

## COMMUNITY MENTAL HEALTH PROVIDERS FOR SPANISH-SPEAKING CLIENTS IN WAKE COUNTY

| <b>Agency</b>                              | <b>Contact</b>                | <b>Phone/Address</b>   | <b>Payment</b>                                 | <b>Adults/Children</b> | <b>Referral Info-Call before Referring</b>  |
|--|-------------------------------|--|--|------------------------|---|
| <b>Adcor</b>                               | Blain<br>Cargile              | <b>847-3035</b><br>3622 Haworth Drive<br>Fax 845-5123                                      | <b>IPRS; Medicaid</b>                          | Adults<br>Children     | Office-based <b>Therapy clients only; <u>no MD</u></b> ;  |
| <b>Alison Burke,<br/>LCSW</b>              | Alison<br>Burke               | <b>571-2660</b><br>4008 Barrett Dr.<br>Suite 106   | Medicaid<br>Healthchoice<br>BCBS State Plan    | Adults<br>Children     | Office-based Therapy; <b><u>No MD</u></b> ;   |
| <b>Caring Family<br/>Network</b>           | Stephanie<br>Evans            | <b>870-8699</b><br>6050 Six Forks Rd<br>Fax 870-8544                                       | <b>IPRS for<br/>children only;</b><br>Medicaid | Adults<br>Children     | Community Support; <b>Spanish-<br/>speaking MD one day a week</b>   |
| <b>Catholic<br/>Charities</b>              | Catalina<br>Bethea<br>Ext. 29 | <b>790-8533</b><br>3000 Highwoods Blvd<br>Fax 790-8836                                     | Medicaid; Some<br>insurance; Sliding<br>scale  | Adults                 | Office-based Therapy; <b><u>No MD</u></b> ; <b>No<br/>meds; No after-hours coverage;</b><br>Some evening hours. |
| <b>Jeff<br/>Chambers,<br/>MD</b>           | Receptionist                  | <b>861-8890</b><br>5816 Creedmoor Rd Suite<br>205<br>Fax 861-8893                          | Private Pay;<br>Insurances                     | Adults                 | <b>Spanish-speaking psychiatrist;</b><br>Not accepting new patients   |
| <b>Coordinated<br/>Health<br/>Services</b> | Shelley<br>Welch              | <b>247-9906</b><br><b>518-0700</b><br>10320 Durant Rd Suite 101<br>Raleigh<br>Fax 518-1744 | <b>IPRS, Medicaid</b>                          | DD Clients only        | Targeted Case Management  |
| <b>Easter Seals</b>                        | Tom<br>Lesniak                | <b>256-0736</b><br>134 Wind Chime Ct<br>Fax 256-0781                                       | <b>IPRS; Medicaid;</b><br>Healthchoice         | Adults<br>Children     | Community Support only  |
| <b>Empowered<br/>Counseling</b>            | Joe Wilkins                   | <b>870-0524</b><br>10940 Raven Ridge Rd<br>Fax 870-0873                                    | Medicaid,<br>Healthchoice,<br>Private Pay      | Children<br>Adults     | In-home and office based therapy;<br>Intensive In-Home, Community<br>Support                                    |

| <b>Agency</b>                                 | <b>Contact</b>       | <b>Phone/Address</b>  | <b>Payment</b>   | <b>Adults/Children</b>         | <b>Referral Info-Call before Referring</b>               |
|---|----------------------|---|--|--------------------------------|--|
| <b>First Step Services</b>                    | Mandy Hopper         | <b>614-2811</b><br>211 E Six Forks Rd #117,<br>Raleigh<br>136 US Hwy 70 Suite 201<br>Garner           | Private Insurance<br>Private Pay                         | Adults<br>Adolescents          | Office-based therapy; Spanish-speaking psychiatrist      |
| <b>Flourish Play Therapy and Counseling</b>   | Amy Allen            | <b>518-0775</b><br>6512 Six Forks Rd Suite<br>403 B<br>Fax 847-0455                                   | Medicaid;<br>Healthchoice;<br>Private Pay                | Children ages 2 – 12           | Office-based Child Centered Play Therapy                 |
| <b>Haven House</b>                            | Sara Chenlo          | <b>833-3312 Ext 104</b><br>706 Hillsborough<br>Suite 200<br>Fax 833-3512                              | <b>IPRS;</b> Medicaid;<br>Healthchoice;<br>Sliding Scale | Children 7 – 21                | Short-term crisis center; Intensive In-Home Therapy; MST |
| <b>Joe Hazel Counseling</b>                   | Natasha Camacho      | <b>452-0738 441-8959</b><br>2940-6 Trawick Rd<br>Fax 329-9848   | Sliding Fee  | Families<br>Adults<br>Children | In-home and office based; <b>no MD</b>                   |
| <b>Institute For Family Centered Services</b> | Sandy Pierce         | <b>786-8000</b><br>2209 Century Drive Suite<br>400<br>Fax 786-2591                                    | <b>IPRS;</b> Medicaid;<br>Healthchoice                   | Children                       | Community Support Only                                   |
| <b>Integrated Health Care</b>                 | Sonia Vega<br>Ext. 9 | <b>861-8890</b><br>146 Wind Chime Court<br>Raleigh, NC 27615<br>Fax 861-8893                          | Magellan; Cigna;<br>United; BCBS; &<br>others            | Adults                         | Office-based Therapy, <b>MD</b>                          |
| <b>La Ceiba Counseling Center</b>             | Receptionist         | <b>873-1551</b><br>1001 Navaho Drive, Suite<br>150<br><b>462-1650 802-3552</b><br>975 Walnut St, Cary | Medicaid; sliding<br>fee                                 | Adults                         | Office-based Therapy; also Dual DX; <b>MD</b>            |
| <b>Kim Lillig, LCSW</b>                       | Kim Lillig           | <b>208-5100</b><br>301 Kilmayne Drive<br>Suite 204<br>Cary Fax 467-1268                               | <b>IPRS for children,</b><br>Medicaid,<br>Healthchoice   | Adults<br>Children             | Office-based Therapy; <b>No MD;</b>                      |

| <b>Agency</b>                             | <b>Contact</b>             | <b>Phone/Address</b>  | <b>Payment</b>  | <b>Adults/Children</b> | <b>Referral Info-Call before Referring</b>   |
|---|----------------------------|---|---|------------------------|--|
| <b>Enrique Lopez-Claros, MD</b>           | Receptionist               | <b>821-1433</b><br>871 Washington St<br>Raleigh   | Private Pay;<br>Insurances  | Adults                 | <b>Spanish-speaking psychiatrist;</b><br>Not accepting new patients  |
| <b>Lucy Daniels Center</b>                | Jessica Soule              | <b>459-1635 Ext 155</b><br>9003 Weston Pkwy,<br>Cary Fax 677-1489                                   | Free<br>(Can bill<br>Medicaid if<br>available)  | Children 0 – 5         | In-home therapy  |
| <b>John Paul Olarte, MD</b>               | Receptionist               | <b>782-9554</b><br>5530 Munford Rd Suite<br>119<br>Fax 782-9130                                     | Private Pay;<br>Insurances  | Adults                 | <b>Spanish-speaking psychiatrist;</b><br>currently taking referrals  |
| <b>Heloisa Portela</b>                    | Heloisa<br>Portela         | <b>368-5207</b><br>8400 Six Forks Rd, Suite<br>203, Raleigh<br>Fax 882-9505                         | Medicaid<br>Healthchoice<br>Insurances  | Children<br>Adults     | Specializing in acculturation, eating<br>disorder, attachment concerns,<br>domestic violence, sexual assault,<br>grief, separation/divorce, women<br>issues, parenting difficulties, and<br>behavior problems. |
| <b>Prevent Child Abuse North Carolina</b> | Diana Urieta,<br>Director  | <b>256-6607, 829-8009</b><br>3725 National Drive, Suite<br>101                                      | N/A   | N/A                    | Training, technical assistance and<br>advocacy re: child abuse<br><a href="http://www.preventchildabusenc.org">www.preventchildabusenc.org</a>   |
| <b>Raleigh Psychological Associates</b>   | Jackie Veloz-<br>Jefferson | <b>274-4476</b><br>523 E Wait Ave<br>Wake Forest<br>10931 Raven Ridge Rd<br>Suite 109, Fax 570-0382 | <b>IPRS for<br/>children only;</b><br>Medicaid;<br>Medicare;<br>insurance; sliding<br>scale | Adults<br>Children     | Office-based Therapy;<br>psychological testing; <b>No MD;</b>  |
| <b>Rise Up</b>                            | Gemimah<br>Rodriguez       | <b>274-4318</b><br>1140 Holly Springs Rd<br>Holly Springs<br>Fax 319-1855                           | Free - \$90/hr  | Families,<br>Couples   | Office-based Family Counseling;<br>Couples Counseling; Substance<br>Abuse Counseling   |
| <b>Lita Russell, PhD</b>                  | Lita Russell               | <b>601-7985</b><br>4020 W Chase Blvd<br>Fax 249-6339  | BCBS; Sliding<br>scale; MedCost;<br>Out-of Network  | Adults<br>Children     | Office-based therapy;  |

| <b>Agency</b>                       | <b>Contact</b>               | <b>Phone/Address</b>  | <b>Payment</b>   | <b>Adults/Children</b>                       | <b>Referral Info-Call before Referring</b>  |
|-------------------------------------|------------------------------|---|--|--|---|
| <b>Anna D. Skinner, PLLC</b>        | Anna Skinner                 | <b>395-0663</b><br>10405-C Ligon Mill Rd,<br>Suite 101<br>Wake Forest, NC 27587               | Medicaid; BCBS;<br>Self-pay; Sliding<br>scale                      | Adults<br>Children                           | Office-based; Individual & Family<br>Therapy, MH and Substance Abuse;<br><b>No MD</b> ; Call before referring |
| <b>Southlight</b>                   | Erwin<br>Chasteen            | <b>832-4453 Ext 204</b> 2101<br>Old Garner Rd, Suite 107                                      | <b>IPRS</b> ; Medicaid;<br>Sliding Fee                             | Adults only                                  | Office-based Substance Abuse<br>Counseling and Dual Diagnosis;<br><b>MD</b> ;                                 |
| <b>Therapeutic Strategies</b>       | Carlos<br>Garcia-<br>Samuels | <b>439-4194</b><br>149 US Hwy 70 East<br>Garner<br>Fax 662-7883                               | <b>IPRS</b> ; Medicaid;<br>Healthchoice                            | Children<br>Adults                           | Office-based Therapy; Community<br>Support; <b>MD</b> ;   |
| <b>The Tooley Group</b>             | Joe Tooley                   | <b>467-2464 656-0950</b><br>106-D Ridgeview Drive,<br>Cary<br>Fax 467-2464                    | <b>IPRS for<br/>children only</b> ;<br>Medicaid; all<br>insurances | Adults, Children,<br>Adolescents,<br>Couples | Spanish-speaking psychologist and<br>Marriage & Family Therapist;<br>Office-based; psych testing              |
| <b>Triangle Pastoral Counseling</b> | Robert<br>Cooke              | <b>845-9977 Ext 202</b><br>312 W Millbrook Suite<br>109                                       | Sliding fee<br>(\$40- \$100)                                       | 13 and up<br>Individuals<br>Families         | Pastoral Counseling   |
| <b>Triangle Family Services</b>     | Jenny Harris                 | <b>821-0790 Ext 342</b><br>401 Hillsborough St.<br>Fax 861-8961                               | <b>IPRS</b> ; Medicaid;<br>Medicare;<br>insurance                  | Adults<br>Children                           | Office-based Therapy only ; <b>MD</b> ;<br><b>Call before referring</b>                                       |
| <b>Triumph</b>                      | Lois<br>Gonzalez             | <b>852-5352</b><br>5505 Creedmoor Rd.<br>Suite 100<br>2209 Century Drive #101<br>Fax 852-5323 | <b>IPRS</b> ; Medicaid;<br>Medicare;<br>Health Choice              | Adults<br>Children                           | Office-based and In-Home Therapy;<br><b>MD</b> ; Community Support;   |
| <b>Juan Velosa, MD</b>              | Receptionist                 | <b>782-9554</b><br>5530-119 Munford Rd<br>Fax 782-9130  | Private Pay;<br>Insurances   | Adults<br>Children                           | <b>Spanish-speaking psychiatrist</b> ;  |

| <b>Agency</b>               | <b>Contact</b>  | <b>Phone/Address</b>  | <b>Payment</b>  | <b>Adults/Children</b> | <b>Referral Info-Call before Referring</b>                            |
|-----------------------------|-----------------|---|---|------------------------|---|
| <b>Visions of Hope</b>      | Olga Matos      | <b>876-6211</b><br>5886 Faringdon Place<br>Fax 876-6212                 | <b>IPRS; Medicaid;</b><br>Healthchoice                          | Adults<br>Children     | In-Home Therapy; Community Support; <b>MD;</b>                        |
| <b>W.E.B. DuBois Center</b> | Robin or Sylvia | <b>556-5903</b><br>150A N White St<br>Wake Forest<br>Fax 556-0199       | <b>IPRS Children &amp; Adults,</b><br>Medicaid,<br>Healthchoice | Adults<br>Children     | Community Support only;   |
| <b>Maria Young</b>          | Maria Young     | <b>467-1267</b> Suite 204<br>301 Kilmayne Drive<br>Cary<br>Fax 467-1268 | <b>IPRS for children only;</b><br>Medicaid; BCBS                | Adults<br>Children     | Office-based Therapy only - <b>No MD; No patients with psychosis;</b> |

### **SPANISH-SPEAKING MH PROVIDERS JUST OUTSIDE WAKE COUNTY**

| <b>Agency</b>               | <b>Contact</b>                         | <b>Phone/Address</b>  | <b>Payment</b>           | <b>Adults/Children</b>         | <b>Referral Info-Call before Referring</b> |
|-----------------------------|--|---|--------------------------|--------------------------------|--|
| <b>Joe Hazel Counseling</b> | Natasha Camacho<br><br>Mariana Estrada | <b>272-5881</b><br>274 A W. Depot St<br>Angier, NC 27501<br><b>753-3645</b><br>103 ½ Market Street<br>Louisburg, NC | Sliding Fee              | Families<br>Adults<br>Children | In-home and office based; <b>no MD</b>     |
| <b>El Futuro</b>            | Ximena Martinez                        | <b>338-1939</b><br>110 W Main St Suite 2H<br>Carrboro, NC   | Medicaid;<br>Sliding Fee | Adults<br>Children             | Office-based services; <b>MD</b>           |

## SPANISH-SPEAKING PROVIDERS RELATED TO DOMESTIC VIOLENCE

| <b>Agency</b>  | <b>Contact</b>                              | <b>Phone/Address</b>  | <b>Payment</b>  | <b>Adults/Children</b>                          | <b>Referral Info-Call before Referring</b>  |
|--|---|---|---|---|---|
| <b>Costran</b>   | Minerva Keeton                              | <b>291-3140</b><br>225 Hillsborough St<br>Fax 688-4504<br>Or 836-1837                               | \$70 Assessment<br>\$15 Intake<br>\$15/ class   | Adults (Men and Women) who abuse their partners | 26 week course; clients can be voluntary or court-ordered; classes are once a week; currently 5 Spanish-speaking groups ( 4 men and 1 women); no wait list; agency also offers outpt therapy for SA |
| <b>DOSE Program @ Triangle Family Services</b>                     | Jackie Sills<br>Ext 335                     | <b>821-0790</b><br>401 Hillsborough St.<br>Fax 861-8961   | \$10 down<br>\$25 Intake<br>\$25 each for sessions 1 – 4<br>\$15 each for sessions 5 – 26 | Adults (Men and Women) who abuse their partners | 26 week course; clients can be voluntary or court-ordered; classes are once a week; there are currently 4 Spanish-speaking groups (3 men and 1 women); no wait list; will also do SA assessment;    |
| <b>Hope For Children @ Triangle Family Services</b>                | Jenny Harris                                | <b>821-0790 Ext 342</b><br>401 Hillsborough St.<br>Fax 861-8961                                     | <b>IPRS, Medicaid</b>   | Children  | Therapy for children exposed to domestic violence<br><a href="http://www.hopeforchildrenwake.org">http://www.hopeforchildrenwake.org</a>  |
| <b>Interact</b>  | Dolores Soto                                | <b>828-8320 Ext 225</b><br>Address is confidential<br><b>828-7740 (Crisis Line)</b><br>Fax 828-6386 | Free  | Adult Victims                                   | DV Shelter; DV Counseling; (Agency specializes in services to abused women)   |
| <b>Raleigh Police Department Family Violence Intervention Unit</b> | Yvonne Breve                                | <b>664-5221</b><br>221 Front Street<br>Fax 664-5268   | Free  | Adult Victims                                   | Crisis Counseling for victims of domestic violence; will assist victim in taking out a restraining order  |
| <b>Safechild (Crianza Con Carino)</b>                              | Stephanie Castillo<br><br>Gemimah Rodriguez | <b>743-6140</b><br>864 W Morgan Street<br>Fax 743-6143  | Free except for domestic violence court clients   | Adults  | Office-based Parenting Classes; some case management (Agency specializes in providing services to abused and neglected children)  |

To complain about services provided by any of the above agencies call Fabiola Sherman @ 919-212-7167

Updated 3/19/2008 Chris Weedy, LCSW, WCHS, 3010 Falstaff Rd, Raleigh, NC 27610; 919-622-0731