

Who We Are

Community Care of Wake and Johnston Counties provides support to patients with Carolina Access Medicaid. In addition to assistance with quitting smoking, we offer case management services, health education and medication reviews by a Pharmacist. We help our patients locate community resources and foster relationships between patients and their medical home.

There is no charge to Carolina Access Patients for these services.



*Community Care
of
Wake and Johnston Counties*

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(919) 792-3649
Stop Smoking Helpline

Is it your time to quit?



Let us help.

*Community Care
of Wake and
Johnston Counties*



What You Should Know

Smoking causes:

Cancer

Smoking is linked to many types of cancer. 87% of lung cancer deaths are caused by smoking.

Chronic Bronchitis & Emphysema

These diseases make it hard to breathe. In the later stages, patients can only breathe comfortably with an oxygen tube.

COPD

The late stage of chronic lung disease creates a feeling of gasping for breath all the time— much like drowning.

Heart Disease

Smoking cigarettes increases the risk of heart disease. A smoker who has a heart attack is more likely to die within an hour of the heart attack than a non-smoker.

Health Problems in Loved Ones

Children whose parents smoke are more likely to suffer from asthma, pneumonia, bronchitis, ear infections, coughing, wheezing, and increased mucus production.

What We Do

- Listen
- Link you with support
- Assist you in making a plan
- Communicate with your health care provider about medications that can help you stop smoking
- Reinforce your decision



You can quit for good.
We are here to help.

Call
(919) 792-3649

