center**  
2300 Westinghouse Blvd. Ste. 102, Morrisville.....521-6346  
Thursdays 11a.m.-12p.m.

**Community Gardens**  
[www.raleighnc.gov](http://www.raleighnc.gov)

**Food Cooperatives**  
[www.ncfoodcoop.com](http://www.ncfoodcoop.com)

#### FOOD-MEALS

**Hallelujah Soup Kitchen.....538-2106**  
1904 S.Wilmington Str. Raleigh 27603  
[www.gods-helpers.org](http://www.gods-helpers.org)  
Breakfast served Monday-Friday 7:15a-9a

**First Baptist Church ..... 832-1649**  
101 S. Wilmington St., Raleigh, NC 27601.  
[www.fbcraleigh.org](http://www.fbcraleigh.org)  
Sunday, breakfast served at 8:30 a.m. for homeless who attend 7:30 a.m. service.

**Shepherd's Table Soup Kitchen ..... 831-2010**  
125 Hillsborough Str., Raleigh, NC 27603  
[www.shepherds-table.org](http://www.shepherds-table.org)  
Monday- Friday, hot lunch served 11:00 a.m. - 12:00 noon.

**Salvation Army..... 834-6733**  
1863 Capital Blvd., Raleigh, NC 27601  
[www.wakearmy.org](http://www.wakearmy.org)  
The evening soup line is open to the public Monday- Friday from 5:00 p.m. until 6:00 p.m. No identification information is required to receive a meal through the soup line – *the soup kitchen is open to all members of the community.*

**The Women's Center ..... 829-3711**  
112 Cox Avenue Raleigh 27605

[www.wcwc.org](http://www.wcwc.org)

For homeless women only. Monday and Wednesday, lunch served 11:30 a.m.

**Oak City Outreach Center.....812-5546**

215 ½ South Person Str. Raleigh 27601

Serving meals on Sat and Sun from 9a-6p.

**Meals on Wheels.....833-1749 or 832-2592**

1001 Blair Drive, Raleigh 27603

[www.wakemow.org](http://www.wakemow.org)

Home delivered meals for the disabled and home bound seniors. The prospective applicant or a family member or caregiver can apply to receive meals over the phone. Please call 919-833-1749 from Monday to Thursday from 2 to 4 p.m. and Friday from 9 to 11 a.m., to begin our application process today. Disabled residents under 60 can qualify for our program if they meet certain criteria. For more information about this service please call. Our congregate dining program serves anyone who is 60 or older and can get to one of our dining sites located throughout Wake County. We ask that participants please call (919) 833-1749 or one of our dining sites to make a reservation for meal service. See webpage for dining site locations in Wake County.

#### FNS/SNAP Benefits

**Wake County Human Services ..... 212-7000**

220 Swinburne Road, Raleigh, NC 27610

Residents of Wake County may apply for FNS benefits by going to [www.epass.nc.gov](http://www.epass.nc.gov). Those without computer access may visit Human Services between the hours of 7:30a-4p to use the self-service center on site to apply. In order to determine eligibility for assistance, the following information will be needed for household members: birth certificates, Social Security numbers, ID of head of household, verification of rent and utilities, all pay stubs for the prior 2 months and verification of any other income such as child support, self-employment income and contributions, bank statements (if applicable).

**WIC (Women, Infants, and Children) PROGRAM.....250-4728 or 250-4720**

Public Health Center

10 Sunnybrook Road, Raleigh, NC 27610



[www.nutritionnc.com/wic](http://www.nutritionnc.com/wic)

Monday- Friday 8:30 a.m. – 4:30 p.m. Call to schedule an appointment to apply. Bring proof of identification, residence and household income. Eligibility based on income and nutritional need. WIC is a food supplement program for pregnant women, breastfeeding who have had a baby in the last 12 months, women who have had a baby in the last six months and children under five. Vouchers are given out for food that includes milk, formula, cereal, fruit, juice, and beans. Wellness Clinic for infants is also available here.

#### HOUSING –EMERGENCY SHELTERS

Easter Seals UCP of North Carolina-ASAP.....783-8898  
5171 Glenwood Ave., Raleigh 27612

[www.easterseals.com/NCVA](http://www.easterseals.com/NCVA)

Provides emergency respite and planned respite care to children ages 3-21 of fragile families with mental health diagnosis, substance abuse, and/ or intellectual or developmental disabilities. Services provided by trained professional and/ or volunteers in home of host family.

The Healing Place (Men’s Facility)..... 838-9800  
1251 Goode Drive, Raleigh, NC 27603

[www.healing-transitions.org](http://www.healing-transitions.org)

Serving homeless men from Wake County, ages 18 and older. Offers overnight shelter, 3-5 day non-medical detox center, 7-12 month long-term recovery program. Beds are available seven days a week on a first-come, first-served basis. The Healing Place does not turn away people who are intoxicated.

The Healing Place (Women's Facility)..... 838-9800  
3304 Glen Royal Road, Raleigh, NC27617

[www.healing-transitions.org](http://www.healing-transitions.org)

Serving homeless women from Wake County, ages 18 and older. Offers overnight shelter, 3-5 day non-medical detox center, 7-12 month long-term recovery program. Pregnant women may stay in the overnight shelter but are not admitted to detox or the recovery program. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, women must be at the Women's Center (112 Cox Avenue, Raleigh) by 3:15 pm each day for the van pick-up.

The Helen Wright Center for Women..... 833-1748  
401 W. Cabarrus Street, Raleigh, NC 27603.....833-7500

[www.urbanmin.org](http://www.urbanmin.org)

Serving homeless women, no families. Please call or stop by to be placed on the waiting list. Open 24 hours a day on weekend, closed 9:00am to

4:00pm weekdays. You will be contacted when a bed is available.  
Emergency housing begins at 6:00 p.m. and ends at 7:00 a.m. Participation in case management services is required for all new clients. Initial stay is two months; assigned case manager must approve extensions.  
**\*\*Emergency Housing is available during White Flag nights\*\***

**Interact of Wake County..... 828-7740**  
1012 Oberlin Rd, Raleigh 27605  
[www.interactofwake.org](http://www.interactofwake.org)  
Shelter for victims of domestic violence. Call for assistance. Average 1-2 month length of stay. All meals provided.

**Raleigh Rescue Mission**  
314 E. Hargett Street, Raleigh, 27601  
[www.raleighrescue.org](http://www.raleighrescue.org)  
Men (Recovery & Rehab).....828-9014 ext.147  
Women: (Recovery & Rehab).....828-4980 ext.109  
Homeless men, women, & families  
**Men:** Elderly men (age 55 and up) and men who have never stayed with us before receive priority placement. To request a bed, men must line up on the ramp in front of the Mission at 2:45pm.  
**Women:** Emergency Shelter - Women/ and or women and children's emergency beds are assigned based on availability, Mon – Fri (closed on weekends and holidays). Arrive at 3:30pm to find out about availability. Male children must be 10 years or younger. The elderly and moms with children who have never stayed with us before receive priority placement.

**Safe Space Inc.....(Business Line)497-5599 or(Crisis Line) 497-5444**  
[www.ncsafespace.org](http://www.ncsafespace.org)  
Domestic violence shelter for Franklin county and surrounding counties. All services are provided confidentially. Crisis line operates 24/7. Open Mon-Fri 9am-5pm. Assistance shelter, financial, court advocacy, and support groups available.

**Salvation Army..... 834-6733**  
1863 Capital Blvd., Raleigh, NC 27601  
[www.wakearmy.org](http://www.wakearmy.org)  
Women with children up to age 17. Must arrive at 4:30pm for overnight shelter. Walk-ins after 3:30 are welcome for the 30 night program but must Call to get on waiting list. Case management once per week, meals three times per day, weekly parent support groups & workshops, tutoring for children, access to a children's medical clinic, and access to our after-school program. Must pass a drug test on admission.

**South Wilmington Street Center.....857-9428**  
1420 South Wilmington Street, Raleigh, NC 27603  
[www.wakegov.com/humanservices/locations/swsc](http://www.wakegov.com/humanservices/locations/swsc)  
Homeless men, age 18 and older. Hours/Days: 7 days, 24 hours. Check-in is from 5:00 p.m. – 7:00 p.m. (anytime for new guests). Emergency shelter beds distributed daily using a lottery system, except for new guests who are guaranteed a bed for their first night only. All guests have access to services such as meals, comprehensive case management, and information and referral assistance. A transitional program and access to permanent housing assistance is also available to those motivated to become self-sufficient. *The shelter will provide a bed to those who have a doctor’s note and are suffering from an illness. They have a medical respite bed program and a person can stay up to 14 days in the shelter.*  
*\*Overflow emergency shelter is available during winter White Flag nights.*

**PLM Families Together.....(Administrative Office)212-1123 x. 233**  
908-101 Plainview Drive  
[www.plmft.org](http://www.plmft.org)  
Families with children (working or with a source of income)  
Families that are “literally” homeless — meaning they have no place to go and are living in places not meant for habitation, are served by PLM Families Together by moving into one of our short-term housing apartments. PLM also offers a Rapid Rehousing program for families that have lost housing but have found temporary housing with family or hotels. Once in this program, a family stays where it is, but has immediate access to a Mentor Advocate (Masters-level Social Worker), who guides and empowers them as they seek permanent housing. Financial assistance from PLM Families Together is provided for initial rent costs and gradually decreases as families meet their goals. Call to make a referral or schedule a screening assessment Mon-Fri. 9am-5pm.

**Wake Interfaith Hospitality Network..... 832-6024**  
Day Center – 903 Method Road, Raleigh, NC 27606  
[www.wihn.org](http://www.wihn.org)  
Married Couples with or w/out children; single persons with minor children, single pregnant women in 1<sup>st</sup> or 2<sup>nd</sup> trimester. Short-term shelter program; application and background check required. Support services provided. Must be prepared to work, be already working, or have some form of reliable income. Must have completed treatment if there is a known history of substance abuse. Assessment and referrals from service agencies preferred. Intake hours are Monday through Friday, 7:00 a.m. - 6:00 p.m. at the Day Center. The Transitional Housing Program provides 12 units of

housing for homeless families. It serves each family for a period up to one year.

**Wrenn House (Haven House)..... 833-7866**  
908 W. Morgan Street, Raleigh, NC 27607  
[www.havenhousenc.org](http://www.havenhousenc.org)

The Outreach Center-- Adolescents aged 10-17. Crisis intervention program for youth/families. 24 hour Telephone Crisis hotline: 832-7865. 24 hour walk-in services; temporary shelter for homeless runaway and other youth in crisis aged 10 – 17 years. Maximum length of stay, 21 days. Outreach through Project Safe Place aftercare services. Individual, group and family counseling provided.

The Transition in Place Program--The purpose of the program is to teach these young adults the skills necessary to become self- sufficient in the community. Participants are eligible for services through the outreach center and are provided intensive support from case managers. Transition in Place Program uses a Scattered Site model that empowers participants to make successful transitions into permanent, market-rate housing. Clients will receive support from the Haven House Street Outreach Center before formally entering the program to prepare them for successful participation and to ensure eligibility. Housing subsidies can be provided for up to 18 months. The Transition in Place program works with young adults that range in age from 18 to 21.

**\*\*White Flag Initiative:** White Flag (WF) is a coordinated effort among area shelters to provide emergency overflow shelter to homeless persons in the event of severe weather conditions. In extremely cold or extremely hot conditions, the WF sites will provide shelter beyond their regular capacity. WF events do not include natural disasters such as hurricanes, flooding, or tornadoes; in these events, all citizens will be able to access services at the community disaster shelters.

#### **HOUSING-TRANSITIONAL HOUSING**

**St. Paul's AME Men's Empowerment Center.....834-3734**  
412 Capital Blvd., Raleigh 27606  
Housing for men. Has a capacity of 40 beds in a shared living space. \$60 per week. Meals provided. Call on Mondays for bed availability. Service provided on a first-come-first served basis.

**The Caring Place..... 462-1800**  
919 Kildaire Farm Rd., Cary 27511  
[www.thecaringplace.org](http://www.thecaringplace.org)  
Working Families with children

For every family that is accepted into the program, The Caring Place provides: (1)A furnished apartment home. (2)Rent and utilities. (3) Support Partners, who help in teaching families how to balance a checkbook; create and follow a budget; improve career opportunities; and start a savings program. (4) Children’s program that works with and assesses the needs of each child. The candidate families that are accepted enter into a four-month life-skills training program that provides counseling on financial management, budgeting, goal setting, time management and self-sufficiency

**Incentive Housing Dormitory (IHD).....856-6109**  
**220 Snow Avenue, Raleigh 27603**  
**Homeless Men Returning to Self-Sufficiency. Capacity for 19 Men. Length of stay is 1-6 Months. Studio Apartments (located inside the Cornerstone Building, Snow Ave.)**  
**Extension of South Wilmington Street Center’s transitional housing program, the program offers intensive case management, substance abuse support, and life skills development; voluntary program with a monthly program fee.**

**Women’s Center of Wake County – Epiphany House ..... 829-3711**  
**112 Cox Avenue Raleigh 27605**  
[www.wcwc.org](http://www.wcwc.org)  
**With funding from the City of Raleigh and contributors, women and families who are facing potential eviction are able to retain their housing. Targeted Prevention uses such criteria. The criteria are: (a) income for the household is less than 30% of area median income and (b) the household lives in one of the following zip codes – 27601, 27603, 27604, 27610, or 27529. The Women’s Center owns two affordable single family homes. These homes are used to provide housing for single mothers with children who earn at or below 40% of area median income. Support services are also provided for these families to insure their ability to maintain housing. Case managers provide support services to maintain families in their housing at Oak Hollow. The same services are provided at Harrington Place for single women. On site services are regularly scheduled at both locations by four case managers. The focus of the services is not only individual support, but activities to build a sense of community among the residents.**

**Fellowship Home of Raleigh ..... 833-6030**  
**506 Cutler Str., Raleigh 27603**  
[www.fellowshiphome.org](http://www.fellowshiphome.org)

Half-way house for men recovering from substance abuse. Referral required. Length of stay averaged 4 to 6 months. Program fee, 11pm curfew, attending AA, and work required during stay.

Passage Homes.....834-0666 x.244  
 513 Branch Str., Raleigh 27601  
[www.passagehome.org](http://www.passagehome.org)

Creech Road House provides re-entry support services for 24 months for mothers exiting prison.

Matthew House provides 12 month program for women with children experiencing homelessness.

Hustead House..... 787-8129  
 3104 Orton Place, Raleigh 27607

Caring for persons with AIDS that need daily care. Five Beds. As Long as Desired. Full services provided by 24 hour staff (cooking, cleaning, pastoral care, etc.)

Oxford House.....395-8192 or (800)689-6411  
[www.oxfordhousenc.org](http://www.oxfordhousenc.org) / or (national website ) [www.oxfordhouse.org](http://www.oxfordhouse.org).

Oxford Houses are a clean and sober housing option for individuals in recovery. North Carolina is part of a network of 1,600 Oxford Houses with more than 13,200 beds. Individuals typically enter an Oxford House after completing a drug and alcohol treatment program. Individuals who are interested in living in an Oxford House apply directly to the house of their choice. Houses are financially self-supporting; members split house expenses, which average \$90.00 to \$125.00 per person per week.

***Kurtis Taylor 919-247-7831 as the Outreach Worker for Wake County***

***Karen McKinnon 919-812-8282 as the Women’s Resource Coordinator for Wake County.***

(There may be locations available that are not listed. Please check web page).

OXFORD HOUSE ARROW WOOD	919-838-9939
OXFORD HOUSE BATTLE RIDGE	919-326-8824
OXFORD HOUSE BRENTWOOD	919-876-0206
OXFORD HOUSE BRINKLEY	919-981-6523
OXFORD HOUSE CARY	919-651-9603
OXFORD HOUSE CROSSLINK	919-755-0603
OXFORD HOUSE FIRELIGHT	919-834-8139
OXFORD HOUSE GARNER	919-329-0325
OXFORD HOUSE HEARTH	919-875-9656
OXFORD HOUSE HOLLY DRIVE	919-844-3543

OXFORD HOUSE JONES FRANKLIN	919-900-8538
OXFORD HOUSE LORIMER	919-851-1756
OXFORD HOUSE MORDECAI	919-325-9753
OXFORD HOUSE NEW BERN	919-803-4943
OXFORD HOUSE NEW HOPE	919-803-4943
OXFORD HOUSE NORTH RALEIGH	919-784-8611
OXFORD HOUSE NORTH HILLS	919-844-8311
OXFORD HOUSE OAKRIDGE	919-468-9306
OXFORD HOUSE POND	919-651-9456
OXFORD HOUSE PINECREST	919-876-9335
OXFORD HOUSE STEEDS RUN	919-803-1046
OXFORD HOUSE STOCKTON DRIVE	919-322-0685
OXFORD HOUSE VAN THOMAS	919-803-5547
OXFORD HOUSE WIMBLETON	919-781-6505

**Emmaus House.....327-2229**

**10 North East Str., Raleigh 27601**

[www.emmaushouseofraleigh.org](http://www.emmaushouseofraleigh.org)

**Providing housing to single men in recovery. Rent fees required. Portion of rent kept in savings plan for residents to move out.**

**Christian Life Home.....510-5400**

**P.O. Box 31705 Raleigh 27622**

[www.christianlifehome.org](http://www.christianlifehome.org)

**Residential maternity home for pregnant women ages 10-23. Cannot have any other children with them. Discharge from home will occur at the time of the discharge from the hospital following child's birth. Women may apply from any of NC 100 counties and from other states in the U.S. Only 6 residents at a time.**

**Southlight.....787-6131**

**3125 Poplarwood Crt. #203, Raleigh 27604 (Admin. Office)**

[www.southlight.org](http://www.southlight.org)

**Pregnant and post- partum homeless substance abusing women. Housing and treatment provided**

**Supervised Independent Living Program is a unique program that recognizes the need for a complete continuum of residential services for the chronically addicted adult with multiple life issues, including homelessness and mental health disorders. Supervised Independent Living is a 6-month transitional housing program for the homeless, chronically addicted adult.**

**AVAILABLE SERVICES--Short Term Housing, Comprehensive Rehabilitation & Substance Abuse Treatment, Life Skills & Daily Living Activities, Job Placement, & Initiatives Psychiatric Services & Medication**

**Management.....250-9126**

**Lutheran Services Carolinas.....(1) 800-435-7464**

616 Hutton Str., Raleigh 27606

[www.lfscarolinas.net](http://www.lfscarolinas.net)

**Whittecar Home (Raleigh NC)** A residential program for adults with intellectual and/or developmental disabilities, Whittecar Home provides its residents with the person-centered care and services they need to reach their fullest potential. Support and 24-hour care to include all aspects of individual treatment plans as well as assistance with personal care needs are available.

**Green Level Apartments (Cary NC)** Located in the Triangle area of North Carolina near Raleigh, Durham, and Chapel Hill, the Green Level Apartments serve adults with intellectual and/or developmental disabilities. This program gives its residents an opportunity to live in an independent living community with supervision and on-call support available 24/7.

**Florence Crittenton Service of NC.....704-372-4663**

1300 Blythe Blvd. Charlotte 28203

[www.fcsnc.org](http://www.fcsnc.org)

If you or your client is pregnant, a mother enrolled in DSS custody, or a non-pregnant young woman aged 16-21 enrolled in DSS custody. Provides a safe place and understanding to at-risk, single, pregnant and non-pregnant adolescents aging out of foster care or not. Offers a maternity home for women ages 10-40 years who are pregnant and experiencing homelessness. Application on website.

**OTHER HOUSING PROGRAMS/SERVICES**

**Raleigh Housing Authority..... 919-831-6620**

900 Haynes Street, Raleigh, NC 27604

Public Housing and Housing Choice Vouchers, Scattered Sties housing

**Wake County Housing Authority ..... 919-269-6404**

100 Shannon Street, Zebulon, NC 27597

Public housing and Housing Choice Vouchers

**Supportive Housing Program ..... 919-212-9379**

220 Swinburne Str., Raleigh, NC 27610

Provides case management services to help participants maintain housing. Offers housing education through the Ready To Rent class. Call for dates and location. Daily Housing Session provided from 4-5pm (must register at information desk by 3:30pm)

**CASA.....754-9960**

624 West Jones Str., Raleigh 27603



[www.casanc.org](http://www.casanc.org)

Casa develops, owns, and manages affordable housing for consumers of Wake County Human Services (WCHS) who have a disability (Supportive Housing). There are some limited housing (Workforce Housing) for persons who are not homeless and not receiving services from WCHS. Housing applications are made to CASA. Referral from service provider is strongly recommended for Supportive Housing. Those applying for Workforce Housing may submit their own application.

City of Raleigh Affordable Rental Program.....859-0044

1401 Sunday Drive, Ste. 113, Raleigh NC 27607

<http://www.raleighnc.gov/community/content/HousingNeighborhoods/>

Administered by Barker Realty (859-0044). Household must meet income requirements of at least 200% of the poverty level for the number of people in the home. Properties are within Raleigh city limits.

Uphill Homes LLC.....225-8496

1009 Holloway Str., Durham, NC 27701

Francina Steele, email: [francina31@yahoo.com](mailto:francina31@yahoo.com)

Providing community residential care in a bus line accessible location. Furnished rooms with 2 meals per day provided and cable and laundry facility access. Minimal health monitoring provided for those with diabetes or hypertension. Charges for rooms are based upon meals or no meals provided.

The Women's Center Day Shelter for Women .....829-3711

112 Cox Ave., Raleigh 27605

[www.wcwc.org](http://www.wcwc.org)

The Women's Center provides the only day shelter for women and families in Wake County. Day shelter insures that women and children have a safe place to be during the day time hours. It also insures that they can get in out of the cold and rain or out of the harsh heat during the summer.

Subsidized Housing List

[www.nchfa.com](http://www.nchfa.com)

Search for affordable housing options by area, size, price, and other categories.

### **HOUSING ADVOCACY**

Fair Housing Hearing Board.....966-5710

222 W. Hargett Street, Raleigh, NC 27601

<http://www.raleighnc.gov/government/content/BoardsCommissions/Articles/FairHousingHearingBoard.html>

The Fair Housing Hearing Board works to improve public awareness of the City's Fair Housing Ordinance, which prohibits discrimination in housing opportunities on the basis of race, color, religion, family status, disability, national origin or sex. Meeting are open to the public.

City of Raleigh Housing and Neighborhood Preservation.....966-2444

One Exchange Plaza, Ste., 504, Raleigh, NC 27601

<http://www.raleighnc.gov/community/content/Departments/Articles/HousingandNeighborhoods.html>

Code enforcement: Inspects apts./houses to make sure there is no violation of minimum Raleigh housing code. City of Raleigh addresses only.

Wake County Inspections.....856-6060

Wake County Office Building (1<sup>st</sup> fl.)

336 Fayetteville St., Raleigh, 27601

[www.wakegov.com](http://www.wakegov.com)

Housing-related complaints for the unincorporated areas (Knightdale, Rolesville, Wendell, Zebulon) of the county are addressed by the Wake County Inspections, Development Plans & Permits Division (IDPP). The building inspectors conduct inspections of residential dwelling complaints to determine if the homes are unsafe based on the unsafe rules of the NC State Building Code. The Wake County IDPP Department is only responsible for inspecting homes within the unincorporated areas of the county.

**ARE YOU READY TO RENT?**

Before you begin your housing search, review the following steps for helpful housing hints.

**FIRST:** Determine what you can afford and order your credit report.

According to HUD, Affordable means:

- A family should not spend more than 33% of their gross income for rent and utilities combined.
- A family who is spending more than 50% of their gross income on housing is in serious crisis and is at a high risk for homelessness.

Multiply your monthly income by .33 to determine the maximum rent and utility you should pay.

$$\frac{\text{monthly income}}{\text{monthly income}} \times .33 = \frac{\text{affordable rent \& utility}}{\text{affordable rent \& utility}}$$

To order your credit report call:

Equifax at order online at [www.equifax.com](http://www.equifax.com), Transunion [www.transunion.com](http://www.transunion.com) or Experian [www.experian.com](http://www.experian.com)

Know what's on your credit report. Take the time to improve your rating before you apply for housing.

**SECOND:** Determine your Move-In Costs and SAVE

Estimate the amount you'll need to move into your new home. You may have to save for some or all of the following:

<i>Security Deposit</i>	<i>\$300</i>
<i>First Month Rent</i>	<i>\$600</i>
<i>Gas Deposit</i>	<i>\$150</i>
<i>Water Deposit</i>	<i>\$50</i>
<i>Telephone</i>	<i>\$150</i>
<i>Truck Rental -</i>	<i>\$30</i>

**TOTAL ESTIMATED MOVING COSTS**    **\$1,280**

Note: These are only estimates. Your actual move-in costs may be more or less than \$1,280.

Deposit amounts can be very high or low and the amount depends on your credit rating, your previous pay history with the utility company and the previous utility history at the new home in which you plan to move. If you are moving, call the utility company well before you move to get an idea of what your deposit may be.

**Tips:**

Truck Rentals may be cheaper during the week. Call around to get the best rates.

Get family and friends to help you move instead of renting a truck.

**THIRD:** Locate Housing

Here are a few things to consider when choosing a home:

Do I NEED/WANT a home close to my employer to reduce gas cost and transportation fees?

Do I NEED/WANT a home in close proximity to my child's school?

Do I NEED/WANT a luxury unit with a high rent or can I take a smaller unit with a lower rent and use the money I save to pay off bills and build my emergency savings account?

Once you've made a list of your wants and needs for the type of unit you seek, check the following website for housing resources.

[www.nchfa.com](http://www.nchfa.com) - follow the 'Renters path'

**FOURTH:** Tips for establishing a good rental history.

**TIPS:**

- √ Pay your rent on the 1<sup>st</sup> of the month. Your rent is the most important payment and usually the largest. Make paying your rent on time a priority - always pay it first.
- √ Create a monthly budget and use it to plan how you'll spend your money.
- √ Rental agreements should be in writing. Read your lease agreement and ask questions if you don't understand the terms.
- √ Contact your landlord as soon as you know you'll have problems with paying your rent on time. Some landlords may work with you if you've paid your rent on time in the past and are in good standing with the landlord.

For additional information on Ready To Rent classes call 919-212- 9379 for details or visit

[www.wakegov.com/humanservices/economic/housing/resources](http://www.wakegov.com/humanservices/economic/housing/resources)

### **FAIR HOUSING IS THE LAW**

The Fair Housing Act prohibits discrimination in housing because of:

- Race or color
- National origin
- Religion
- Sex
- Family Status (including children under the age of 18 living with parents or legal custodians; pregnant women and people securing custody of children under 18)
- Handicap

#### **What Housing Is Covered?**

The Fair Housing Act covers most housing. In some circumstances, the Act exempts owner-occupied building with no more than four units, single-family housing sold or rented without the use of a broker and housing operated by organizations and private clubs that limit occupancy to members.

#### **What is Prohibited?**

In the Sale and Rental of Housing: No one may take any of the following actions based on race, color, national origin, religion, sex, familial status or handicap:

- Refuse to rent or sell housing
- Refuse to negotiate for housing
- Make housing unavailable
- Deny a dwelling
- Set different terms, conditions or privileges for sale or rental of a dwelling
- Provide different housing services or facilities
- Falsely deny that housing is available for inspection, sale or rental
- For profit, persuade owners to sell or rent (blockbusting)
- Deny anyone access to or membership in a facility or service (such as a multiple listing service) related to the sale or rental of housing.

#### **Protections For People With Disabilities**

- People with handicaps are to be treated the same as other people.
- Accommodations should be made for handicapped person that are not required for others:

- Reasonable changes or exceptions to rules may be necessary. Example: A landlord must make an exception to a “no-pets” policy to allow a tenant who is sight –impaired to live with his/her seeing eye dog.
  - Handicapped tenants must be allowed to make reasonable changes to properties if they are necessary to allow the tenants to use the property. The landlord’s duty is to permit the changes, NOT pay for them. Example: A landlord must allow a handicapped tenant to install a wheelchair ramp, but is not obligated to pay for it.
- Apartment buildings with four or more units built after March 12, 1991 must be accessible to the physically handicapped.

**IF YOU ARE DISCRIMATED AGAINST YOU CAN FILE A COMPLAINT WITH:**

**NC Human Relations Commission  
 116 W. Jones Street, Ste. 2109  
 Raleigh, NC 27601  
 (919)807-4435/ (1) 866-324-7474  
 WWW.DOA.STATE.NC.US/HRC**

The Commission advocates, enforces and promotes equality of opportunity in the areas of housing, public accommodations, education, justice and governmental services.

**\*NO REASONABLE ACCOMODATION OR EMPLOYMENT COMPLAINTS\***

**Dept. of Housing and Urban Development  
 451 Seventh Str., SW, Rm. 5204  
 Washington, DC 20410-2000  
 202-708-1122 /(1) 800-669-9777  
[WWW.HUD.GOV](http://WWW.HUD.GOV)**

Federal law prohibits housing discrimination based on your race, color, national origin, religion, sex, familial status, or disability. If you have been trying to buy or rent a home or apartment and you believe your civil rights have been violated, you can file your fair housing complaint

**Housing-Subsidized  
[www.nchfa.org](http://www.nchfa.org)**

Please see above website for complete updated list of affordable and subsidized housing units in Wake County.

Raleigh Housing Authority.....831-6620/831-6043

**900 N. Haynes Str., Raleigh 27611**  
**www.rhaonline.com**  
**Application for Housing Choice Vouchers (Section 8) and Public Housing**

**Wake County Housing Authority.....269-6404**  
**100 Shannon Str., Zebulon 27592**

**DHIC (Developing Housing/Improving Communities).....832-4345**  
**113 South Wilmington Street, Raleigh 27601**  
**ww.dhic.org**  
**Subsidized housing, tax credit housing, senior housing and supportive housing options offered.**

## HOME OWNERSHIP PROGRAMS/FORECLOSURE PREVENTION

Agency	Phone	Services
Triangle Family Services 3937 Western Blvd. Raleigh 27606 <a href="http://www.tfsnc.org">www.tfsnc.org</a>	919-821-0790	Homebuyer Education, Loss Mitigation, Money/Debt Management, Mortgage Delinquency, and Default Resolution Counseling,
DHIC Homeownership Center 450 E. Davie Street Raleigh 27601 <a href="http://www.dhic.org">www.dhic.org</a>	919-832-4345	Homebuyer education, pre-purchase counseling, revolving loan fund, foreclosure prevention
Passage Home CDC 513 Branch Street Raleigh 27601 <a href="http://www.passagehome.org">www.passagehome.org</a>	919-834-0666	Pre-purchase counseling, renter's assistance
Resources for Seniors 1110 Navaho Drive #400 Raleigh 27606 <a href="http://www.resourcesforseniors.com">www.resourcesforseniors.com</a>	919-812-7933	Home equity conversion Mortgage Counseling
Habitat for Humanity of Wake County 2420 North Raleigh Blvd. Raleigh 27604 <a href="http://www.habitatwake.org">www.habitatwake.org</a>	919-833-1999	Construction and sale of affordable homes for low-income households, <a href="http://www.habitatwake.org">www.habitatwake.org</a>
Smithfield USDA Rural Development <a href="http://www.rurdev.usda.gov">www.rurdev.usda.gov</a>	919-934-6089 ext 4	

NC Housing Finance Agency.....877-5700  
 3508 Bush Str., Raleigh 27609 (800)393-0988  
[www.nchfa.org](http://www.nchfa.org)  
 Low interest rates, down payment assistance, foreclosure prevention.  
 Also provides housing counseling



Raleigh Area Development Authority (RADA).....807-8400  
4030 Wake Forest Rd #205, Raleigh 27609

[www.rada-nc.org](http://www.rada-nc.org)

Foreclosure prevention services. Homeowner education.

N.C. Foreclosure Prevention Fund.....888-623-8631

[www.NCForeclosurePrevention.gov](http://www.NCForeclosurePrevention.gov)

Helps North Carolina homeowners who are struggling to make their mortgage payments due to job loss or temporary financial hardship, such as divorce, illness or death of a spouse. The Fund also assists returning veterans who are transitioning to civilian jobs. For qualified homeowners, the Fund can pay your mortgage and other related expenses for up to 36 months (\$36,000) while you search or retrain for new employment. Active partnership with HUD approved housing counseling agencies, legal assistance organizations, mortgage servicers and community organizations to assist home owners to avoid foreclosure

State Home Foreclosure Prevention Project.....888-442-8188

[NCForeclosurePrevention.gov](http://NCForeclosurePrevention.gov)

If you have received a 45-day pre-foreclosure notice, the State Home Foreclosure Prevention Project (SHFPP) offers free help, including housing counseling, access to legal services if your income is low, and assistance working with your servicer. *You are eligible for assistance whatever the cause of your pending foreclosure – the reason does not need to be related to your employment.* There are no credit restrictions for this help. The SHFPP coordinates HUD-approved housing counseling agencies, state and federal agencies, legal assistance organizations, mortgage servicers and community organizations to provide the resources you need to avoid foreclosure. The program was created by the General Assembly in 2008 and is administered by the North Carolina Housing Finance Agency, a self-supporting public agency.

Citywide Homeownership Program.....966-4330

[www.raleighnc.gov](http://www.raleighnc.gov)

The Citywide Homeownership Program is for first-time homebuyers (HUD defines this as someone who hasn't owned a home in the last three years) who meet income qualifications and want to buy a home in Raleigh's city limits. The homebuyer must qualify for a first mortgage from a participating mortgage lender. Applications can be obtained from participating lenders.

## HOME REPAIR AND REHABILITATION

**Cary Housing Rehabilitation Program.....380-2782**

[www.townofcary.org](http://www.townofcary.org)

316 N. Academy Str., Cary 27511

Loan program for home repairs and improvements. These improvements can range from minor repairs and painting to substantial roof and structural renovations on houses. Loan converts to grant that is forgiven if homeowner remains in home 5 years. Any residential homeowner who meets the income requirements and are located within the town limits can apply for rehabilitation assistance.

**Homebuyer Rehabilitation Programs.....996-4330**

(part of City of Raleigh Community Development program)

310 W. Martin Str. Ste. 101, Raleigh 27601

[www.raleighnc.gov](http://www.raleighnc.gov)

Deferred payment home rehab loans for low income elderly homeowners living in City of Raleigh. Some home repairs loans offered to other low income households. Loan programs for moderate income families for home rehabilitation also available. Call for more information.

**Weatherization Assistance Program.....713-1543**

1110 Navaho Dr. #400, Raleigh 27606

[www.resourceforseniors.com](http://www.resourceforseniors.com)

The weatherization program is implemented in all counties in the State. Household with elderly, disabled, and children under 18 may apply. Applicants must meet income eligibility. Residence can be a rental property. Tune up & repairs on heating and cooling system, sealing and insulating ducts, installing insulation in walls, floors, and attics, etc. If you receive SSI or TANF you are automatically eligible to receive this assistance. Resources for Senior is the contact agency for Wake county residents. For those outside of Wake county, please call 715-5850 or visit [www.ncgov.com](http://www.ncgov.com) for more information.

**Housing and Home Improvement.....-872-7933**

1110 Navaho Dr. #400, Raleigh 27606

[www.resourceforseniors.com](http://www.resourceforseniors.com)

Are you a Wake County resident and age 55 or older? Our Housing and Home Improvement Department may be able to help your clients make health and safety modifications to their homes. Certain types of home repair and adaptation may be covered under a sliding fee scale. RFS Renovation and Repair is also a licensed general contractor, offering a wide variety of services on a private pay basis, to the entire community.

**Rebuilding Together of the Triangle.....341-5980**

**324 S. Wilmington Str. #118, Raleigh 27601**

**[www.rebuildingtogethertriangle.org](http://www.rebuildingtogethertriangle.org)**

Rehabilitation of homes for low income families. Volunteer based and materials are donated. Homeownership and residency in the home required. Must meet income guidelines. Serving Wake, Durham, Chatham, and Orange counties.

**Wake County Rehabilitation Program.....856-5689/856-5906**

**[www.garner.nc](http://www.garner.nc)**

Eligible properties include those throughout Wake County but that are not within the city limits of Raleigh, Cary or Holly Springs. This program is offered to low income residents that are in need of help to make their homes safer, more energy efficient, and more able to meet living standards. Eligible repairs include HVAC, Well/Septic systems, electrical, plumbing, roof repairs, windows, foundation, exterior and framing repair. One time only \$10000 program limit. Homeowner must reside in property, property taxes are current, proof of income, most recent bank statements, and meet income requirements.

**HYGIENE SERVICES ( Laundry, Showers, Toiletries) FOR HOMELESS**

**Cornerstone.....508-0777**

**220 Snow Avenue, Raleigh 27603**

Wake County operates Cornerstone, a day center that provides services to persons experiencing homelessness, including basic need items, showers, telephone access, mail access, traveler's aid, financial assistance, mental health treatment, substance abuse treatment, veteran services, information and referral, and assistance in applying for mainstream resources.

Cornerstone offers intensive, community-based services targeted to each person that is experiencing chronic homelessness. Wake County sponsors a community voicemail system for persons experiencing

homelessness. This voicemail service allows those who are seeking jobs, housing, healthcare or safety to receive messages

M, T, Th., F- 8:30- 5pm; Wed. 1p-5p. Offering showers, laundry services, and toiletries from Mon-Fri 1:30pm-4:30pm. Subject to availability.

**The Women's Center.....829-3711**

**112 Cox Avenue, Raleigh NC 27605**

**[www.wcwc.org](http://www.wcwc.org)**

Donated toiletries are distributed to those in need.

**Love Wins.....835-2777**

**824 N. Bloodworth Street, Raleigh 27604**

Open Monday-Thursday 9a-5p. with worship on Sunday at 3p. Visitors offered community, Wi-fi, telephone, mail, laundry services.

**IDENTIFICATION**

**BIRTH, DEATH, MARRIAGE, DIVORCE, SOCIAL SECURITY CARDS, DRIVER'S LICENSE**

**N. C. Division of Vital**

**Records.....733-1511**

**225 N. McDowell St., Raleigh, N. C. 27601**

[www.vitalrecords.nc.gov](http://www.vitalrecords.nc.gov)

Citizens can immediately obtain birth certificates, death certificates, marriage and divorce certificates in person from any of the North Carolina county where the event took place for a \$24.00 fee; \$15.00 fee for each additional copy. Hours: 8a.m-3p.m. Persons can use a credit card for requests online or by fax or telephone (1-800-669-8310) or by mail with a money order/ certified check to: North Carolina Vital Records,1903 Mail Service Center, Raleigh, NC 27699-1900. You can also drop off the form at the Vital Records Office in Raleigh between 8:00 a.m. and 3:00 p.m., Monday–Friday.

**Wake County Register of Deeds.....856-56-5460**

**300 S. Salisbury Str. Ste. 1700, Raleigh 27601**

[www.wakegov.com](http://www.wakegov.com)

Monday through Friday 8:30 a.m. – 5:15 p.m. Wake County birth and death certificates. Must bring driver's license and \$10 fee.

Wake County Birth certificates also issued at:

Eastern Regional Center,

1002 Dogwood Dr., Zebulon, N. C. 27597 .....404-3900

Southern Regional Center,

130 N. Judd Parkway NE, Fuquay Varina, N. C. ....557-2501

Northern Regional Center

350 E. Holding Ave. Wake Forest NC.....562-6300

**SOCIAL SECURITY CARDS:**

**Social Security Administration .....877-803-6311**

**4701 Old Wake Forest Rd., Raleigh, N. C. 27609**

[www.ssa.gov](http://www.ssa.gov)

Monday, Tuesday, Thursday, Friday 9 a.m. – 3 p.m. Wednesday 9a.m.-12 p.m. Walk-in; identification required. You may apply for replacement social security cards here with the correct documentation. Please see website for further instructions.

**N. C. STATE IDENTIFICATION CARD/DRIVER'S LICENSES:**

**N. C. Division of Motor Vehicles .....816-9128**

1110 New Bern Ave., Raleigh 27607

[www.ncdot.org/dmv](http://www.ncdot.org/dmv) (see for list of other locations)

Many services available online.

Monday through Friday 8:00 a.m. – 5:00 p.m. Valid or expired photo ID or 3 forms of approved identification required. PROVIDING FREE I.D FOR VOTER REGISTRATION (MUST PROVIDE PROOF OF IDENTITY) see website.

**OTHER ID (FOR HOMELESS INDIVIDUALS):**

**Cornerstone.....508-0777**

220 Snow Avenue, Raleigh 27603

Friday 1 p.m.

ID FOR MEN and WOMEN

**LATINO FAMILY RESOURCES**

**Cento Para Families Hispanas (Catholic Charities).....873-0094**

2013 North Raleigh Blvd, Raleigh 27604

[www.cpfhraleigh.org](http://www.cpfhraleigh.org)

Family support, parenting programs, support groups. ESL, GED, HEP, computer classes available. Food pantry and clothing assistance. NO FINANCIAL SERVICES

**Cornerstone Ministries Group Inc.....937-2764**

2523 Sanderford Rd. Raleigh 27610

[www.cornerstoneministresradio.com](http://www.cornerstoneministresradio.com)

Food Bank services provided Thursday from 6:30p-1:30p. Free ESL classes, computer literacy, job search assistance, and drug prevention counseling, immigration services and attorneys for low income clients provided also.

**National Migrant Education Hotline.....800-234-8848**

[www.escort.org](http://www.escort.org)

**National Council of La Raza .....202-785-1670**

[www.nclr.org](http://www.nclr.org)

Advocacy organization for Hispanic rights and interests.

**El Pueblo, Inc..... 835-1525**

2321 Crabtree Blvd., Ste. 105, Raleigh NC 27604

[www.elpueblo.org](http://www.elpueblo.org)

El Pueblo is a N. C. non-profit statewide advocacy and public policy organization dedicated to strengthening the Latino community. Provides leadership development, proactive and direct advocacy, education, and promotion of cross-cultural understanding in partnerships at the local, state and national levels

Governor’s Advisory Council on Latino Affairs..... 733-5361  
116 West Jones Str., Raleigh 27603

Hispanic Ministry Coordination..... 835-1525  
Coordinates Hispanics ministries for 13 parishes in Wake and Franklin Counties

Immigrants Legal Assistance Project - NC Justice Center.... 856-2570  
224 S. Dawson St. Raleigh, NC 27601  
[www.ncjustice.org](http://www.ncjustice.org)

The North Carolina Justice Center provides legal assistance to low-income North Carolinians in selected, “high-impact” cases that are designed to help alleviate poverty by protecting or expanding important rights for large numbers of vulnerable people. Client intake for immigration law matters takes place on alternate Tuesdays from 9:00 a.m. to 5:00 p.m. only. Appt. required; no “walk-ins”.

Harvest of Hope Foundation.....800-234-8848  
[www.harvestofhope.net](http://www.harvestofhope.net)

Providing emergency aid and assistance to migrant farm worker and their families with education, immunizations, medical and social services.

Interact..... 828-7501  
24 Hour Crisis Lines: Domestic Violence: 828-7740 Sexual Assault:  
828-3005 Solace Center: 828-3067  
1012 Oberlin Rd Raleigh 27605  
Souther Wake Outreach Center  
309 S. Mian Str., Fuquay Varina 27526.....557-8025

[www.interactofwake.org](http://www.interactofwake.org)  
Interact is a private, non-profit, United Way agency that provides safety, support, and awareness to victims and survivors of domestic violence and rape/sexual assault. Services are confidential and free of charge.

Latino Community Credit Union  
1420 Hardimont Rd., Raleigh 27609.....855-9696  
4418 Fayetteville Rd., Garner 27603..... 773-9180  
[www.latinoccu.org](http://www.latinoccu.org)

Open Monday-Thursday; 9am-5pm and Friday 9am-6pm.  
Services tailored to new immigrants

Office of Minority Health & Health Disparities, NC DHHS..... 707-5040  
1110 Navaho Drive, Suite 510, Raleigh, NC 27609

[www.ncminorityhealth.org](http://www.ncminorityhealth.org)

Mission: To promote and advocate for the elimination of health disparities among all racial and ethnic minorities and other underserved populations in North Carolina.

Legal Services of NC..... 856-2564  
224 S. Dawson Str., Raleigh 27601 (866)219-5262

[www.legalaidnc.org](http://www.legalaidnc.org)

Legal representation for farm workers and discrimination issues.

Lutheran Family Services..... 832-2620

616 Hutton Str., Raleigh 27606

[www.lfscarolina.org](http://www.lfscarolina.org)

Provides a variety of refugee and immigration services

NC Society of Hispanic Professionals..... 467-8424

8450 Chapel Hill Rd., Cary 27511

[www.thencshp.org](http://www.thencshp.org)

It is the intent of the NCSHP to develop and secure educational opportunities and financial support to improve Hispanic youth's success and school performance.”

NC Hispanic Chamber of Commerce.....782-8764

150 Fayetteville Str. #110, Raleigh 27601

[www.nchispanicchamber.org](http://www.nchispanicchamber.org)

New Hope Baptist Church Hispanic Ministry.....876-5250

4301 Louisburg Road, Raleigh, NC 27604

National Alliance for Hispanic Health.....(202)387-5000

1501 16<sup>th</sup> Str. N.W. Washington DC 20036-1401

[www.hispanichealth.org](http://www.hispanichealth.org)

Helpline (866) 783-2645

Provides information to the hispanic community regarding health issues.

Raleigh International Church ..... 919-875-0950

4020 Capital Boulevard, Raleigh, NC 27604

## LEGAL SERVICES

Attorney General – Consumer Protection.....Local Concerns 716-6400  
or for out of area concerns1-800-566-7226  
[www.ncdoj.gov](http://www.ncdoj.gov)

Governor’s Info. & Referral Line (Community & Citizen Services.1-800-662-7952  
[www.nc.gov.com](http://www.nc.gov.com)

Legal Services of North Carolina..... 856-2564  
224 S. Dawson Street, Raleigh, NC 27601 toll free (866)219-5262  
[www.legalaidnc.org](http://www.legalaidnc.org)

Provides free legal advice and assistance for low income individuals in civil matters related to fair housing, mental disability benefits, prison issues, and justice issues. Field offices located throughout the state.

East Central Community Legal Services.....828-4647  
[www.nc-van.org/directory](http://www.nc-van.org/directory) or 800-348-5068

5700 Six Forks Rd, Ste. 101, Raleigh 27609

Provides free legal assistance in civil matters to low income individuals. With the exception of victims of domestic violence and persons 60 yrs. old and over, clients must meet an income requirement before services will be rendered. Areas of service include: disability, domestic violence, custody disputes, unemployment insurance & other public assistance programs, wills, elder law, consumer problems, employment, tenant/landlord issues. Assistance in other areas may be provided. Litigation and service areas are limited, please call for more information. Counties Served: Harnett, Johnston, Lee, Sampson, Wake. Hispanic Outreach programs provided.

N. C. Lawyer Referral Service .....1-800-662-7952  
[www.lawhelpnc.org](http://www.lawhelpnc.org)

The NC Lawyer Referral Service is a nonprofit public service sponsored by the North Carolina Bar Association Foundation. While using the Service you can be confident that you’ll be referred to an attorney who is in good standing, able to answer your legal questions and if necessary will provide representation. WE DO NOT MAKE REFERRALS TO PRO BONO, OR FREE, ATTORNEYS

SouthLight (Court Services) .....787-6131  
12 W. Martin Str., Raleigh 27601  
[www.southlight.org](http://www.southlight.org)



Assists individuals with drug violations to avoid further criminal involvement by providing intervention, education and monitoring services

Rosen Law Firm ..... 787-6668

[www.rosen.com](http://www.rosen.com)

4101 Lake Boone Trail, Ste. 118, Raleigh, NC 27607

Legal seminars conducted via webinar on topics of separation, divorce, child support, and child custody issues.

Carolina Dispute Settlement Services.....755-4646

3737 Glenwood Avenue, Ste. 370, Raleigh, NC 27612

[www.notrials.iactprogram.com](http://www.notrials.iactprogram.com)

Providing mediation services for Child custody and visitation issues, small claims, community services, and district criminal court. Sliding scale costs based on income. Court fees and processing fees apply. File it yourself clinic available on Thursdays from 9-3p. and you must call for appointment.

Cornerstone Ministries Group Inc .....937-2764

2523 Sanderford Rd., Raleigh 27610

[ww.cornerstoneministresradio.com](http://ww.cornerstoneministresradio.com)

Immigration services and attorneys for low income clients provided also.

Disability Rights of NC.....856-2195

Toll-Free 877-235-4210

3724 National Drive, Ste. 100, Raleigh 27612

[www.disabilityrightsncc.org](http://www.disabilityrightsncc.org)

Disability Rights North Carolina is a 501(c)(3) nonprofit organization based in Raleigh. Its team of attorneys, advocates, paralegals and support staff provide advocacy and legal services at no charge for people with disabilities across North Carolina. As the state's federally mandated protection and advocacy system, Disability Rights North Carolina is charged with protecting the rights of children and adults with disabilities living in North Carolina.

#### MEDICAL CARE-PRIMARY CARE

#### HOMELESS AND/OR UNINSURED

Advance Community Health.....(Adm. Offices).255-6721

1001 Rock Quarry Rd. Raleigh 27610 (formerly Wake Health Services)

[www.advancechc.org](http://www.advancechc.org)

Senior Health Services (Rex Healthcare).....833-3111

Family Dental Center (prev. New Bern Dental) .....833-3111

Horizon Healthcare for Homeless.....833-3111

1001 Rock Quarry Rd Raleigh 27610

Apex.....833-3111  
 212 S. Salem St., Apex, N. C. 27502  
 Louisburg.....833-3111  
 111 S. Church St. Louisburg 27549  
 Fuquay.....833-3111  
 130 N. Judd Parkway, NE, Fuquay Varina 27526  
 Services provided include General Primary Medical Care (Camp Physicals, Diagnostic Tests/ Screens, Family Planning, Geriatric Care, Gynecological Care, Health Checks, Hearing & Vision Screening, Immunizations, Pediatric Care, Sports Physicals). Support Services include Diabetes Education, Diagnostic Tests/Screens, Drug Assistance, Health Education, Eligibility Assistance, Substance Abuse Services, Social Workers.

Horizon Healthcare For the Homeless Outreach.....833-3111  
 1420 S. Wilmington Street, Raleigh 27603  
<http://www.advancechc.org/locations/south-wilmington-outreach-center/>  
 General Primary Care, Complete Physicals, Immunizations, Behavioral Health Counseling, Substance Abuse Counseling, Drug Assistance Program (DAP, &) Horizon Healthcare for the Homeless. Tuesday and Thursday: 7:30am – 11:30a . Appointments for guest of the shelter.

Alliance Medical Ministries .....250-3320  
 101 Donald Ross Dr., Raleigh 27610  
[www.alliancemedicalministry.org](http://www.alliancemedicalministry.org)  
 Monday- Friday 8:30-4p. Participants must complete an application and provide necessary personal and income documentation (see website for details). The clinic provides affordable health care to the uninsured. Must be a resident of Wake County, must be 18 or older, must be employed or living with family who is employed, not receiving Medicaid or Medicare. Application and appointments required (see website for application to print and documentation requirements). Bilingual services provided. This is a faith-based medical clinic for the working poor in Wake County. The clinic serves many Hispanic and other minority families and operates on a sliding fee scale (due at time of service).

Urban Ministry (Open Door Clinic).....832-0820 x.620  
 1390 Capital Blvd., Raleigh 27603  
[www.urbanmin.org](http://www.urbanmin.org)  
 Health care facility providing services at low charge (\$20 cash fee for all clinic appointments with some exclusions) to uninsured, low-income

residents of Wake County. The Open Door Clinic provides acute and chronic medical care, prescription medications, and laboratory services on site. Services include: Continuing care for chronic illness, prescription medications, specialty care on site and by referral, laboratory services, health education, social work counseling. Interpreter Services are available for Spanish-speaking patients. Operating from Monday- Thursday 8:30a-8p by appointment ONLY

Wake County Public Health .....212-7000

10 Sunnybrook Rd., Raleigh, NC 27610

[www.wakegov.com/humanservices/publichealth](http://www.wakegov.com/humanservices/publichealth)

Monday through Friday 8:15 a.m. - 5 p.m. Call for appointments for all types of health care needs including education, immunizations and treatment.

Public Health Clinics also at:

Southern Regional Center

130 N. Judd Parkway NE, Fuquay Varina, N. C. ....557-2501

Eastern Regional Center

1002 Dogwood Dr., Zebulon, N. C. ....404-3900

Northern Wake Health Clinic

350 East Holding Ave., Wake Forest, N. C.....562-6300

Milbrook Human Services Center

2809 E. Millbrook Rd, Raleigh, NC 27616.....431-4000

Shepard's Care Medical Clinic.....404-2474

304 Pony Rd Zebulon 27597

[www.shepardscareclinic.com](http://www.shepardscareclinic.com)

Clinic hours: Monday-Thursday 9a-5p; Friday 9a-12p.

Serving Eastern Wake County and some of Nash, Franklin, Johnson County residents (areas that overlap Eastern Wake County). Picture I.D required, proof of income and address, Ages 18-64. Must meet 200% poverty level guidelines by completing an assessment. Spanish Speaking clients welcome. General clinic services, Gyn. clinic, counseling, cardiac clinic and mammography

Mariam Clinic.....824-4672

3126 Blue Ridge Rd., Raleigh 27612

[www.mariamclinic.org](http://www.mariamclinic.org)

Free for those who meet income eligibility. Must be age 18-64. One Member of the household must be employed. Must live in or work in Wake or Durham counties. No private or public insurance, must meet 200%income poverty guidelines. Services provided: (See website for document requirements)

Acute care, short term chronic care, referrals, discount labs and radiology

services, psychiatry and counseling, monthly dental clinic, gynecology and interpreter services. No emergency or obstetric services.  
Call on Wednesday 10a-12p for current patients and Thursday 5p-6p for new patients. All appts. Scheduled on Sundays.

The Salvation Army.....834-6733  
1863 Capital Blvd, Raleigh 27604 (Judy D. Zelnak Center of Hope)

[www.wakearmy.org](http://www.wakearmy.org)

The free clinic is for the homeless and uninsured.

Project Access of Wake County.....554-3762

[www.projectaccess.wakedocs.org](http://www.projectaccess.wakedocs.org)

Project Access connects low-income, uninsured people to donated care across Wake County

Project Access of Wake County is a physician referral program, which means qualified patients can only be referred into the program due to medical necessity. Patients are carefully screened for eligibility before being referred

If you are interested in Project Access services, you must establish primary care at one of the participant clinics. (See website for clinic info). Your primary care provider will refer you to PA based on medical need and specialty availability

Patients are screened for eligibility at these safety net clinics and receive primary care, patient education for chronic disease and drug assistance services.

Charity Care-Area hospitals (Wake Med, Rex Healthcare, Duke Medicine) all provide options for the self-pay and uninsured patients who are having difficulty paying medical bills. See individual hospital websites to see criteria and access forms to apply. Websites:

[www.wakemed.org](http://www.wakemed.org), [www.rexhealth.com](http://www.rexhealth.com), [www.dukemedicine.org](http://www.dukemedicine.org)

Heartland Hospice.....981-6238

Providing hospice care. Care provided by an interdisciplinary team.

Care provided at home or at the setting of patient /family choice.

Medicare, Medicaid, insurance billed but also can assist individuals with no payor source as well as homeless individuals

The Women's Center.....829-3711

112 Cox Avenue Raleigh 27605

[www.wcwc.org](http://www.wcwc.org)

The Capital Care Collaborative provides a nurse on-site one afternoon each week to do health screenings and provide basic care. Health education and

services are provided in a variety of ways. All women and families we serve who are homeless are encouraged to connect with Horizon Healthcare and are provided with a referral letter.

**MEDICAL-HIV TESTING/AIDS SERVICES**

Alliance of AIDS Services Carolina .....834-2437  
1637 Old Louisburg Rd, Raleigh 27604

[www.aas-c.org](http://www.aas-c.org)

Free confidential HIV testing and other STDs. Mon-Thur. 9am-12pm and Monday evening 5p-7p or by appointments available also. Offering primary care and continuum of care, preventative education, counseling, substance abuse treatment, mental health counseling, nutritional counseling, food pantry (Tuesday & Wednesday 12:30p-4p), case management, family care homes, emergency financial assistance, transportation, housing info and referrals.

Horizon Health Center ( homeless population).....833-3111  
1001 Rock Quarry Rd Raleigh 27610 or S. Wilmington St. Raleigh 27603

<http://www.aas-c.org/alliance-care-services/project-clear.html>

Provides HIV treatment services and related medical care Thurs. 2p-4p.

National CDC Hotline ..... 1-800-458-5231

[www.cdcnpin.org](http://www.cdcnpin.org)

Southlight .....832-1400

1201 Garner Rd., Raleigh 27601

<http://www.southlight.org/>

Outreach and case management services focusing on HIV/AIDS and substance abuse awareness, prevention, and education. Services offered at various locations. Call for more information.

Under One Roof (WCHS).....212-7801

3000 Falstaff Rd, Raleigh 27610

[www.wakegov.com](http://www.wakegov.com)

Free counseling, financial assistance and initial intake by appointment only.

Strengthening the Black Family.....856-5271

568 East Lenior Str., Raleigh 27601

[www.stbf.org](http://www.stbf.org)

Free HIV testing. Basic nutrition and sex education programs for teens.

Urban Ministries .....836-1642

1390 Capital Blvd., Raleigh

[www.urbanmin.org](http://www.urbanmin.org)

Free confidential testing Tuesdays from 5:30 p.m. – 7:30 p.m. Last person taken at 7:00 p.m. Spanish speaking employees present.

Wake County Public Health..... 250-3950

10 Sunnybrook Road, Raleigh, NC 27610

All clinics will do free, confidential testing. Call for an appointment and information regarding all testing centers.

Clinic E. Spanish speaking employees available on Wednesday evenings. Testing for all STDs and treatment for HIV/AIDS patients also done Monday through Friday at Clinic A. Call for appointments and times for Clinic A at 250-4410.

WCHS, 350 E. Holding Ave Wake Forest 27587.....562-6300

WCHS, 1002 Dogwood Dr., Zebulon 27597.....404-3900

WCHS, 130 N. Judd Pkwy., Fuquay Varina 27526.....557-2501

WCHS, 214 W. Milbrook Rd, 2<sup>nd</sup> fl., Raleigh 27609.....844-6348

Women’s Center .....829-3711

112 Cox Ave., Raleigh 27605

[www.wcwc.org](http://www.wcwc.org)

Testing and counseling service

Planned Parenthood.....833-7526

100 S. Boylan Ave., Raleigh 27603

[www.plannedparenthood.org](http://www.plannedparenthood.org)

HIV testing by appointment on: Mondays: 8:30am - 5:30pm Tuesdays: 10:00am - 7:30pm Wednesdays: 9:00am - 2:00pm Thursdays: 10:00am - 7:30pm Fridays: 8:30am - 6:00pm Saturdays: 9:00am - 2:00pm 2nd and 4th Saturday of the month. Rapid HIV testing can be done with a blood sample taken from a finger stick. The results are available in 10-40 minutes. Call about \$\$

Gateway Campus.....833-0096

HIV Testing available by walk in or appointment. All services free and confidential.

[www.gatewaycampus.org](http://www.gatewaycampus.org)

1306 Hillsborough Str. Raleigh 27610

1st and 3rd Tuesdays from 12:00 noon – 3:00 pm

3300 Idlewood Village Drive Raleigh 27610

1st and 3rd Thursdays from 2:00 pm – 4:00

554 E. Hargett Str. Raleigh 27601

2nd and 4th Wednesdays from 2:00 pm – 4:00 pm

LGBT Center of Raleigh.....832-4484  
324 Harrington Str. Raleigh 27603  
[www.lgbtcenterofraleigh.com](http://www.lgbtcenterofraleigh.com)

Free HIV testing available. The [Alliance of AIDS Services – Carolina](#) offers testing services at the LGBT Center every Monday and Thursday evening from 6pm-8:30. Saturday and Sunday Noon to 6pm

My Sister’s Keeper of the Triangle.....508-6124  
4922 Windy Hill Drive, Ste. A, Raleigh 27609  
[www.mysisterskeepernc.org](http://www.mysisterskeepernc.org)

Call Mon- Friday from 7am to 5pm for an appointment. Provides case management to individual with HIV in order to facilitate the recipient’s medical, social, and education needs.

**MEDICAL-PRESCRIPTIONS**

Dorcas Ministries.....469-9861  
187 High House Rd. Cary 27511  
[www.dorcas-cary.org](http://www.dorcas-cary.org)

Assistance for Cary & Morrisville. Residents of Fuquay, Apex, and Holly springs must have a written referral from Western Wake Crisis Ministry. Durable medical supplies also available as resources allow.

See website for required documentation.

Open Monday through Friday 10:00 a.m. to 1:00 p.m.

Applicants must sign in by 12:30 p.m.

Extended hours on Tuesday until 3 p.m. Applicants must be signed in by 2:30 p.m

**North Carolina Drug Card**

[www.northcarolinadrugcard.com](http://www.northcarolinadrugcard.com)

The NC Drug Card program is a FREE statewide RX assistance program available to all residents. Print card from website. Share info with family and friends.

Drug Assistance Program (HIV/AIDS) .....877-466-2232  
Division of Public Health, N. C. Dept of Health & Human Services  
1902 Mail Service Center, Raleigh, N. C. 27699-1902

[https://www.pparx.org/prescription\\_assistance\\_programs/north\\_carolina\\_aids\\_drug\\_assistance\\_program](https://www.pparx.org/prescription_assistance_programs/north_carolina_aids_drug_assistance_program)

The North Carolina AIDS Drug Assistance Program (ADAP) uses a combination of state and federal funds to provide low-income residents of North Carolina with assistance in obtaining essential medications for treatment of HIV as well as prevention and/or treatment of related opportunistic infections and other co-morbidities. Please either download

the application (if available) or go to the program website for more information on how to apply.

**N. C. Division of Medical Assistance.....(800)662-7030**  
1918 Umstead Dr., Kirby Building, Raleigh, N. C. 27699-2501  
[www.dhhs.state.nc.us/dma](http://www.dhhs.state.nc.us/dma)  
State resource for questions regarding Medicaid or NC Health Choice

**North Raleigh Ministries.....844-6676**  
2431 Spring Forest Rd, Ste. 152, Raleigh 27615  
[www.northraleighministries.com/](http://www.northraleighministries.com/)  
Mon thru Thursday. Call for appt. between 10am-1pm. Help with prescriptions. Serves Raleigh residents in zip codes 27604, 27609, 27612, 27613, 27614 and 27615.

**Southern Wake Crisis Ministries.....567-8100**  
605 Bridge Str., Fuquay Varina, 27526  
[www.helpsouthwake.org](http://www.helpsouthwake.org)  
Prescription assistance. T-Th from 9a-11:45a

**Urban Ministries .....836-1642**  
1390 Capital Blvd., Raleigh 27603  
[www.urbanmin.org](http://www.urbanmin.org)  
Prescription assistance for low-income and homeless individuals. First come first served. Once in 4 month period. N. C. ID required. Will pay copays. Monday-Friday 9am-1pm.

**WakeBrook Recovery Center (Mental Health Services) .....250-1500**  
[www.wakegov.com](http://www.wakegov.com)  
107 Sunnybrook Rd  
Prescription assistance for mental health clients.

**Wake County Human Services, Medicaid.....212-7000**  
220 Swinburne Rd., Raleigh 27610  
[www.wakegov.com](http://www.wakegov.com)  
Residents of Wake County may visit the Human Services building in their area to apply for Medicaid. Medicaid provides assistance to income eligible persons for prescriptions, doctor and hospital visits, vision, and dental care.

**Southern Regional Center, Fuquay Varina.....557-2501**  
**Eastern Regional Center, Zebulon.....404-3900**  
**Northern Regional Center, Wake Forest.....562-6300**  
**Millbrook Center.....844-6348**



**Medicare Prescription Drug Plan.....(800)633-4227**

[www.medicare.gov/find-a-plan](http://www.medicare.gov/find-a-plan)

**This tool will allow you to find plans in your state that match your required drug list.**

**Patient Assistance Program Center**

<http://www.rxassist.org/>

**Patient assistance programs are run by pharmaceutical companies to provide free medications to people who cannot afford to buy their medicine. RxAssist offers a comprehensive database of these patient assistance programs, as well as practical tools, news, and articles so that health care professionals and patients can find the information they need all in one place.**

**Partnership for Prescription Assistance**

[www.pparx.org/Intro.php](http://www.pparx.org/Intro.php)

**The Partnership for Prescription Assistance helps qualifying patients without prescription drug coverage get the medicines by matching them with the right assistance programs. Many will get their medications free or nearly free.**

**The Partnership for Prescription Assistance will help you find the program that's right for you, free of charge. Remember, you will never be asked for money from the PPA.**

**Download access to applications for prescription assistance from individual drug providers. Must meet financial requirements**

**Help with Medicare prescription drug plan premiums....1-800-772-1213**

[www.socialsecurity.gov](http://www.socialsecurity.gov)

**Help with Medicare prescription drug premiums. Form SSA-1020.**

**The Medicare prescription drug program gives you a choice of prescription plans that offer various types of coverage such as Extra help to pay for monthly premiums, annual deductibles, and co-payments related to the Medicare prescription drug program. You must complete an application at [www.socialsecurity.gov](http://www.socialsecurity.gov) or you may request a paper copy. IF YOU ARE RECEIVING SSI OR MEDICAID AND MEDICARE ALREADY YOU WILL AUTOMATICALLY GET THE EXTRA HELP AND DO NOT NEED TO COMPLETE AN APPLICATION**

**Canada Pharmacy.....800-891-0844**

**CANADA PHARMACY** is the largest Canadian mail order pharmacy on the internet, and offers sizable discounts on a number of prescription medications for diabetics. You will need a prior, valid prescription from a U.S. physician on file with them before they will ship your products. The discounts can be quite substantial, as compared to U.S. pharmacies on many well-known, brand-name medications. Generic medications are typically cheaper to buy in the United States.

**MEDICAL-CANCER CARE**

The CancerCare Financial Assistance.....813-552-4673

**[www.cancercare.org](http://www.cancercare.org)**

CancerCare® provides limited financial assistance to people affected by cancer. As a nonprofit organization, funding depends on the sources of support we receive at any given time. In order to be eligible for financial assistance you must: have a diagnosis of cancer confirmed by an oncology health care provider, be in active treatment for your cancer, live in the U.S. or Puerto Rico, and meet our eligibility guidelines of 250% of the Federal Poverty Limit. CancerCare's financial assistance does not cover basic living expenses such as rent, mortgages, utility payments, or food.

CancerCare Co-Payment Assistance.....866-552-6729

**[www.cancercarecopay.org](http://www.cancercarecopay.org)**

Need help paying co-payments for chemotherapy and targeted treatments? The CancerCare® Co-Payment Assistance Foundation (CCAF) is a non-profit organization that helps people afford insurance co-payments for chemotherapy and targeted treatments.

Leukemia & Lymphoma Society Co-pay Assistance Program...877-557-2672

**[www.lls.org](http://www.lls.org)**

LLS's Co-Pay Assistance Program offers financial support toward the cost of insurance co-payments and/or insurance premium costs for prescription drugs. Patients must qualify both geographically, medically and financially for this program. See website for specific qualifying diagnosis and additional eligibility criteria

The Breast Cancer Assistance Program (BCAP)

**[www.sistersnetworkinc.org](http://www.sistersnetworkinc.org)**

A National African American Breast Cancer Survivorship Organization that provides services to women facing financial challenges. The BCAP program provides financial assistance for but not limited to: *medical related lodging, co-pay, office visits and prosthesis*. This program also provides FREE mammograms for those who qualify. Application necessary.

The Caring Community Foundation

[www.caringcommunityfoundation.org](http://www.caringcommunityfoundation.org)

P.O. Box 1364, Cary, NC 27512

Charitable organization that provides financial support through modest grants to cancer patients in need of providing assistance with rent, utilities, treatment or other expenses that become difficult to manage during cancer treatments. Referral must be received from a social worker at the hospital/clinic where they are receiving their cancer treatment. No direct contact between organization and applicants. Social workers must join network by sending info to [info@caringcommunityfoundation.org](mailto:info@caringcommunityfoundation.org)

#### **MEDICAL-DIABETIC CARE RESOURCES**

Roche Accu-Chek Patient Assistance Program.....800-881-4090 or 800-545-6962

P.O.Box 18740 Louisville, KY 40261

<https://www.acu-chek.com>

Roche Diagnostics, which manufactures the ACCU-CHEK line of blood glucose monitors, offers a patient assistance program for low-income diabetics that are without insurance coverage. The program provides free blood glucose test strips from the ACCU-CHEK line of blood glucose monitors. As with most other patient assistance programs, the offer is only available in the United States, requires a significant amount of paperwork and proof of low income may be required.

Publix Supermarkets.....460-20821020

Bradford Plaza Way Cary 27519

Website: <http://www.publix.com>

Details: Offers free refills of Metformin, free blood glucose meter, discounts of diabetes test supplies. FREE metformin. No forms to fill out. No cards to carry. Simply FREE medications, for as long as your doctor prescribes them. Just drop off your prescriptions on your next visit.

### The Free Pharmacy

<http://medassist.org/free-pharmacy-program/>

Program provides free prescription medication to North Carolina residents who are low-income, uninsured and fall at or below 200% of the Federal Poverty Level. This statewide program is the answer for those who do not have the means to obtain *lifesaving* prescription medication to treat common diseases, such as: heart disease, diabetes and asthma.

**Eligibility Requirements:**(1)North Carolina Residents,(2)Adults and children living at or below 200% of the Federal Poverty Level, (3)Adults and children who do not qualify for: Medicaid, Veterans Administration or private health insurances who do not have the means to obtain *lifesaving* prescription medication to treat common diseases, such as: heart disease, diabetes and asthma.

The Dispensary of Hope.....888-428-4673

The Dispensary of Hope is an organization that has created a nationwide network of prescription medication dispensing sites. The locations are available for low to moderate income patients and the service will assist people who lack prescription drug coverage. It provides them with free or heavily discounted medications and drugs.

[http://www.needhelppayingbills.com/html/dispensary\\_of\\_hope\\_prescription.html](http://www.needhelppayingbills.com/html/dispensary_of_hope_prescription.html)

### ACT I Diabetes Group

Volunteer group that has been helping to provide Type 1 diabetics with non-prescription diabetes test supplies such as blood glucose meters, test strips and lancets. It is not a long-term solution for obtaining free diabetes test supplies, but rather a short-term assistance program for those in more immediate need. <http://www.act1diabetes.org> or to apply directly for the organization's Supply Exchange Program, which supplies free test strips and other non-prescription diabetic test supplies to the public for free, e-mail them directly at [supplies@act1diabetes.org](mailto:supplies@act1diabetes.org).

BD Insulin Syringe Assist Program.....866-818-6906

<http://www.bd.com/us/diabetes>

Diabetes care offers a patient assistance program for people who use BD Ultra-fine Insulin Syringes. No Medicaid or Medicare recipients. A small co-pay required.

**MEDICAL-MENTAL HEALTH & SUBSTANCE ABUSE SERVICES**

**Wake Brook Recovery Center.....984-974-4850**  
**(formerly Crisis/Assessment of WCHS) Crisis Stabilization Ctr.**  
**107 Sunnybrook Rd Raleigh 27610**

[www.wakegov.com](http://www.wakegov.com)

Crisis help is available for emergency situations 24 hours a day for children and adults by walking in or calling. Wake Brook Crisis and Assessment Services is an outpatient facility intended to provide crisis assessments and referrals to other service providers. Wake Brook is also the transfer point for law enforcement to bring individuals who are in crisis. If you are determined to need admission to a psychiatric hospital, staff will locate a bed either in the UNC Wake Brook Psychiatric Hospital, Holly Hill Hospital or in another hospital which may be as close as Durham, Chapel Hill or Rocky Mount or as far as Jacksonville or Asheville.

**WAKE COUNTY HUMAN SERVICES**

**Cornerstone ..... 508-0777**  
**Path and Community Outreach Team Referral Line..... 508-0770**  
**220 Snow Avenue, Raleigh, NC 27603**

[www.wakegov.com](http://www.wakegov.com)

Outreach and engagement, psychiatric services, and intensive case management services offered to homeless individuals with severe and persistent mental illness and/or substance abuse problems. Please call to make a referral on Tuesdays 1pm-4pm.

**NAMI (National Alliance on Mental Illness).....848-4490**  
**P.O. Box 12562, Raleigh 27605**

[www.nami-wake.org](http://www.nami-wake.org)

Provide support, education, and advocacy for persons with mental illness and their families and friends. Support group for families, peer to peer support and more

**Monarch (Walk-in Mental Health Clinics).....866-986-1763**

[www.monarchnc.org](http://www.monarchnc.org)

If you are a Wake County resident in need of mental health services, you may receive an assessment by walking into: Monarch's walk-in mental health clinics (919) 856-4703 for 401 E Whitaker Mill Rd, Raleigh, NC 27608, (919) 375-4453 for 1002 Dogwood Dr., Zebulon, NC 27597, (919) 650-3325 for 300 Asheville Ave. Ste. 200 Cary NC 27518, (919) 552-4283 for 130 N. Judd Pkwy. NE, Fuquay Varina NC 27526, and (919) 263-9365 for 350 E. Holding Ave. Wake Forest NC 27587

**Fellowship Health Resources (Drop in Center).....573-6520**  
5509 Creedmoor Rd, Raleigh 27612

[www.fellowshiphr.org](http://www.fellowshiphr.org)

A safe and supportive environment is offered to individuals in the community experiencing life challenges. Daily programs not only focus on mental health/addiction recovery counseling, but also on physical health education and support, as well as leisure activities, structured skills training groups, peer recovery services, and creative arts program.

**Strategic Behavioral Center..... 855-537-2262**  
3200 Waterfield Drive Garner 27529

<http://www.sbcraleigh.com/>

Offers acute psychiatric inpatient services for males and females age 5 to 17.

**Easter Seals UCP North Carolina & Virginia .....(800)662-7119**  
5171 Glenwood Ave., Ste., 400 Raleigh 27612 (783-8898 local)

[www.easterseals.com/NCVA](http://www.easterseals.com/NCVA)

For children, adults and families who are dealing with disability issues. Easter Seals UCP North Carolina offers a variety of supports available in the home, community, or at a clinic. Our services are structured around best-practice models, with a continuing focus on maintaining a person- center, strengths-based approach. Programs provided: Autism Services, Children Services, Adult services, Senior services, employment & training, Medical rehabilitation, Camp & recreation, Military & veterans

**Hope Services, LLC.....714-7500**

3000 Highwoods Blvd. Ste. 310 Raleigh

[www.hopeservices4u.com](http://www.hopeservices4u.com)

Child mental health services including treatment for children with complex trauma histories of exposure to domestic violence, neglect, physical abuse and sexual abuse. Intake/Referral 714-7500 x. 1101

**Carolina Community Mental Health.....875-3211**

4020 Capital Blvd., Raleigh 27604

[www.carolinacmhc.com](http://www.carolinacmhc.com)

CCMHC is an outpatient mental health facility that was developed with the goal of providing outpatient mental health services to adults, adolescents and children in a multicultural and bilingual environment, with emphasis on the Latino communities in the Raleigh area.

**RHA Health Services, Inc. ....(Raleigh Interpreter)825-2869**

2527 E. Lyon Station Rd, Creedmoor 27522.....528-2558

[www.rhahealthservices.org](http://www.rhahealthservices.org)

RHA provides services to the deaf and hard of hearing, and deaf-blind population including psychological assessment and testing, individual, group and family therapy, psychiatric assessment and medication management. Also see website for full menu of services provided to with developmental disabilities.

Community Partnerships, Inc.....781-3616 x.287  
3522 Hawthorne Drive, Raleigh 27609

[www.communitypartnerships.org](http://www.communitypartnerships.org)

CPI will provide supported employment services to adults with serious mental illnesses, including help with finding jobs, intensive job training and support, and long-term vocational support. CPI also operates “Community Connections,” a program for persons with intellectual/developmental disabilities who are in the process of accessing or waiting for services and their families. This program works to empower families to access services and benefits available in the community at minimal or no cost. Community Partnerships, Inc. contracts with Alliance Behavioral Healthcare (800-510-9132) to provide services. When you call, ask to speak to an I/DD Access Coordinator and tell them you are interested in the Community Connections program at Community Partnerships.

The Healing Place of Wake County (Men’s Facility) .....838-9800  
1251 Goode Drive, Raleigh, N. C. 27603

[www.hpowc.org](http://www.hpowc.org)

Target Group: Homeless men, age 18 and older, who are from Wake County. Length of stay: Shelter – one night/ Non-medical Detox – 3 to 5 days; Recovery Program – 7 to 12 months.

Other: The Sobering- Up Center offers non-medical detoxification. The overnight shelter offers emergency shelter one night at a time. The recovery program is a long-term, 12-Step based, peer-run program for homeless men with alcohol and other drug problems. Walk-ups are not allowed and beds are not reserved. 4p pick up from South Wilmington Street Ctr.

The Healing Place (Women’s Facility) .....865-2550  
3304 Glen Royal Road, Raleigh, N. C. 27617

[www.hpowc.org](http://www.hpowc.org)

Target Group: Homeless women, age 18 and older, who are from Wake County. Length of Stay: Shelter – one night; Non-medical Detox – 3 to 5 days; Recovery Program – 7 to 12 months.

Other: The Sobering- Up Center offers non-medical detoxification. The overnight shelter offers emergency shelter one night at a time. The

recovery program is a long-term, 12-Step based, peer-run program for homeless women with alcohol and other drug problems. Pregnant women may stay in the overnight shelter but are not admitted to Detox or the recovery program. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, women must be at the Women's Center at 112 Cox Ave. Raleigh by 3:15 p.m. each day for the van pick-up.

**Holly Hill Hospital .....(Admissions) 800-447-1800**  
**3019 Falstaff Road, Raleigh, N. C. 27610**  
[www.hollyhillhospital.com](http://www.hollyhillhospital.com)

Provides treatment programs for children, adolescents, and adults covering a wide range of behavioral health issues. Provides treatment for: Depression; Anxiety and Stress, Bipolar Disorder; Other Emotional and Mood Disorders; Behavioral Problems; Alcohol Abuse and Dependency; Illicit and Prescription Drug Abuse and Dependency. A no-cost, confidential evaluation of a patient's needs is available 24 hours a day, seven days a week through the RESPOND department. Locations: Adult Campus, 3019 Fallstaff Rd. Raleigh 250-7000; Children's Campus, 201 Michael J Smith Lane Raleigh 27610 250-7600

**SouthLight .....787-6131**  
**3117 Poplarwood Court, Suite 203, Raleigh 27604 (Administrative offices)**  
[www.southlight.org](http://www.southlight.org)

SouthLight is an organization which offers numerous services for substance abuse including assessment, education, treatment, counseling, youth and juvenile offender services, court services, intervention, intensive outpatient treatment, methodone treatment, independent living skills, supervised living services. SouthLight also offers a wide variety of programs to address these issues. If you would like more information about the admission process, services or facilities, please call the above number. Below are just a few of the programs/services offered:

**Adult Services .....787-6131**  
**2101 Garner Rd., Suite 107, Raleigh 27610 &**  
**3125 Poplarwood Crt. Ste. 150 Raleigh**

**Youth & Family Services.....872-7373**  
**1012 Oberlin Rd, Raleigh 27604**

**Criminal Justice Service.....828-4892**  
**12 W. Martin Street, Raleigh, N. C. 27601**

**Primary Care.....832-1400**



2101 Garner Rd, Ste. 107 Raleigh 27610

Clients can receive evaluation and treatment of acute conditions (sinus infections, bronchitis, UTI); chronic condition management (hypertension, diabetes, pain), routine wellness exams, health education, etc.

Pregnant & Postpartum.....787-6131  
Residential program for pregnant/post-partum women

Triangle Family Services .....821-0790

3937 Western Blvd, Raleigh 27609

[www.tfsnc.org](http://www.tfsnc.org)

Individual, group, and family counseling. Also offering sex abuse treatment programs for children. Fees based on a sliding fee scale.

UNC Alcohol and Substance Abuse Program .....966-6039

1101 Weaver Dairy Rd., Chapel Hill, N. C. 27514

[www.med.unc.edu.alcohol](http://www.med.unc.edu.alcohol)

or (888)457-7457

Outpatient mental health and substance abuse services. Payment Accepted: Self payment, Medicaid, Medicare, Private health insurance, Military insurance, Payment Assistance. Mon-Fri 9am-6pm

UNC Horizons

Administrative office.....966-9803

Clinic.....966-2131

Residential...../960-3775

127 Kingston Drive, Chapel Hill 27514

[www.med.unc.edu/obgyn](http://www.med.unc.edu/obgyn)

A drug abuse treatment program for pregnant women and mothers with children, will provide perinatal substance abuse services. The program will include screening, case management, family planning, substance abuse and parenting education, and other in-home supports.

The Catholic Center(Catholic Diocese-Raleigh).....821-9700

7200 Stonehendge Dr., Raleigh 27613

[www.dioceseofraleigh.org](http://www.dioceseofraleigh.org)

Jewish Family Services.....676-2200

8210 Creedmoor Rd., Raleigh 27613

[www.shalomraleigh.org](http://www.shalomraleigh.org)

Women's Center.....829-3711

112 Cox Avenue, Raleigh 27605

[www.wcwc.org](http://www.wcwc.org)

Providing support services and mental health counseling to women in need.

**Armstrong**

House.....601-8551

9660 Falls of the Neuse Rd, Ste. 138, #231, Raleigh 27615

[www.armstronghouse.org](http://www.armstronghouse.org)

Armstrong House is a supportive housing organization which provides transitional housing for recovering alcoholics and substance abusers. We are run by, and for, those actively seeking recovery. We are a welcome place for men who are vested in living a life of recovery. We have several locations in Raleigh.

Life Resources of NC.....896-8520

[www.lrofnc.com](http://www.lrofnc.com)

183 Wind Chime Ct., Ste. 100 Raleigh 27615

Outpatient clinic that serves children, adults, and families with individual , family, and group counseling, psychiatric evaluations, medication management, speech therapy EAP programs. Yoga classes for youth, adults, family also offered. Currently accepting Medicaid, Health Choice, BCBS, and self- pay and sliding scale discount for outpatient services

ASPIRE .....800-708-0048

UNC Chapel Hill-Dept. Psychiatry, 2218 Nelson Hwy.Ste1  
Chapel Hill, NC 27517

[www.psychiatry.unc.edu/aspire](http://www.psychiatry.unc.edu/aspire)

Organization provides a range of service for children adolescents, and young adults with ASD spectrum, Bi-polar, or Schizophrenia disorder.

TROSA (Triangle Residential Options for Substance Abusers..419-1059

1820 James Street, Durham 27707

[www.trosainc.org](http://www.trosainc.org)

TROSA is a FREE two-year residential program. Key elements of the program include vocational training, education, peer counselling / mentoring, leadership training, and continuing care. TROSA is funded through the operation of several non-profit businesses that are operated by many TROSA participants and graduates.

**MEDICAL-DENTAL**

Wake Smile Community Dental Outreach.....390-6497

In The Salvation Army Judy D. Zelnak of Hope Center  
1863 Capital Blvd Raleigh 27604

[www.wakesmiles.org](http://www.wakesmiles.org)

Nonprofit dental clinic servicing low income, uninsured adults of Wake

County. Referrals accepted from local safety net organizations: Alliance Ministries, The Healing Place, Open Door Clinic of urban Ministries, Mariam Clinic, Project Access, Raleigh Rescue Mission, and The Salvation Army.

Wake Tech Dental Hygiene.....747-0126

Perry Health Sciences Building, 2<sup>nd</sup> Floor  
2901 Holston Ln., Raleigh 27610

<http://www.waketech.edu/programs-courses/credit/dental-hygiene/clinic-patient-information>

The Dental Hygiene Clinic accepts adults and children age 4 and older for cleanings, fluoride treatments, sealants, and radiographs. Patients are screened to determine eligibility and treatment needed. Some patients may not be appropriate for treatment in the clinic, and appointments cannot be guaranteed; availability varies by semester, according to the number of dental hygiene students enrolled. Referrals will be given for additional dental work needed. Fees are \$20 for each series of appointments (\$10 for screening; \$10 at start of cleaning). Payment may be made in cash or by check or debit/credit card. Patients with dental insurance are responsible for filing their own insurance claims. Services are FREE for Wake Techs students with valid ID.

UNC Chapel Hill Dental School

For application for 4-14 year old & older.....537-3737

For applications for 0-3 year old.....537-3956

Manning Dr. & Columbia Ave, Chapel Hill

[www.dentistry.unc.edu](http://www.dentistry.unc.edu)

Monthly drawings held to determine patient selection. Candidates placed on waiting list after application screening is passed. Applications do expire and must be renewed to be considered for drawings every 3 months. During screening appointment, the dentist will estimate the cost of treatment and the prospective patient must commit to paying for treatment. If unable to pay the estimated amount, the patient will be dismissed from the program.

**MEDICAL-EYECARE**

Division of Services for the Blind.....733-9822

or (866) 222-1546

309 Ashe Avenue Raleigh 27603

[www.ncdhhs.gov](http://www.ncdhhs.gov)

Must meet income eligibility based on household size for particular services. Some services provided free of charge. Must be a citizen or have Permanent Residency Card. Can include children up to age 22 (if listed on income tax return as dependents). Assistance for Employment, Medical, Training, Independent Living Skills, and Technology service provided.

Wake County Human Services.....250-4651 or 250-4690

220 Swinburne Str., Raleigh 27610

**NO LONGER PROVIDING ASSISTANCE FOR EYE EXAMS OR GLASSES.**

Some assistance for some surgeries and/ or eye medications. If a current eye exam has been performed and only in need of glasses, refer to New Eyes (<http://new-eyes.org/>) to print off application and bring to Human Services. Any Social Worker can sign off on the application but client must already have a prescription for glasses. Application can be electronically submitted by social worker. No fax or email of applications accepted. If approved, voucher for purchase of glasses will be sent to SW for pick up. Applicants can take their voucher to a local optical dispenser. The voucher is for full payment for a basic pair of glasses. New Eyes will directly reimburse the optical dispenser. Voucher recipients do NOT pay any additional money.

Lions Clubs International.....(headquarters) (630) 571-5466

[www.LionsClubs.org](http://www.LionsClubs.org)

Provides financial assistance for eye care through local clubs. Eligibility based on income and household size. Contact local club in your area.

UNC Department of Ophthalmology.....966-2061

UNC Kittner Eye Center

2226 Nelson Hwy, Ste. 200 Chapel Hill 27517

<http://www.med.unc.edu/ophth/>

Free or low cost eye exams for people of all ages. Income verification is required. Call 966-5296 with questions regarding financial assistance.

Eye-Care America.....(800)222-3937

<http://www.aao.org/eyecare-america/online-referral-center>

A public service foundation of the American Academy of Ophthalmology. Provides comprehensive eye exams and care for up to one year to those that are eligible. Those 65 or older and have not received an EyeMD in 3 or more years or those at risk for glaucoma and have not had an eye exam in 12 months or more may be eligible for a free glaucoma eye exam. Eye glasses NOT covered.

Optometry Cares.....(800) 766-4466

[www.aoafoundation.org](http://www.aoafoundation.org)

Vision USA provides free eye care to uninsured, low income working individuals and families. Eligibility based on income and household size. Must go thru referral agency (Raleigh Locations: Alliance Medical

Ministries, Alliance of Disability Advocates, Cottage Health Care Services, NC Recovery Support Services, Southlight, Community Partners Inc., Capital Care Collaborative, Urban Ministries, Salvation Army, First United Methodist Ch. Of Cary, Wake County Human Services & Turning Point Family Care). Referral submitted online ONLY by referring agency. Please see website for information on how the program works and for referral agencies in other NC counties or other states.

Prevent Blindness NC ( Resource Center).....800-331-2020  
4011 West Chase Blvd. #225, Raleigh 27607.....755-5044  
[www.preventblindness.org](http://www.preventblindness.org)

Delivers direct service programs through screening, publications, safety, education, information, and referral. Healthy Eyes Eyeglasses Program is for adults and children. Must be income eligible (200% poverty level), no other eyeglass benefits, referral provided by partner agency (National Association of Community Health Clinics). Vouchers provided by VSP.

NC Association of Educators.....(800) 662-7924 ext 205  
[www.ncae.org](http://www.ncae.org)

No income requirements. Eyeglasses and other items provided as deemed necessary. Must be a student enrolled in public school. Citizenship not required. School staff or school nurse must request assistance on behalf of the child. Parents cannot request the assistance. Cost of eye exam not covered. Application available September- June.

Sight for Students.....1(888) 290-4964  
[www.sightforstudents.org](http://www.sightforstudents.org)

Vision Service Plan program that provides eye exams and glasses to children 18 years (still in high school) and younger whose families cannot afford vision care. Must be income eligible (200% poverty level), no other eyeglasses benefits, US citizen or legal immigrant with a social security number. Referrals provided by National Association of Community Health Clinics partners (see website). Vouchers provided to VSP participating doctor in the area.

ZenniOptical.....(800) 211-2105  
[www.zenniOptical.com](http://www.zenniOptical.com)

Provides online ordering of low cost eyeglasses. Must have valid prescription. Must have credit card, debit card, paypal express or gift card) to make purchase.

We do not accept insurance. However, some insurance companies will accept an invoice copy for reimbursement. Flex Spending (with VISA or Master Card logo) can be used.

## **MEDICAL-HEARING AIDS**

**Lions Clubs International..... (Headquarters) 630-571-5546**

[www.LionsClubs.org](http://www.LionsClubs.org)

Provides financial assistance for hearing aids through local clubs. Eligibility based on income and household size. Contact Wayland Rhodes Jr. 733-6659/872-7770 locally.

**NC Services of the Deaf and Hard of Hearing..... (Voice) 890-0859**

**(Videophone) 859-8526, (TTY) 233-7082, (toll free TTY) 800-233-7082**

**4900 Waters Edge Dr., Raleigh 27606**

[www.ncdhhs.gov.dsdhh](http://www.ncdhhs.gov.dsdhh)

The Division of Services for the Deaf and the Hard of Hearing (DSDHH) provides not only direct services to individuals with hearing loss and the agencies and businesses that serve them but also the resources and linkages to programs and services all across North Carolina. DSDHH's customers include all North Carolinians who have questions, concerns or needs affecting Deaf, Hard of Hearing and Deaf-Blind individuals. Counties Served: Caswell, Chatham, Cumberland, Durham, Franklin, Granville, Harnett, Hoke, Johnston, Lee, Moore, Nash, Orange, Person, Vance, Wake and Warren.

**NC Assistive Technology Program (DHHS).....859-8360**

[www.ncatp.org](http://www.ncatp.org)

Provides any type of equipment that helps people with disabilities or older individuals be more independent at home, school, work, leisure, or community life. Free and fee based services provided. (Administered by NC Services of the Deaf and Hard of Hearing).

**Foundation for Sight and Sound.....631-366-3461**

**PO Box 1245 Smithtown, NY 11787**

[www.foundationforsightandsound.org](http://www.foundationforsightandsound.org)

*The Foundation for Sight and Sound through its Help America Hear Program (HAH) provides hearing aids for men, women, and children with limited financial resources. With this program, each person receives: two hearing aids, custom ear molds and one year limited service. After an application fee (see Tier 1, 2, 3 below) the only expenses are the cost of the hearing evaluation and batteries. These costs are not paid to HAH. Tier 1: \$25,000 or less in Gross Household Annual Income, no financial assets and NO hearing aid benefits . Tier 2: \$25,000-30,000 Gross Household Annual Income and allowable assets not to exceed \$5000. Tier 3: \$30,001-35,000*

Gross Household Annual Income and allowable assets not to exceed \$10,000.

Miracle Ear Foundation.....(800) 464-8002

[www.miracle-ear.com](http://www.miracle-ear.com)

Please consult website for locations near you (5 Wake County locations).  
Miracle-Ear Foundation, together with our donors, has been providing hearing aids, follow-up care, and educational resources to people with hearing loss who demonstrate personal inability to financially provide for their hearing health needs. Free hearing tests provided.

**PREGNANCY & CHILD CARE**

Birthchoice.....781-5433

2304 Wesvill Ct., Raleigh 27607

[www.birthchoicewake.org](http://www.birthchoicewake.org)

Free pregnancy testing and Free limited ultrasounds performed. Abortion information and post- abortion counseling provided. Referral and resources for maternity homes and adoption agencies provided. Assistance to apply for Medicaid available if needed. If you are in need of baby items and support during your pregnancy, we can refer you to a group called Project Gabriel. Food referrals to Catholic Parish provided.

Sacred Heart Cathedral.....673-2156

219 West Edenton Str., Raleigh 27603

[www.sacredheartcathedral.org](http://www.sacredheartcathedral.org)

The Gabriel Project tries to provide the needed emotional, material and spiritual support during pregnancy and after the birth of the baby as long as help is needed. Relationships are established with members of the church to bring new hope and comfort to women who are alone. Women we help include women who have chosen to put their baby up for adoption. You may also contact Catholic Social Ministries for referral churches and Birthchoice.

Community Partnerships, Inc.....781-3616 ext. 235

3522 Haworth Dr., Raleigh 27609

[www.communitypartnerships.org](http://www.communitypartnerships.org)

Early Intervention services at Community Partnerships are available to children, ages 0-5, in Wake County who have a developmental disability or a suspected delay in their development. Offering assistance with daycare, preschools or after school programs. Inclusion assistance also offered.

Planned Parenthood .....833-7526

100 S. Boylan Ave., Raleigh 27603

[www.plannedparenthood.org](http://www.plannedparenthood.org)

Preventive reproductive healthcare and education provided. Pregnancy testing, Birth Control pick up and Emergency Contraception are available on a walk-in basis during business hours. Please come at least one hour prior to close. All other services require an appointment. Mondays: 8:30a – 5p Tuesdays: 12:30p - 7:30p Wednesdays: 9:00a - 2:00p Thursdays: 11:30am- 7:30p Fridays: 9a - 5p Saturdays: 9:00a - 1:00 p. If you need emergency contraception (morning after pill), you can walk in any time the health center is open.

**Your Choice Pregnancy Clinic**

1701 Jones Franklin Rd Raleigh 27606.....758-8444

607 N. Ennis Str., Fuquay Varina 27526.....577-9050

3824 Barrett Drive #105, Raleigh 27612.....787-7423

<http://www.yourchoicepregnancyclinic.com/>

Does NOT perform abortions or arrange adoptions. Information provided that would help determine what kind of abortion procedure you would be eligible to receive if that is your choice. Medical quality pregnancy test, followed up with a confidential ultrasound exam provided. Our services are available regardless of income, race or religion. We serve the following cities: Fuquay-Varina, Holly Springs, Apex, Garner, SW Raleigh, Lillington, Benson, Dunn and surrounding areas.

**First Choice Pregnancy Solutions/ICU Wake County.....554-8093**

4237 Louisburg Rd Ste. 105 Raleigh 27604

[www.firstchoicepregnancy.org](http://www.firstchoicepregnancy.org)

Pregnancy tests, limited sonography, education regarding conception and abortion provided by medical professionals, shared decision making model, post procedure support, case management, and connections to community support. Walk-in or by appointment. After hours appointments also available. Mobile clinics also available, walk-ups welcome, text 919-269-4088 for appointment (see website for mobile clinic locations).

**Pregnancy Support Services**

Durham.....490-0203

14 Consultant Place, Durham 27707

Chapel Hill.....942-7318

1777 N. Fordham Blvd., Ste. 203, Chapel Hill 27514

Pregnancy test, 1<sup>st</sup> trimester ultrasounds, adoptions, abortions, individual peer counseling, sexual integrity support/education, after abortion counseling, and infant starter kit.



NC Division of Child Development and Early Education .....527-6335  
(Regulatory Services/ Licensing) Toll free NC residents only 1-800-859-0829  
820 S. Boylan Ave., Raleigh 27603  
Mailing Address: 2201 Mail Service Center Raleigh, NC 27699-2201  
[www.ncchildcare.nc.gov](http://www.ncchildcare.nc.gov)  
Regulates the health, safety, and well-being of children in out-of-home care;  
provides support and quality control services to child care providers.

Wake County Health Department.....212-7000  
10 Sunnybrook Rd, Raleigh 27601  
[www.wakegov.com](http://www.wakegov.com)

Women's Clinic F provides pregnancy testing and Clinic G provides prenatal care for uninsured and low income. Maternal Care Coordination is offered to the prenatal patients. Nurse Family Partnership program works with 1<sup>st</sup> time mothers.  
WIC Program provides various food and supplies for mothers and their newborns to enhance healthy outcomes.

Wake County Child Care Subsidy Program ..... 773-7600  
Main location: 220 Swinburne Str., Raleigh NC 27620  
Southern Regional Center: 130 North Judd Parkway NE, Fuquay, N. C. 27526....557-1076  
Northern Regional Center – 350 E. Holding Ave., Wake Forest, N. C. 27587 .....463-8439  
[www.wakegov.com](http://www.wakegov.com)

Only available for families in Wake County. Provides financial assistance to parents for their child care needs. The child care subsidy is based on an assessment of need, income and family size. If the person is eligible, the case manager will assist in finding a program that meets the needs of the child/children. Parental choice is honored whenever possible. Parental fees are assessed for families who are income eligible. Waiting list.

Florence Crittenton Service of NC.....800-448-0024  
1300 Blythe Blvd., Charlotte NC 28203 704-372-4663 (Charlotte NC)  
[www.fcsnc.org](http://www.fcsnc.org)

Maternity Home for women ages 10-40. Application required. Referral from State social worker needed.

Sarah's House Mother/Child Residential Parenting Program-Serves girls/women in legal custody of the Dept. of Social Services (foster care) to keep teen mothers and their children together in a safe supportive environment. Length of stay varies, 24 hour supervision provided.

**Legacy Hall Independent Living Program**--Legacy Hall is a department in our residential facility that caters to at-risk adolescent females, ages 16-21, in legal custody of the Department of Social Services. These clients receive vocational, life, and social skills development in order to facilitate positive future outcomes. *(Application available on website)*

With Love from Jesus.....233-8010421  
Chapanoke Rd Raleigh 27603

[www.withlovefromjesus.com](http://www.withlovefromjesus.com)

Provide clothing and other household items FREE of charge. Hours: Tuesday, Wednesday, Friday, & Saturday 9:30a-12p.

Catholic Parish Outreach.....873-0245

2013 Raleigh Blvd. Raleigh 27604

[www.cporaleigh.org](http://www.cporaleigh.org)

Maternity clothing and clothing for infants available with a referral from a participating agency. Hours: M-F 10a-1p.

North Raleigh Ministries.....844-6676

9650 Strickland Rd., Raleigh 27615

[www.northraleighministries.com](http://www.northraleighministries.com)

Clothing and household items provided. Hours: Mon-Fri 10a-7p; Sat 10a-6p.

#### REFUGEE/IMMIGRATION PROGRAMS

Lutheran Services Carolinas.....(919) 832-2620

Raleigh Office: 112 Cox Avenue, P. O. Box 12287, Raleigh, N. C. 27605

[www.lscarolinas.net](http://www.lscarolinas.net)

Provides a variety of refugee and immigration services. Offers immigration counseling, refugee social services, sponsorships and assistance with resettlement

NC Justice Center.....856-2570

224 S. Dawson Str., Raleigh 27601

[www.ncjustice.org](http://www.ncjustice.org)

**Immigration Law:** Provide free legal advice and representation to hundreds of low-income immigrants. **Employment Law:** Provide legal representation to immigrant workers whose employers did not pay them the promised wage, discriminated against them on the job, or committed other violations

of employment law. **Public Benefits:** Provide assistance to immigrants who have been inappropriately denied services by various public agencies, such as the Division of Motor Vehicles, offices of the Department of Health and Human Services, and the court system. Can also provide help for parents who encounter obstacles when enrolling their children in school. **Consumer Protections and Housing:** Represent immigrants who are victims of fraud, and we work to stop businesses from engaging in predatory and illegal practices. Help litigating cases involving landlord abuses of tenants who are immigrants

USCRI-Raleigh/ Boat People SOS.....334-0072

5 W. Hargett Str., Ste. 202, Raleigh 27601

[www.refugees.org](http://www.refugees.org)

Organization working on issues of human trafficking, refugee resettlement, and immigration. Emergency relief and recovery, domestic violence, labor exploitation, citizenship preparation, livelihood development, and workforce readiness training provided to eligible immigrants.

Boat People S.O.S.....770-458-6700

Regional Branch location: 607 Oakbrook Pkwy, Norcross, GA 30090

[www.bpsos.org](http://www.bpsos.org)

A national Vietnamese American community organization with the mission to empower, organize, and equip Vietnamese individuals and communities in their pursuit of liberty and dignity.

The NC Refugee Assistance Program.....527-6300

820 s. Boylan Ave, Raleigh 27603 (Dorothea Dix Campus)

[www.ncdhhs.gov](http://www.ncdhhs.gov)

The North Carolina Refugee Assistance Program (NC-RAP) is a short-term transitional program that is intended to produce early economic self-sufficiency for refugees and other eligible populations. NC-RAP consists of two primary service areas – Refugee Public Assistance and Refugee Social Services. The Refugee Social Services (RAP-SS) program provides help with employment, adjusting to life in the United States, certain immigration paperwork, and learning the English language. Other support services such as interpretation and transportation may also be available. There is no income eligibility criteria for RAP-SS, but services must be provided in accordance with a written service plan. A person is no longer eligible upon becoming a U.S. citizen. Lutheran Services Carolinas in Raleigh Area under contract with the state to provide specialized services to eligible newcomers. See website for other NC partners.

State Refugee Coordinator.....733-4650  
325 Salisbury Str., Raleigh 27603

**SENIOR RESOURCES**

Division of Aging and Adult Services,.....733-3983  
Taylor Hall, 693 Palmer Drive  
Mailing Address: 2101 Mail Service Center, Raleigh, N. C. 27699-2101  
[www.dhhs.state.nc.us/aging](http://www.dhhs.state.nc.us/aging)

The Division of Aging and Adult Services (DAAS) works to promote independence and enhance the dignity of North Carolina's older adults, persons with disabilities, and their families through a community-based system of opportunities, services, benefits, and protections; to ready younger generations to enjoy their later years; and to help society and government plan and prepare for the changing demographics.

Triangle J Area Agency on Aging.....558-2711  
4307 Emperor Blvd., Ste., 110, Durham 27703  
[www.tjaaa.org](http://www.tjaaa.org)

Provided training, education, and outreach for county based aging programs. The Ombudsman Program (800-310-9777), Advisory Council on Aging (558-2707), and Family Caregiver Support (558-9391) can be contacted here.

National Caucus and Center on Black Aged..... 558-2711  
2500 Meridian Pkwy#106 Durham 27713  
[www.ncba-aged.org](http://www.ncba-aged.org)

Senior Community Service Employment Program (SCSEP) is administered through this agency. This program provided temporary full-time or part-time employment typically at non-profit agencies for minimum wage. Must be at least age 55 or older, meet low income guidelines, and be unemployed. National address & phone: 1220 L Street NW, Ste. 800, Washington DC 20005, 202-637-8400. Representative available at WCHS NCWorks center @ 220 Swinburne Str. Raleigh.

Eastern NC Chapter of the Alzheimer's Association .....832-3732  
1305 Navaho Dr. #101 Raleigh 27605 toll free: 1-800-228-8738  
[www.alznc.org](http://www.alznc.org)

Alzheimer's North Carolina provides family support, community education, public awareness and supports research for the prevention, cure and treatment of Alzheimer's disease and related disorders. Provide assistance with information, educational programs and services to patients, their families, health care professionals and the general public. Through support groups, Helpline and networking with other non-profits and local, state and federal agencies, additional information and care is provided

Transitions Life Care .....828-0890

or 888-900-3959

(formerly Hospice of Wake County)

250 Hospice Circle, Raleigh 27605

[www.transitionslifecare.org](http://www.transitionslifecare.org)

Offer a range of services including hospice, home health, palliative care, and bereavement support. Services are tailored to meet the exact needs, wishes and goals of each patient and family member.

North Carolina Assisted Living Association .....467-2486

3392 Six Forks Rd., Raleigh 27609

[www.ncala.org](http://www.ncala.org)

Provides information, advocacy, and support regarding assisted living facilities in NC.

Resources for Seniors .....872-7933

1110 Navaho Dr., Suite 400, Raleigh, N. C. 27609

[www.resourcesforseniors.com](http://www.resourcesforseniors.com)

Resources for Seniors operates programs and services for independent as well as dependent senior and disabled adults in Wake County.

Provides information on support services, affordable senior housing, medical care, facilities, etc.

Volunteer Raleigh (City of Raleigh).....996-6295

222 Hargett Str., Raleigh 27601

[www.raleighnc.gov/community/content/CommServices/Articles/VolunteerRaleigh.html](http://www.raleighnc.gov/community/content/CommServices/Articles/VolunteerRaleigh.html)

Volunteer Raleigh is a city sponsored volunteer management program and referral source connecting volunteer sites with active volunteers for service. Opportunities for those 18 and older to volunteer.

Foster Grandparents Program- 55 and older. Serve 20 hours per week to help elementary school children learn to read and tutoring. Hourly stipend, transportation reimbursement, ongoing training and supplemental insurance provided.

RFS/Friendly Visitor Programs .....872-7933

1110 Navaho Drive, Raleigh 27609

[www.resourcesforseniors.com](http://www.resourcesforseniors.com)

Provides outreach services by phone or 1 hour weekly home visit to older adults who live alone and/ or are socially isolated. Call RFS Information Desk and ask to be referred. Center for Volunteer Caregiving will match client and volunteer FREE of charge.

**Wake County Human Services (Senior/Adult Services).....212-7164**

**220 Swinburne Rd, Raleigh 27620**

**[www.wakegov.com](http://www.wakegov.com)**

**The Senior & Adult Services Department provides: Placement services  
Assessment services for at-risk individuals. Case management services for  
people receiving Special Assistance/In-Home funds. Monitors adult care  
homes and adult day care programs. Protective services to disabled adults  
who are alleged to be abused/neglected/ exploited and in need of protection  
provided. Services are also provided to consumers who have been declared  
mentally incompetent and who have no one else to assume decision-  
making responsibility  
Providing short term generic case management to bridge consumers with  
community services**

**Medicare Prescription Drug Plan.....(800)633-4227**

**[www.medicare.gov/find-a-plan](http://www.medicare.gov/find-a-plan)**

**This tool will allow you to find plans in your state that match your required  
drug list.**

**Help with Medicare prescription drug plan premiums....1-800-772-1213**

**[www.socialsecurity.gov](http://www.socialsecurity.gov)**

**Help with Medicare prescription drug premiums. Form SSA-1020.**

**The Medicare prescription drug program gives you a choice of prescription  
plans that offer various types of coverage such as Extra help to pay for  
monthly premiums, annual deductibles, and co-payments related to the  
Medicare prescription drug program. You must complete an application at  
[www.socialsecurity.gov](http://www.socialsecurity.gov) or you may request a paper copy. IF YOU ARE  
RECEIVING SSI OR MEDICAID AND MEDICARE ALREADY YOU WILL  
AUTOMATICALLY GET THE EXTRA HELP AND DO NOT NEED TO  
COMPLETE AN APPLICATION**

**North Carolina SHIP .....855-408-1212**

**11 South Boylan Ave., Raleigh 27603**

**[www.ncdoi.com](http://www.ncdoi.com)**

**Senior's Health Insurance Information Program (SHIP) is a consumer  
information division of North Carolina Department of Insurance that assists  
people with Medicare, Medicare Part D, Medicare supplements, etc.**

**Wake Community Resource Connection (Wake CRC).....713-1530**

**[www.wakecrc.org](http://www.wakecrc.org)**

Provides Options Counselors that can help identify and connect the elderly and disabled and care-givers to service options available to them in the community.

**TRANSPORTATION**

**Accessible Raleigh Transportation (A.R.T.) .....996-3459**

[www.raleighnc.gov](http://www.raleighnc.gov)

The City of Raleigh provides transportation services for persons with disabilities. There are two levels of services:

Tier 1 service is available for permanent Raleigh residents who do not have a valid driver’s license, and are identified as a person with a physical or mental disability. Tier II service is available to persons who qualify under the Americans with Disabilities Act (ADA) or individuals whose functional disabilities prevent use of accessible fixed route bus and rail systems. Call for instructions on how to apply. ART eligibility is valid for two years from the date of approval. You must reapply to keep your eligibility current beyond the date listed above. To avoid any loss of service eligibility, please request a new application from our office eight (8) weeks in advance of the expiration date. Eligible riders will receive a photo identification card to be used for scheduling service and purchasing tickets.

**C-Tran .....481-2020**

129 Maury O’Dell Place, Cary 27513 (Cary Senior Center)

316 Academy St Cary 27513 (Town of Cary)

[www.townofcary.org](http://www.townofcary.org)

Hours of operation Monday-Saturday, 6 a.m. to 10 p.m.

The Town of Cary provides two types of service: fixed route and door-to-door service. The new fixed route system replaces the previous general public door-to-door service. Cary citizens who are disabled or at least 60years old will continue to have the option of door-to-door service. All seniors (age 60 or older) and persons with disabilities must go to the Cary Senior Center in order to verify residence, age, and/or disability and to have a photo ID made. A free ride to and from the Senior Center will be provided by calling (919) 481-2020. Town of Cary offers an assistance program on C-Tran tickets for those residents who have limited financial means to pay for public transportation. Dorcas Ministries is the designated non-profit agency serving as the distribution point for these tickets. The contact person is Jill Straight; 919-469-9861, ext. 201

**GO Raleigh -Capital Area Transit (CAT)**

4104 Poole Rd, Raleigh 27610 (Adm. Office).....996-4040

214 S. Blount St., Raleigh 27601 (Route Info).....996-3285

[www.gotriangle.org](http://www.gotriangle.org)

Call for information and schedule. Harris Teeter stores only sell 7 Day Passes, Reduced Fare 7 Day Passes and 31 Day Passes. GoLinx (485-7433 route info & 485-7468 for and application) is a curb-to-curb paratransit service (with a door-to-door option, upon request) provided by GoTriangle for the citizens of Raleigh, Durham and Chapel Hill. The service is designed for residents with disabilities that prevent them from using the GoTriangle fixed-route bus service.

Resources for Seniors, Inc. ....713-1527  
1110 Navaho Dr. #404, Raleigh 27609  
[www.resourcesforseniors.com](http://www.resourcesforseniors.com)  
Limited medical transportation, nutrition site transportation and grocery shopping transportation available. Call for more information.

Traveler's Aid (Cornerstone) .....508-0777  
220 Snow Avenue, Raleigh 27603  
One time assistance to displaced/stranded travelers when funds are available. Call before coming to Cornerstone to apply in order to see if funds are available. Must be able to contact someone on destination end to ensure willingness to accept traveler. Monday and Friday mornings at 9; serving first 6 persons.

GO Raleigh-Triangle Transit Authority (TTA).....485-7433  
4104 Poole Rd, Raleigh 27610 (Admin. Office).....996-4040  
4600 Emperor Blvd. #100, Durham 27703 (Adm. Offices)  
[www.gotriangle.org](http://www.gotriangle.org)  
Office hours Monday through Friday 6:00 a.m. – 6:30 p.m. Bus hours Mon-Fri 6a. – 10:30 p.; Sat 6:30a-10:30p., Sun-6:30a-6:30p. Free vanpool matching available to the general public (485-7461) and regional bus service to Raleigh, Durham, Chapel Hill, RTP, and RDU. Bus schedules available at Moore Square information booth. Offers direct airport shuttles from Regional Transfer Center.

Wake County Transportation Center .....212-7005  
220 Swinburne Rd., Raleigh, N. C. 27610  
[www.wakegov.com](http://www.wakegov.com)  
Monday – Friday, 8:00 a.m. – 5:00 p.m.  
Walk-ins: Monday - Friday, 9:00 – 11:00 a.m. and 2:00 – 4:00 p.m.  
Medical transportation through Medicaid and other transportation services for Wake County citizens.

TRACS (Wake County Human Services).....212-7005  
220 Swinburne Rd., Raleigh 27610



[www.wakegov.com](http://www.wakegov.com)

Transportation provided to residents of non urbanized areas of the county. Service is delivered by zone. The service zones are the northern, eastern, southern and southwest areas of the County. Services are provided five days a week. 24 hour or more advance notice for pick up. First come first served. Fees charged per trip. Mon-Fri 5a-8p; Saturday for dialysis and employment ONLY. Service hours vary daily depending on appointments and scheduling but generally 5a-8p.

Wolfline.....515-3424

2721 Sullivan Dr., Raleigh

<http://www2.acs.ncsu.edu/trans/wolfline/index.html> or [www.gotriangle.org](http://www.gotriangle.org)

Open to students and the general public. No fare or Student ID required to ride. Operates everyday classes are in session. Routes vary between Fall, Spring, and Summer service.

Wheels for Hope.....832-1941

929 S. Saunders Str., Raleigh 27603

[www.wheels4hope.org](http://www.wheels4hope.org)

Faith based nonprofit that repairs donated cars and recycles them back in the community. Referral by partner agency required. General public sales also provided on Tuesday and Thursday from 9:00am-4:00pm.

#### VETERAN'S SERVICES

Durham VA Hospital ..... 286-0411

Raleigh VA Clinic.....212-0129

3305 Sungate Blvd., Raleigh 27601

Medical Care available @ 508 Fulton St, Durham and at the Raleigh Clinic.

Limited transitional, housing for homeless veterans. Primary care and behavioral services.

NC Division of Veteran's Affairs ..... 733-3851

1325 N. Salisbury Str., Raleigh

[www.doa.state.nc.us/vets](http://www.doa.state.nc.us/vets)

State level office that assists veterans and their dependents with applying for and obtaining veterans benefits. Open Monday thru Friday from 8:00am-5:00pm.

The Raleigh Vet Center..... 361-6419

Or 877-927-8387

8851 Ellstree Lane, Ste. 122 Raleigh 27617

[www.va.gov](http://www.va.gov)

Free counseling and referral services for veterans suffering from combat trauma and sexual trauma provided by a qualified team of counselors.

Hours of operation-8:00am-4:30pm. Services available after hours and on weekends with appointment. Call for more information.

**The Raleigh Vet Center II..... 899-6259**  
3040 Hammond Business Place, Ste. 105, Raleigh 27603  
[www.va.gov](http://www.va.gov)

Intensive Outpatient services for Veterans in the Raleigh, NC, the capital and surrounding areas. Behavioral Health services. Handicapped Accessible: full and easy access for all veterans. Prescriptions: Routine prescriptions processed through the mail or My HealthVet.

**Wake County Human Services Veterans Services ..... .212-8387**  
3000 Falstaff Rd, Raleigh 27610  
[www.wakegov.com/veterans](http://www.wakegov.com/veterans)

The Wake County Veterans Services Office assists eligible veterans, their dependents and/or surviving spouses, children of deceased veterans, members of the Reserves or National Guard, and active-duty service members in applying for benefits and services from the Department of Veterans Affairs and North Carolina Division of Veterans Affairs .Hours 8:30-5p Monday-Friday.

**Veterans Services.....,.....857-9428**  
1420 S. Wilmington St., Raleigh 27603 (Men’s Shelter)

Assists homeless veterans with obtaining military paperwork, housing, employment assistance, medical care, help with transportation and other services.

**Veterans Services.....508-0777**  
220 Snow Ave., Raleigh (Cornerstone Bldg.)

Assists homeless veterans with obtaining military paperwork, housing, employment assistance, medical care, help with transportation and other services. Thursdays from 1:00pm-4:30pm.

**National Record Center.....(314)801-0800**  
9700 page Ave., St. Louis, MO 63132-5100

[www.archives.gov](http://www.archives.gov)

Military personnel records, health, and medical records of discharged and deceased veterans of service during the 20<sup>th</sup> century. Records prior to WWI see National Archives Building in Washington DC.

**US Department of Labor.....(866)487-2365**  
3rd Str. NW, Washington DC

[www.dol.gov/vets](http://www.dol.gov/vets)

**National Resource Directory**

[www.ebenefits.va.gov](http://www.ebenefits.va.gov)

Online partnership for connecting wounded, ill, and injured service members, veteran, families, and those who support them.

**National Call Center for Homeless Veterans.....(877) 424-3838**

[www.va.gov](http://www.va.gov)

Providing transition services to discharged and wounded veterans. The Department of Veterans Affairs' (VA) has founded a National Call Center for Homeless Veterans hotline to ensure that homeless Veterans or Veterans at-risk for homelessness have free, 24/7 access to trained counselors. The hotline is intended to assist homeless Veterans and their families, VA Medical Centers, federal, state and local partners, community agencies, service providers and others in the community. One on one employment assistance.

**YOUTH SERVICES**

**Raleigh Boys Club.....834-6281**

**Raleigh Girls Club.....821-9191**

**701 N. Raleigh Blvd., Raleigh 27601**

**Brentwood Club.....790-8284**

**2025 New Hope Church Rd Raleigh 27604**

**Wake Forest Club.....556-7266**

**325 S. Wingate Street, Wake Forest 27587**

**Washington Elementary School.....518-9609**

**1000 Fayetteville Str. Raleigh 27601**

**The Club Teen Center.....250-3595**

**721 N. Raleigh Blvd Raleigh 27610**

**Zebulon Club.....404-1087**

**1320 Shepard School Rd Zebulon 27597**

[www.wakebgc.org](http://www.wakebgc.org)

Offers arts, sports, health, life skills, educational and career development, and character and leadership development in a fun atmosphere. Open after school from 2:30pm- 8:00pm daily. Programs are administered and supervised by trained and caring staff. We accept new members between the ages of 6 and 14(\$7.50 annual fee). Existing members can renew their membership yearly until high school graduation. The Club is open in accordance with the Wake County Public School System Traditional Calendar.

**Youth & 4-H.....250-1100**

**4004 E Carya Dr., Raleigh 27610 (NC Extension Bldg.)**

[www.wakegov.com](http://www.wakegov.com)

4-H club, summer camps, teen programs, leadership experiences, afterschool programs.

Salvation Army Community Center.....834-6733  
1863 Capital Blvd

[www.wakearmy.org](http://www.wakearmy.org)

The Salvation Army's After-school and Track-out Programs provide a safe and positive environment for children (ages 5-12) to meet new friends and become more self-sufficient. The many activities focus on developing a child's mind, body and spirit...but to the kids, it's all just fun and games! Some components of the After-school Program, serving both traditional and modified calendar schools, include: Bible study Tutoring through the REACH & LEAP Program Learning to engage in a healthy lifestyle Recreational activities Developing hobbies and interests through photography, arts and crafts, chorus and journalism, and more.

Volunteer Raleigh (City of Raleigh).....996-6295  
222 Hargett Str., Raleigh 27601

[www.raleighnc.gov/community/content/CommServices/Articles/VolunteerRaleigh.html](http://www.raleighnc.gov/community/content/CommServices/Articles/VolunteerRaleigh.html)

Volunteer Raleigh is a city sponsored volunteer management program and referral source connecting volunteer sites with active volunteers for service. Opportunities for those 18 and older to volunteer.

City of Raleigh Parks and Recreation  
2401 Wade Ave., Raleigh 27607

[www.raleighnc.gov](http://www.raleighnc.gov)

Teen program.....996-2142 or 9962141  
12 -18 year olds that are still attending school. Team building activities, Teen Outreach Programs, Summer Camps, and Raleigh Youth Council involvement. Facilities located in Raleigh and surrounding areas.

Saint Monica Teen Center.....996-4770  
13-19 year olds that are still attending school. Free membership. Activities include: Teen Advisory Board, Homework Assistance, Interview Skills, Fitness & Healthy Living, Art Class, Card and Board Games & Video Game Tournaments. Teen Lounge, Technology Room, and Dance & Fitness room available.

Youth and Family.....966-1276  
Vocational, educational, and social skills training. Offers summer employment opportunities also age 15-18.

Youth School Based Programs/ Summer Camps.....996-6165  
Year round track out, before/afterschool programs, and summer camps

**Work Force Investment.....814-0400**  
301 N. Wilmington Str., Raleigh 27601  
[www.capitalareawdb.com](http://www.capitalareawdb.com)

**WIA Youth Services-The Workforce Investment Act (WIA) youth program provides education, training and employment opportunities for low-income youth. Services are tailored to meet the specific needs of the individual and may include the following elements: Tutoring, study skills, and dropout prevention strategies Alternative secondary school offerings, Summer employment opportunities linked to academic and occupational learning, Comprehensive Guidance and Counseling, Paid and unpaid work experience ,Occupational skills training, Leadership development Supportive services, Adult mentoring, Follow-up activities.**

**NC Theatre 4 Change.....855-0015**  
3043 Barrow Drive Raleigh 27616  
[www.nctheatre.com](http://www.nctheatre.com)

**Semi-Professional Actors and a Moderator bring an in-class workshop to your school or organization. Through the use of self-expression enhancing theatre games, exercises centered on creating an open forum for safe and comfortable discussion, student involved role playing, subject matter specific performances, and in-character processing, Theatre 4 Change heightens awareness and encourages individual change in a variety of situations including Body Image, Boundaries, Bullying, Conflict Resolution, Exclusion, Peer Pressure, Substance Abuse, and more. All program prices vary, usually requiring only a small stipend. Fees are kept to a minimum due to generous corporate and private support.**

**Job Corps.....(Raleigh) 954-0691**  
1096 US Hwy 1 South, Kittrell 27544.....(252)438-6161  
<http://kittrell.jobcorps.gov>  
[www.jobcorps.gov](http://www.jobcorps.gov)

**Education and job training program. Students who don't already have a high school diploma upon their arrival at Kittrell can enroll in our GED/high school program. The College Program provides our students with an opportunity to advance their skills and knowledge through courses at Vance-Granville Community College. The college offers two programs: Off-Center Training and Advanced Career Training. Must be between ages of 16-24. No cost to participants and family. Some stipends for living expense provided.**

**Tarheel Challenge Academy.....(910) 525-5520**  
600 N. Main Str., Salemburg 28385 (800) 573-9966

**www.nc-tcchallenge.org**

**Mission to improve the life coping skills and employment potential for high school drop outs and expellees. No cost to families. Quasi-military program. No military obligation upon completion of program. Anyone can recommend a candidate. The National Guard Youth Challenge Programs are a national program and all 50 states (and U.S. territories) have programs 888-684-5437 or www.ngycp.org.**

**Kids Peace.....872-6447**

**3117 Poplarwood Crt, Cypress Bldg., Ste. 100 Raleigh 27604**

**[www.kidspeace.org](http://www.kidspeace.org)**

**Foster care, community support, outpatient counseling, juvenile justice programs**

**Haven House.....833-3312**

**600 W. Cabarrus Str., Raleigh 27603 (Main office)**

**[www.havenhousenc.org](http://www.havenhousenc.org)**

**Teen shelter (Wrenn House) for ages 10/17 offering safe, legal, responsible environment for runaways located at 908 W. Morgan Street 832-7866. Day program for long-term suspended youth (SCORE), community service, life skills training, counseling, Second Round athletic program, diversion and intervention programs located at 600 W. Cabarrus Street 833-3312. Outreach Center for homeless youth ages 17-23 located at 832 Wake Forest Rd., 919-896-7865, Mon, Wed., & Fri 1p-5p, offering shelter, food, hygiene, and crisis counseling. Also scattered sites apartment program (Transition in Place) offered for 18-21 year olds .**

**YMCA.....719-9633**

**801 Corporate Center Pkwy #200 (Admin. Office, Raleigh**

**[www.ymcatriangle.org](http://www.ymcatriangle.org)**

**Several locations in Wake County. Summer day camps, after school programs, track out programs, fitness, sports, and fitness.**

**Youth Empowerment Solutions.....878-8777**

**4418 Louisburg Rd., Ste.13, Raleigh 27616**

**[www.youthempoweredolutions.org](http://www.youthempoweredolutions.org)**

**Y.E.S! Academy (Youth Empowerment School) is designed to empower, educate youth for personal growth, leadership development, creativity, financial literacy, volunteerism, and civic education. YES! has developed a nationally-recognized model of social change through youth empowerment and provides training and customized services to organizations and individuals to leverage the unique skills and advocacy power of young people.**

**Big Brother Big Sister.....850-9772**  
 909 Aviation Pkwy Ste.1500 Morrisville 27560  
[www.bbbstriangle.org](http://www.bbbstriangle.org)  
 Volunteer organization for mentoring youth

**100 Black Men.....(no public #)**  
 P.O. Box 13756, RTP, NC 27709  
[www.100blackmentriangleeast.org](http://www.100blackmentriangleeast.org)  
 Providing mentoring, education, health and wellness, economic development, and leadership skills to young men.

**Backpack Tutoring.....800-8787**  
[www.backpacktutoring.com](http://www.backpacktutoring.com)  
 Our tutor program places volunteers in elementary schools throughout Wake County for children in grades K-5 at no cost to the school or the parents. Our tutors work one-on-one with children who are below grade level in math, reading, and writing and at risk of retention.

**Neighbor to Neighbor Outreach.....833-7218**  
 1200 S. Blount Street, Raleigh 27601  
[www.n2n outreach.org](http://www.n2n outreach.org)  
 Young Life Teen Outreach program, Student employment program, and Upward-bound college preparation.

**House of Hope.....550-8184**  
 408 Covered Bridge Rd., Clayton 27520  
[www.houseofhopeofnc.com](http://www.houseofhopeofnc.com)  
 Therapeutic school, home, and counseling center for hurt and troubled girls age 12-17.

**Passage Homes Youth Development.....834-0666**  
 513 Branch Str., Raleigh, 27601  
[www.passagehome.org](http://www.passagehome.org)  
 This program provides a thriving environment for children ages 5-12 to receive tutoring, mentoring and enjoy recreational activities. Each kid is provided with after-school snacks and access to our computer lab.

**Apprenticeship USA.....1-866-487-2365**  
[www.dol.gov/apprenticeship](http://www.dol.gov/apprenticeship)  
 Earn a paycheck from day one. Learn hands on career training in a wide selection of programs such as health care, construction, information

technology and geospatial careers. An education and the potential to earn college credit and in some cases paid for by your employer.

**NCWorks Apprenticeship.....814-0400**

313 Chapanoke Rd, Ste. 120 Raleigh 27603

<https://www.nccommerce.com/wf/job-seekers/apprenticeships>

NCWorks Apprenticeship helps workers learn new specialized skills needed in today's workforce through its apprenticeship programs. Apprentices will receive a Certificate of Completion and will have earned the highly skilled "journey worker" designation. The program can last one to five years, depending on the occupation. Veterans can continue to supplement their income through the GI Bill while they are employed as part of an apprenticeship program. Students looking for an alternative to a four-year college degree should consider apprenticeship training. As opposed to spending significant financial resources preparing for a career, students in an apprenticeship program are paid a progressively increasing wage as they learn the occupation. Students are encouraged to contact their high school or technical college counselor, an employer, employer's organization, or local union. They can also call the bureau at 919-814-0303, or e-mail [apprenticeshipmail@nccommerce.com](mailto:apprenticeshipmail@nccommerce.com)

**Americorps Programs.....1-800-942-2677**

[www.ncworks.gov](http://www.ncworks.gov) or [www.nationalservice.gov](http://www.nationalservice.gov)

AmeriCorps NCCC-Ages 18-24. 10 months, full residential program. Living allowance, housing, meals, child care (if eligible), uniforms, health insurance provided. Members become eligible for the Segal AmeriCorps Education Award. Mission to address community concerns, public safety, the environment and other areas.

**Camp SWAG (Students with Ambition & Goals).....443-5866**

P.O.Box 3392 Cary 27519

[www.cswag.org](http://www.cswag.org)

Camp S.W.A.G. is poised to be a 21st century high-tech entrepreneurship and innovation center geared toward cultivating the minds and talents of teenagers. The mentorship program will focus mainly on: preparing youth for the corporate world (teaching youth how to build strong resumes, interviewing techniques, and professionalism), aiding in academic endeavors, planning/applying for colleges, and time management training. Our mentorship program matches teens with adult volunteers of similar ethnicity, gender and cultural backgrounds. Must be at least 13 years old, parent must complete application and fees apply.



**Sparkle Mentoring Program.....231-5553**  
**SPARKLE is a 501(c)3 nonprofit organization formed for minority girls ages 12-18. We will provide a group mentoring experience. We provide a nonjudgmental and safe environment in which teens participate in interactive monthly enrichment workshops facilitated by community professionals and leaders.**