

Rescue

- Rescue medicines relax the tightening of muscles around your airways.
- Tell your doctor if you use these more than 2 times a week. You may need a controller medication.
- Always use a spacer with an inhaler. Rinse mouth after use.

Swelling/Inflammation

Extra Mucus

Tightening Muscles

Examples:



Proventil HFA



Xopenex HFA



ProAir HFA



Ventolin HFA



Maxair™
Autohaler™



Albuterol Nebulizer
Solution



Xopenex Nebulizer
Solution

Controller

- Controller medicines help prevent mucus and swelling/ inflammation of your airways.
- Use these medicines EVERY DAY even if you feel well.
- These are NOT intended for use in breathing emergencies.
- Always use a spacer with an inhaler. Rinse mouth after use.

- S**welling/Inflammation
- E**xtra Mucus
- T**ightening Muscles

Examples:



QVAR HFA
40 mcg or
80 mcg



Flovent HFA
44, 110, or
220 mcg



Flovent® Diskus®
50, 100, or
250 mcg



Asmanex®
110 mcg or
220 mcg



Pulmicort Flexhaler
90 mcg or 180 mcg



**Pulmicort
Respules**



Alvesco® HFA 80 mcg
or 160 mcg

